

Radical Ride VBS - Daily Outline

MONDAY

- **Theme:** *(Darcy)* Radical Ride on the Wings of Prayer – we are going to take pretend trips in an airplane to 4 different countries and meet saints from those countries and learn about prayer along the way!
Today our theme is: Get Onboard! What is prayer?
- **Opening Prayer:** *(Darcy)* “Lord may your Word stay in my thoughts, on my lips, and in my heart”
 - Our Father in English
- **Song:** Radical Ride *(Sarah W)*
- **Bible Verse of the Day:** *(Grace G)*
 - Today’s Bible verse comes from the books of James, chapter 4, verse 8.
Repeat after me: Draw near to God *(place your hands on your heart, then raise them to the sky) Pause for repeat*
and he will draw near to you *(bring your hands from the sky, back to your heart)*
Pause for repeat
Let’s do that all together now. *(with motions)* Draw near to God, and he will draw near to you.
- **Saint of the Day:** St. Raphael the Archangel *(Bella C)*
St. Raphael is one of the seven angels that stands before the throne of God in heaven, and one of the three Archangels who is mentioned by name in the Bible. The other two are St. Gabriel and St. Michael. St. Raphael is mentioned in the Book of Tobit, where he was sent on a mission from God to help a young man named Tobias. He was sent to guide Tobias on a journey, and that is why Raphael is known as the patron saint of travelers. Raphael is also the patron saint of healing because he helped heal Tobias’ father who was blind. We can ask this great Archangel to pray for us whenever we are sick, or when we are traveling somewhere on a journey. St. Raphael, Pray for us.
- **Lesson**
 - **P:** Praise *(Emma T)*
The letters P - R - A - Y - and an exclamation point can help you pray!
(Hold up “P” sign as you speak.)
P stands for praise. In our prayer time we can start by praising God. When we praise God, we are telling him that we love him and that we are so grateful for everything he does for us.
Each day this week you will learn about a new letter in the word PRAY!
 - **What is prayer?** Conversation with God *(Darcy)*
 - **Listening Demonstration** *(Volunteer – Noll Fam)*

1. We are going to tell each other about our favorite summer activity, but we are going to talk at the same time!

(Talk at the same time)

2. We couldn't hear what the other person was saying! Could you hear us?

1. Now we are going to take turns and listen to each other.

(1. Tells favorite activity. 2. Asks why? 1. Explains briefly. Then switch)

2. This time we listened to each other and heard what they were saying.

1. When we pray we can't do all of the talking! To have a real conversation we need to talk and listen.

- **Celebrity Demonstration** *(Mia A)*

Darcy: If you could meet a famous person and talk to them for five minutes, who would it be?

Volunteer: answer

Darcy: Why would you be excited to talk to _____.

Volunteer: answer

Darcy: What questions would you ask them?

Volunteer: answer

- **Calendar Demonstration** *(Samantha B)* *(Hold up completed printable calendar as you speak)* Your parent will get an email today with activities for you to do at home. You can print out this prayer calendar and write the names of people you want to pray for inside the hearts on each day. For example on day 1 I wrote _____, on day 2 I wrote _____, and on day 3 I wrote _____. This calendar will help us pray every day!

- **Housekeeping** *(Darcy)*

- **Emails**

- Coloring contest
 - **Snack:** Banana Airplanes
 - **Game:** Memory Match

- **God Sightings**

- **Closing Prayer:** *(Mallory G)* *(make Sign of the Cross)* In the name of the Father, and of the Son, and of the Holy Spirit. Come Holy Spirit, teach me to pray. Help me to let go of my worries and my distractions and to trust in you. Jesus, I want to receive your love more fully into my heart. Thank you for loving me. AMEN.

TUESDAY

- **Theme:** *(Darcy)* **Prepare for Takeoff!** Learning how to pray! Prepare for takeoff for a radical ride to **Poland!**
- **Opening Prayer:** *(Darcy)* “Lord may your Word stay in my thoughts, on my lips, and in my heart”
 - o Our Father in Polish
- **God Sightings**
 - o *(Grace G, Mary Kate)*
 - o **Darcy calls on families**
- **Song:** Prepare for Take Off *(Sarah W)*
- **Bible Verse of the Day:** *(Tess K)*

Today’s Bible verse comes from Psalm 37, verse 7

Repeat after me: Be still before the Lord *(arms stiff at your sides, then point up for “Lord”)* *Pause for repeat*

and wait patiently for him. *(tap your wrist like you’re wearing a watch)* *Pause for repeat*

Let’s do that all together now. *(with motions)* Be still before the Lord and wait patiently for him.
- **Saint of the Day:** St. Faustina *(Mallory G)*

Helena Kowalska was the third of ten children born into a poor family in Poland. She worked very hard and made time to pray everyday. Helena went to school for only three years before she had to work to help support her family. At age 20 she was accepted into the Congregation of Sisters of Our Lady of Mercy. She became Sister Maria Faustina on April 30th, 1926. Sister Faustina was graced with special visits from Our Lord with the mission to spread the devotion of Divine Mercy to the world. One day, when Jesus appeared to her, He asked to have an image painted of His Divine Mercy with the words “Jesus, I trust in You.” This image is now recognized throughout the world. The Feast of The Divine Mercy is celebrated the Sunday after Easter, the day Jesus had requested. St. Faustina, pray for us.
- **Lesson**
 - o **R:** Rest *(Charlie T)*

Yesterday we learned that the letter P stand for praise.*(Hold up “R” sign as you speak.)* The letter R stands for rest. We need to spend quiet time resting in God to hear him speaking to our hearts. He wants us to know that we are loved, but we won’t be able to hear him if we don’t take time to be silent.
 - o **How do we pray?** *(Darcy)* Who, what, where, when, why?
 - **Prayer Spot Demonstration**

- *(Tess K) (Hold up picture of Jesus as you speak.)* Images of Jesus help us focus during prayer. We can repeat a simple prayer such as “Jesus, I need you.”
- *(Samantha B) (Hold up Bible as you speak.)* Reading scripture is very important because it tells us about the life of Jesus and how we are called to live a Christian life.
- *(Emma T) (Hold up a rosary as you speak.)* The rosary is a powerful prayer that brings us closer to Jesus and Mary. We pray one Our Father and ten Hail Mary’s in each decade.
- *(Sam N) (Hold up a crucifix as you speak.)* A crucifix reminds us of the sacrifice that Jesus made and the great love that he has for us.
- *(Bella) (Hold up a candle as you speak.)* Candles remind us that Jesus is the Light of the World and that we are called to shine his light to others.
- *(Grace) (Hold up a picture or statue of a saint as you speak.)* Having pictures or statues of our favorite saints reminds us to ask them to pray for us.
- *(Sarah) (Hold up a journal as you speak.)* Writing letters to God in a journal is a great way to talk to him. Tell him about your day, your joys and struggles, and who you want to pray for.
- **Darcy invites families to show their favorite items to pray with**
- **Our Father Demonstration (Darcy screen shares slide show of images)**
 - *(Audrey)* Our Father. We are praying to God. He likes it when we call him Father. He is our loving heavenly Father and we are his children.
 - *(Mary Kate)* Who art in heaven. God is in heaven with all of the angels and saints.
 - *(Martina)* Hallowed be thy name. This means that God’s name is very holy and very special. He is the King of the whole universe, so we say his name with great respect.
 - *(Mia)* Thy kingdom come. We are asking Jesus to bring his Kingdom of light and love to earth.
 - *(Sam)* Thy will be done. God has amazing plans for us. We need to follow God’s way and do what is right.
 - *(Bella)* On earth as it is in heaven. We are asking God to help all people to live on earth as they would in heaven, always honoring him.

- *(Samantha)* Give us this day our daily bread. God gives us what we need for each day, and most importantly, he gives us himself in the Eucharist.
- *(Grace)* Forgive us our trespasses. Trespass means something we have done wrong. This is when we ask God to forgive our sins, the things we've done that hurt God and others.
- *(Mallory)* As we forgive those who trespass against us. We ask for God's grace to help us forgive those who have hurt us.
- *(Sarah)* And lead us not into temptation. We are asking God to help us do the right things and to give us strength to say no to the wrong things.
- *(Emma)* But deliver us from evil. We are asking God to rescue and protect us from evil.
- *(Charlie)* Amen. We believe that everything we prayed in the Lord's prayer is true.
- **Divine Mercy Chaplet** *(Tess)* *(Darcy screen shares Divine Mercy)*
 Jesus appeared to St. Faustina, our saint of the day, and told her to have this image painted of his divine mercy with the words "Jesus I trust in you." Jesus' right hand is raised to bless us and his left hand is pointing to his heart. He is showing us the red and white rays coming from his heart that represent the blood and water that poured out from Jesus on the cross. The rays are pouring a fountain of love and mercy on us. That is a great, short prayer to pray throughout the day. You can print out instructions on how to pray the Divine Mercy Chaplet from your email today!
- **Housekeeping** *(Darcy)*
 - **Emails**
 - **Snack:** Mini Snack Chapels
 - **Craft:** Place Mats
 - **God Sightings**
- **Closing Prayer** *(Bella)* *(make Sign of the Cross)* In the name of the Father, and of the Son, and of the Holy Spirit. Jesus, bring peace and joy into my heart. Help me to trust in You. I want to love you more, Jesus. I want to become a saint and live with you in Heaven someday. Amen.
- **Song:** Radical Ride *(Sarah W)*

WEDNESDAY

- **Theme:** *(Darcy)* **The Flight:** Praying through the Ups and Downs. Our flight is headed for **France!**
- **Opening Prayer:** *(Darcy)* “Lord may your Word stay in my thoughts, on my lips, and in my heart”
 - o Our Father in French
- **God Sightings**
 - o *(Mallory, ?)*
 - o **Darcy calls on families**
- **Song:** To The Sky *(Sarah W)*
- **Bible Verse of the Day:** *(Emma)*

Today’s Bible verse comes from the Gospel of Matthew, chapter 7, verse 7

Repeat after me: Ask and it will be given you *(cup hands around mouth)* **Pause for repeat**
seek and you will find *(shield your eyes with your hand like you are looking around)*
Pause for repeat
knock and the door will be opened to you *(knocking motion)* **Pause for repeat**
Let’s do that all together now. *(with motions)* Ask and it will be given you, seek and you will find, knock and the door will be open to you.
- **Saint of the Day:** St. Bernadette *(Martina)*

Bernadette was born in Lourdes, France. As a child, Bernadette was always very sick. At the age of 14, Mary, our Blessed Mother, appeared to Bernadette many times asking her to pray for sinners, to do penance and to have a chapel built there. At the beginning of every visit Bernadette would kneel in awe, make the sign of the Cross and pray the Rosary. Many people didn’t believe Bernadette when she spoke of her visions of Mary, but she always remained faithful and prayerful. A healing spring of water appeared at the visitation site as a result of Mary’s apparitions. At the age of 22, Bernadette entered a convent with the Sisters of Nevers in Lourdes where she cheerfully helped others and treated them with respect. Her last words were, “My God, I love you with all my heart, soul and strength.” There are many miracles still performed in Lourdes, France today, which attracts over 5 million people each year. St. Bernadette, Pray for us.
- **Lesson**
 - o **A:** Ask *(Audrey)*

We already learned that P stands for praise and R stands for rest. *(Hold up “A” sign as you speak.)* The letter A stands for ask. God wants us to ask him for what we need and for what we see that others need. We especially can ask God for forgiveness when we sin. God always forgives us.
 - o **Staying Close to Jesus** *(Darcy)* Jesus as our pilot
 - o **Jesus at the Center Demonstration** *(Darcy will screen share images)*

- **Outside of My Life** (*Charlie*)

This picture shows someone who does not have a friendship with Jesus. This person spends all of their time in sports, TV, friends, school, music, and games. They don't seem to have any time for Jesus. This person has placed Jesus outside of their life. This person is too busy and distracted with other things to be spending time with Jesus.

- **Part of My Life** (*Bella*)

This picture shows someone who has Jesus as a part of their life, but is not in a really close friendship with him. This person prays once in a while and might go to Mass on Sundays, but doesn't include God in the rest of their week. This person is still busy, but makes a little bit of time for Jesus when it works out.

- **Center of My Life** (*Grace*)

This person has placed Jesus in the center of their life and puts Jesus in the middle of everything. Can you see how close they are? They are best friends and they stick together through everything; in the good times and the hard times. Do you see how this person has moved over a bit and let God take over? This person sees the need to be with Jesus every day.

- **Sin Separates us Demonstration** (*Goslins*) (*Stand facing each other*)

Sin separates us from God. Pretend I am Jesus. *Other Volunteer Name* and I are close enough to talk to each other and even give a high five. (*high five!*)

Each time *name* sins, they are going to take a step back. Let's say they lied to our mom. (*step back*). They said a bad word (*step back*). They were mean to a friend (*step back*). They stole money from me (*step back*).

Look how far apart we are! Now we can't talk easily, and that makes Jesus and *name* sad. Sin hurts God, ourselves, and others. Jesus waits for us, and is always ready to receive us back into his loving arms. We just have to ask for his forgiveness!

- **Housekeeping** (*Darcy*)

- **Email**

- **Snack:** Marshmallows Eiffel Tower

- **Craft:** Prayer Journal

- **God Sightings**

- **Closing Prayer** (*Mary Kate*) (*make Sign of the Cross*) In the name of the Father, and of the Son, and of the Holy Spirit. Jesus, we thank you for loving us through all our ups and downs. Please bless us and protect us. Guide us and lead us to live a holy life. May we continue to be open to learning more about prayer with the angels and saints in our Radical Ride VBS. Amen.

- **Song:** Radical Ride (*Sarah W*)

THURSDAY

- **Theme:** *(Darcy)* **The Landing!** Putting Prayer Into Action. We are landing in **Italy!**
- **Opening Prayer:** *(Darcy)* “Lord may your Word stay in my thoughts, on my lips, and in my heart”
 - o Our Father in Italian
- **God Sightings**
 - o *(Nolls)*
 - o **Darcy calls on families**
- **Song:** Every Little Thing *(Sarah W)*
- **Bible Verse of the Day:** *(Grace)*
- Today’s Bible verse comes from the first letter of St. Paul to the Corinthians, chapter 10, verse 31
Repeat after me: Whatever you do *(shrug motion with hands)* **Pause for repeat**
do everything for the glory of God *(circle motion with one arm, end pointing up)* **Pause for repeat**
Let’s do that all together now. *(with motions)* Whatever you do, do everything for the glory of God
- **Saint of the Day:** St. John Bosco *(Charlie)*
Giovanni (John) was born to poor parents in a little town in Italy. His father died when he was two years old, leaving his mother to care for him and his two brothers. In 1841, he became a priest. John had a special place in his heart for young boys, especially those who had no family or home. To capture their attention, he learned how to juggle and do tricks. His activities led to an invitation to Mass. He showed a kindness and a zeal for his faith that the boys had never known. John felt called to start an oratory (school) for boys to teach them how to live the path of virtue by faith with games. He also started a printing shop, so they could learn a valuable trade. The oratory increased in large numbers very quickly. John founded the Salesians: a group of priests and religious dedicated to working with youth. Salesians are now in over 130 countries. St. John Bosco, Pray for us.
- **Lesson**
 - o **Y: Yes** *(Emma)*
We have learned that P stands for praise, R stands for rest, and A stands for ask. *(Hold up “Y” sign as you speak.)* Y stands for yes! Saying yes to God is putting prayer into action. We say, “Yes, Lord, I will follow you. Yes, I will do what is right.” We also say yes through our actions when we choose to do what God wants us to do.
 - o **Putting Faith into Action** *(Darcy)* Our faith is meant to be lived
 - o **Gymnast Demonstration** *(Grace?)*

I am a gymnast. At first I would just walk across the balance beam, but after years of practice I can do turns, jumps, and splits. I go to competitions and perform routines that get judged and scored. Some of the routines are very exciting. This is one of my favorite moves (*Demonstrate move*) But if I never practiced or put my skills into action, my routines at competitions wouldn't be very exciting. What if I just stood there? God is calling us to put our faith into practice. He wants us to do the best we can with the life he has given us. He wants us to learn about our faith and to live it out, just like the saints did.

- **WWJD**
 - (*Mia*) What would Jesus do is a question you can ask yourself to put your faith into action. Jesus would put others first, stand up for what is right, forgive someone who hurt him, be a friend to someone who is lonely, speak the truth at all times, and give generously of his time, talent, and treasure.
 - (*Darcy*) What would Jesus want you to do in these situations?
(describe what you would do in your own words)
 - (*Samantha*) Someone is walking in front of you and drops some money.
 - (*Mallory*) You have a friend over and your brother or sister has no one to play with
 - (*Bella*) Your friend wants to watch a movie that you know your mom wouldn't let you watch
 - (*Martina*) You break your brother's skateboard
 - (*Sam*) Your dad comes home from work and says he had a really bad day
 - (*Grace*) Your grandma's birthday is coming up
 - (*Audrey*) You are watching TV and your mom just came home with a lot of groceries
 - (*Mary Kate*) Your younger sister drops juice all over the floor.
- **Housekeeping** (*Darcy*)
 - **Email**
 - **Craft:** Postcard
 - **Game:** Dancing with the Saints
 - **God Sightings**
- **Closing Prayer** (*Sarah*) (*make Sign of the Cross*) In the name of the Father, and of the Son, and of the Holy Spirit. Jesus, please give us more zeal to live out our faith and to put our prayers into action. May we continue to experience You in our hearts as we learn about prayer and how it can change our lives and the lives of others. Amen.
- **Song:** Radical Ride (*Sarah W*)

FRIDAY

- **Theme:** *(Darcy)* **Refueling!** How to refuel our faith. We will be refueling our Engines in Mexico!
- **Opening Prayer:** *(Darcy)* "Lord may your Word stay in my thoughts, on my lips, and in my heart"
 - o Our Father in Spanish
- **God Sightings**
 - o *(Bella, Sarah)*
 - o **Darcy calls on families**
- **Song:** Almighty God *(Sarah W)*
- **Bible Verse of the Day:** *(Mallory)*

Today's Bible verse comes from the first letter of St. Paul to the Thessalonians, chapter 5, verses 16 through 18.

Repeat after me: Rejoice always *(alleluia hands)* **Pause for repeat**

pray constantly *(hands folded in prayer)* **Pause for repeat**

give thanks in all circumstances. *(Thank you in sign language: flat hand, fingers to mouth, then motion down)* **Pause for repeat**

Let's do that all together now. *(with motions)* Rejoice always, pray constantly, give thanks in all circumstances.

- **Saint of the Day:** St. Juan Diego *(Charlie)*

Juan Diego was a poor farmer who lived in a small town in Mexico. On December 9, 1531, he saw a beautiful young lady dressed as an Aztec Princess on a hill called Tepeyac. She told him she was the Virgin Mary and asked Juan to tell the Bishop to build a shrine there. The Bishop asked Juan for a sign from Mary. Juan went back and told Her he needed a sign. In humility, Juan asked Mary to choose someone else more worthy to complete this great task. Mary insisted it was important that he be the one to go see the Bishop. Mary told Juan to pick the flowers on top of Tepeyac hill. There, he found roses in bloom in the winter time, and took them to the Bishop. As the roses fell to Juan's feet, a picture of Our Lady of Guadalupe appeared on his tilma (cloak). This was a miracle! The shrine was soon built just as our Lady asked. St. Juan Diego, Pray for us.
- **Lesson**
 - o **!:** Important *(Sam)*

To review, P stands for praise, R stands for rest, A stands for ask, and Y stands for yes. *(Hold up "!" sign as you speak.)* We put an exclamation point at the end of the word pray. The exclamation point is meant to emphasize something and to show a strong feeling. It reminds us that it is really important to pray. We can't forget that prayer is what will keep our faith strong, alive, and moving. Prayer will deepen our friendship with Jesus.

- **Special Guest!** Darcy interviews one of our priests about prayer!
- **Fueling our faith** (Darcy)
- **The Rosary**
 - (Tess) (Hold up rosary) The rosary is one of the most popular forms of prayer in the Catholic faith. The rosary is to help us enter into the life of Jesus. Mary wants us to get closer to her son through the prayers and mysteries of the rosary. We are going to pray one decade of the rosary now. That's 1 Our Father and 10 Hail Mary's. You can use your fingers to count.
 - (Emma) Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.
 - (All of Us) Hail Mary, full of grace. The Lord is with you. Blessed are you among women and blessed is the fruit of your womb, Jesus. Holy Mary, mother of God, pray for us sinners now and at the hour of our death. Amen.
- **Housekeeping** (Darcy)
 - **Email**
 - **Snack:** Donut
 - **Craft:** Spiritual Bouquet
 - **Game:** Paper Airplane Contest
- **Closing Prayer** (Audrey) (make Sign of the Cross) In the name of the Father, and of the Son, and of the Holy Spirit. Jesus, You are amazing! We thank you for this special time we had growing in our faith with the Radical Ride VBS! May we continue to seek you, love you and serve you more deeply each day. Amen.
- **Song:** Radical Ride (Sarah W)