

Sunday Prayer at Home

The Third Sunday of Advent

December 13, 2020

*For use by St. Mary's Parishioners
Immaculate Conception Church, Alton, IL*

Explanation

We have resumed public Mass at St. Mary's, abiding by social distancing requirements. The dispensation from Sunday Mass remains in effect. This booklet of readings and prayers is designed to help your family keep the Lord's day holy, even if you do not go to church.

It is most fitting for the father of the house to lead these prayers, encouraging the participation of as many members of the family as possible in the various readings and intercessions.

In place of the Eucharist, pray an Act of Spiritual Communion (included). Desire to receive the living presence of God into your souls. This may be done many times each day without limit. Holy Communion is distributed on Sunday on 4th Street from 11:45am-12:30pm, one car at a time. Those at higher risk should continue to shelter at home.

The Vatican has decreed special conditions for receiving plenary indulgences during this time (<https://bit.ly/2xj6pAw>). The prayer service outlined in this booklet satisfies the conditions, together with a firm desire to receive the Eucharist and sacramental absolution in confession as soon as possible. A plenary indulgence is the full pardon of temporal punishment due to our sins in this life (a "get out of purgatory free" card). The decree mentions many other actions that are granted an indulgence during the time of pandemic.

The place and attire: it would be nice for everyone to dress as for Sunday Mass, to arrange the room with candles or statues of saints or a bible in a prominent place. It may also help to sit and stand together like we do at Mass.

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Introduction

Leader: In the name of the Father and of the Son and of the Holy Spirit. Amen.

Leader: Let us call to mind our sins and ask the Lord for his merciful forgiveness.

All: I confess to Almighty God, and to you, my brothers and sisters, that I have greatly sinned. In my thoughts, and in my words, in what I have done, and in what I have failed to do, through my fault, through my fault, through my most grievous fault. Therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Leader: May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

All: Amen.

Leader: Let us pray. (*pause in silence*)

O God, who see how your people
faithfully await the feast of the Lord's Nativity,
enable us, we pray,
to attain the joys of so great a salvation
and to celebrate them always
with solemn worship and glad rejoicing.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

Liturgy of the Word

First Reading ([Isaiah 61:1–2a, 10–11](#))

The spirit of the Lord GOD is upon me,
because the LORD has anointed me;
he has sent me to bring glad tidings to the poor,
to heal the brokenhearted,
to proclaim liberty to the captives
and release to the prisoners,
to announce a year of favor from the LORD
and a day of vindication by our God.

I rejoice heartily in the LORD,
in my God is the joy of my soul;
for he has clothed me with a robe of salvation
and wrapped me in a mantle of justice,
like a bridegroom adorned with a diadem,
like a bride bedecked with her jewels.
As the earth brings forth its plants,
and a garden makes its growth spring up,
so will the Lord GOD make justice and praise
spring up before all the nations.

Responsorial Psalm

(Luke 1:46–48, 49–50, 53–54)

R. (Is 61:10b) My soul rejoices in my God.

My soul proclaims the greatness of the Lord;
my spirit rejoices in God my Savior,
for he has looked upon his lowly servant.
From this day all generations will call me blessed:

R. My soul rejoices in my God.

the Almighty has done great things for me,
and holy is his Name.

He has mercy on those who fear him
in every generation.

R. My soul rejoices in my God.

He has filled the hungry with good things,
and the rich he has sent away empty.

He has come to the help of his servant Israel
for he has remembered his promise of mercy,

R. My soul rejoices in my God.

Second Reading ([1 Thessalonians 5:16–24](#))

Rejoice always. Pray without ceasing.

In all circumstances give thanks,
for this is the will of God for you in Christ Jesus.

Do not quench the Spirit.

Do not despise prophetic utterances.

Test everything; retain what is good.

Refrain from every kind of evil.

May the God of peace make you perfectly holy
and may you entirely, spirit, soul, and body,
be preserved blameless for the coming of our Lord Jesus Christ.

The one who calls you is faithful,
and he will also accomplish it.

Alleluia

R. Alleluia, Alleluia.

The Spirit of the Lord is upon me,
because he has anointed me
to bring glad tidings to the poor.

R. Alleluia, Alleluia.

Gospel ([John 1:6–8, 19–28](#))

A man named John was sent from God.
He came for testimony, to testify to the light,
so that all might believe through him.
He was not the light,
but came to testify to the light.

And this is the testimony of John.

When the Jews from Jerusalem sent priests
and Levites to him
to ask him, “Who are you?”

He admitted and did not deny it,
but admitted, “I am not the Christ.”

So they asked him,
“What are you then? Are you Elijah?”

And he said, “I am not.”

“Are you the Prophet?”

He answered, “No.”

So they said to him,

“Who are you, so we can give an answer to those who sent us?
What do you have to say for yourself?”

He said:

“I am *the voice of one crying out in the desert,*
‘make straight the way of the Lord,’”

as Isaiah the prophet said.”

Some Pharisees were also sent.

They asked him,
“Why then do you baptize
if you are not the Christ or Elijah or the Prophet?”
John answered them,
“I baptize with water;
but there is one among you whom you do not recognize,
the one who is coming after me,
whose sandal strap I am not worthy to untie.”
This happened in Bethany across the Jordan,
where John was baptizing.

Reflection

Pause for silent reflection. Members of the family may share what inspired them, or what they are praying for on this day. This is not a time for open discussion, but for speaking from the heart while the others listen. Someone may read aloud from a printed reflection or homily written by someone else on the readings and circumstances of the day.

Creed

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
(*bow*) and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

Intercessions

Leader: With joy in our hearts, we turn to our heavenly Father with our prayers and petitions.

Reader:

1. That the Church may be blessed with an ever more effective voice in the world to herald the joy of the Gospel to all people, we pray to the Lord...
2. That all Church leaders through their ministry of service may help prepare the way for the coming of the Lord, we pray to the Lord...
3. That world and local leaders may seek the values of heaven rather than the values of the world, we pray to the Lord...
4. That the Lord who comes to bring liberty and justice may inspire us to secure protection for our unborn brothers and sisters, we pray to the Lord...
5. That men and women called by the Lord to be messengers of His Word as priests, deacons and in the consecrated life will zealously proclaim the good news of salvation, we pray to the Lord ...
6. For all who have died, especially Paul Wheaton, Anna McCarthy, Lenora Orescovich, Joseph Geisen, Margaret Droste, David Westbrook and Jerry Gregory and Cazille "Cecilia" Narscius, may they rest in the peace of the Messiah, we pray to the Lord...
7. For all the intentions we hold in our hearts (*pause for a few seconds*), we pray to the Lord...

Leader: Loving Father, hear us as we pray
and prepare our hearts for the celebration
of your Son's birth,
We ask this through Christ our Lord.
Amen.

Spiritual Communion

The Lord's Prayer

Leader: At the Savior's command and formed by divine teaching, we dare to say:

All: Our Father ...

Act of Spiritual Communion

My Jesus,

I believe that You are present in the Most Holy Sacrament.

I love You above all things,

and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You.

Amen.

Silent Thanksgiving

Here, a moment of silence may be observed to thank Jesus for coming into our hearts, and to ask Him personally for all that we need.

Conclusion

Leader: May the Lord bless us, † protect us from evil,
and bring us to everlasting life. Amen.

Dismissal

Leader: Let us go in peace.

All: Thanks be to God.

Prayer to St. Michael

Saint Michael the Archangel,
defend us in battle.

Be our protection

against the wickedness and snares of the devil.

May God rebuke him, we humbly pray;

and do Thou, O Prince of the Heavenly Host,

by the Power of God,

cast into hell Satan and all the evil spirits

who prowl about the world seeking the ruin of souls. Amen.

St. Mary's Streaming Schedule

On <https://www.facebook.com/stmarysalton> (no account/login)

- Monday-Friday, 5:30pm Rosary
- The regular Mass schedule has resumed in the church, with social distancing, facemasks recommended
Monday-Saturday 6:30am and 8am (also streaming)
Fridays 8:15am during school year, still streaming
Full Sunday Mass schedule:
 - Saturday 5:15pm,
 - Sunday 6:30am,
8am (also streaming; facemasks required),
9:30am, 11am, 6pm

Please visit our homepage at <https://www.stmarysalton.com> for the most current directives and schedules.

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