

**GIVE YOUR CHILDREN CONSISTENT
LOVE & ATTENTION.**

Shield your children from too much
violence in the media.

Help your **Raising** Show your
child **Children** children
stand **to** appropriate
up **Resist** behaviors
against **Violence** by the
violence. **way**
you

Keep violence **act.**
out of your home. Be

Make sure your children
are **supervised.** consistent
about
rules &
discipline.

ACT Against Violence—American Psychological Association



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Did you know?

- Nearly 700,000 young people receive ER treatment each year for injuries due to violence. (CDC 2011)
- On average, 16 young people (ages 10 and 24) are murdered each day in the United States. (CDC 2009)

Whoever hates his brother is in darkness... 1 John 2:11

The messages our children and youth encounter in our society today are strongly focused on aggression as a just and reasonable means of getting needs met, solving problems, and retaliating for hurts.

Our children are dependent on us to give them a deliberately different message about violence & aggression.

- **Shield** your children **from violence** in the media.
- **Keep violence out of your home.**
- Show your children appropriate behaviors by **the way you act.**
- Surround your children with **positive peers** and **protective adults.**
- **Discuss what they see** online, on television and in video games.
- **Encourage** their **involvement** in pro-social activities.
- **Provide** consistent **structure, love** and **attention.**
- **Communicate** your **values.**

Be a light in the darkness. Prevent youth violence through your words, your presence, and your actions.

*The light shines in the darkness,
and the darkness has
not overcome it.
John 1:5*

*For more information on violence prevention and promoting right relationships contact the
Diocese of Grand Island Child Protection
Office at 308-382-6565 or
cpo@gidiocese.org*

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