

Sunday Prayer at Home

Feast of the Holy Family

December 27, 2020

*For use by St. Mary's Parishioners
Immaculate Conception Church, Alton, IL*

Explanation

We have resumed public Mass at St. Mary's, abiding by social distancing requirements. The dispensation from Sunday Mass remains in effect. This booklet of readings and prayers is designed to help your family keep the Lord's day holy, even if you do not go to church.

It is most fitting for the father of the house to lead these prayers, encouraging the participation of as many members of the family as possible in the various readings and intercessions.

In place of the Eucharist, pray an Act of Spiritual Communion (included). Desire to receive the living presence of God into your souls. This may be done many times each day without limit. Holy Communion is distributed on Sunday on 4th Street from 11:45am-12:30pm, one car at a time. Those at higher risk should continue to shelter at home.

The Vatican has decreed special conditions for receiving plenary indulgences during this time (<https://bit.ly/2xj6pAw>). The prayer service outlined in this booklet satisfies the conditions, together with a firm desire to receive the Eucharist and sacramental absolution in confession as soon as possible. A plenary indulgence is the full pardon of temporal punishment due to our sins in this life (a "get out of purgatory free" card). The decree mentions many other actions that are granted an indulgence during the time of pandemic.

The place and attire: it would be nice for everyone to dress as for Sunday Mass, to arrange the room with candles or statues of saints or a bible in a prominent place. It may also help to sit and stand together like we do at Mass.

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Introduction

Leader: In the name of the Father and of the Son and of the Holy Spirit. Amen.

Leader: Let us call to mind our sins and ask the Lord for his merciful forgiveness.

All: I confess to Almighty God, and to you, my brothers and sisters, that I have greatly sinned. In my thoughts, and in my words, in what I have done, and in what I have failed to do, through my fault, through my fault, through my most grievous fault. Therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Leader: May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

All: Amen.

Leader: Let us pray. (*pause in silence*)

Pour forth, we beseech you, O Lord,
your grace into our hearts,
that we, to whom the Incarnation of Christ your Son
was made known by the message of an Angel,
may by his Passion and Cross
be brought to the glory of his Resurrection.
Who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

Liturgy of the Word

First Reading

(Sirach 3:2–6, 12–14)

God sets a father in honor over his children;
a mother's authority he confirms over her sons.

Whoever honors his father atones for sins,
and preserves himself from them.

When he prays, he is heard;

he stores up riches who reveres his mother.

Whoever honors his father is gladdened by children,
and, when he prays, is heard.

Whoever reveres his father will live a long life;

he who obeys his father brings comfort to his mother.

My son, take care of your father when he is old;
grieve him not as long as he lives.

Even if his mind fail, be considerate of him;

revile him not all the days of his life;

kindness to a father will not be forgotten,

firmly planted against the debt of your sins

—a house raised in justice to you.

Responsorial Psalm

(128:1–2, 3, 4–5)

R. (cf. 1) Blessed are those who fear the Lord and walk in his ways.

Blessed is everyone who fears the LORD,
who walks in his ways!

For you shall eat the fruit of your handiwork;
blessed shall you be, and favored.

R. Blessed are those who fear the Lord and walk in his ways.

Your wife shall be like a fruitful vine
in the recesses of your home;
your children like olive plants
around your table.

R. Blessed are those who fear the Lord and walk in his ways.

Behold, thus is the man blessed
who fears the LORD.

The LORD bless you from Zion:
may you see the prosperity of Jerusalem
all the days of your life.

R. Blessed are those who fear the Lord and walk in his ways.

Second Reading ([Colossians 3:12–21](#))

Brothers and sisters:

Put on, as God's chosen ones, holy and beloved,
heartfelt compassion, kindness, humility, gentleness, and
patience,

bearing with one another and forgiving one another,
if one has a grievance against another;

as the Lord has forgiven you, so must you also do.

And over all these put on love,

that is, the bond of perfection.

And let the peace of Christ control your hearts,

the peace into which you were also called in one body.

And be thankful.

Let the word of Christ dwell in you richly,

as in all wisdom you teach and admonish one another,

singing psalms, hymns, and spiritual songs

with gratitude in your hearts to God.

And whatever you do, in word or in deed,

do everything in the name of the Lord Jesus,

giving thanks to God the Father through him.

Wives, be subordinate to your husbands,

as is proper in the Lord.

Husbands, love your wives,

and avoid any bitterness toward them.

Children, obey your parents in everything,

for this is pleasing to the Lord.

Fathers, do not provoke your children,

so they may not become discouraged.

Alleluia

R. Alleluia, Alleluia.

Let the peace of Christ control your hearts;
let the word of Christ dwell in you richly.

R. Alleluia, Alleluia.

Gospel ([Luke 2:22–40](#))

When the days were completed for their purification
according to the law of Moses,
They took him up to Jerusalem
to present him to the Lord,
just as it is written in the law of the Lord,
Every male that opens the womb shall be consecrated to the Lord,
and to offer the sacrifice of
a pair of turtledoves or two young pigeons,
in accordance with the dictate in the law of the Lord.

Now there was a man in Jerusalem whose name was Simeon.
This man was righteous and devout,
awaiting the consolation of Israel,
and the Holy Spirit was upon him.
It had been revealed to him by the Holy Spirit
that he should not see death
before he had seen the Christ of the Lord.
He came in the Spirit into the temple;
and when the parents brought in the child Jesus
to perform the custom of the law in regard to him,
He took him into his arms and blessed God, saying:
“Now, Master, you may let your servant go
in peace, according to your word,

for my eyes have seen your salvation,
which you prepared in sight of all the peoples,
a light for revelation to the Gentiles,
and glory for your people Israel.”

The child’s father and mother were amazed at what was said
about him;

and Simeon blessed them and said to Mary his mother,

“Behold, this child is destined

for the fall and rise of many in Israel,

and to be a sign that will be contradicted

—and you yourself a sword will pierce—

so that the thoughts of many hearts may be revealed.”

There was also a prophetess, Anna,

the daughter of Phanuel, of the tribe of Asher.

She was advanced in years,

having lived seven years with her husband after her marriage,

and then as a widow until she was eighty-four.

She never left the temple,

but worshiped night and day with fasting and prayer.

And coming forward at that very time,

she gave thanks to God and spoke about the child

to all who were awaiting the redemption of Jerusalem.

When they had fulfilled all the prescriptions

of the law of the Lord,

they returned to Galilee,

to their own town of Nazareth.

The child grew and became strong, filled with wisdom;

and the favor of God was upon him.

Reflection

Pause for silent reflection. Members of the family may share what inspired them, or what they are praying for on this day. This is not a time for open discussion, but for speaking from the heart while the others listen. Someone may read aloud from a printed reflection or homily written by someone else on the readings and circumstances of the day.

Creed

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
(*bow*) and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven

and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

Intercessions

Leader: God humbled himself to be born of a human family, and sanctified family life forever. For the needs of our families and our world, we now pray.

Reader:

1. That the many ministries of the Church may strengthen family life throughout the world, we pray to the Lord...
2. That governments may protect the institution of marriage, made by God as the union between one man and one woman, we pray to the Lord...
3. That the family may become ever more the sanctuary of life, where all are welcomed as a gift rather than a burden, we pray to the Lord...
4. That Catholic families will pray for and nurture the gift of vocations to the priesthood and consecrated life from among their children, we pray to the Lord...
5. That our family members who are ill may enjoy the consolation of the Lord and the presence of their loved ones, we pray to the Lord ...
6. That our Parish members who have died, especially Francis Foley and Sarah Rose Zangori, we pray to the Lord...
7. For all the intentions we hold in our hearts (*pause for a few seconds*), we pray to the Lord...

Leader: Father, we thank you for the gift of life and family.

Answer all our prayers,

and bring all people into your family of grace.

We ask this through Christ our Lord.

Amen.

Spiritual Communion

The Lord's Prayer

Leader: At the Savior's command and formed by divine teaching, we dare to say:

All: Our Father ...

Act of Spiritual Communion

My Jesus,
I believe that You are present in the Most Holy Sacrament.
I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.

I embrace You as if You were already there
and unite myself wholly to You.
Never permit me to be separated from You.

Amen.

Silent Thanksgiving

Here, a moment of silence may be observed to thank Jesus for coming into our hearts, and to ask Him personally for all that we need.

Conclusion

Leader: May the Lord bless us, † protect us from evil,
and bring us to everlasting life. Amen.

Dismissal

Leader: Let us go in peace.

All: Thanks be to God.

Prayer to St. Michael

Saint Michael the Archangel,
defend us in battle.

Be our protection

against the wickedness and snares of the devil.

May God rebuke him, we humbly pray;

and do Thou, O Prince of the Heavenly Host,

by the Power of God,

cast into hell Satan and all the evil spirits

who prowl about the world seeking the ruin of souls. Amen.

St. Mary's Streaming Schedule

On <https://www.facebook.com/stmarysalton> (no account/login)

- Monday-Friday, 5:30pm Rosary
- The regular Mass schedule has resumed in the church, with social distancing, facemasks recommended
Monday-Saturday 6:30am and 8am (also streaming)
Fridays 8:15am during school year, still streaming
Full Sunday Mass schedule:
 - Saturday 5:15pm,
 - Sunday 6:30am,
8am (also streaming; facemasks required),
9:30am, 11am, 6pm

Please visit our homepage at <https://www.stmarysalton.com> for the most current directives and schedules.

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