

# Authentic Love

~~Love is a feeling~~

**Love is a choice**

**proven through action.**

...willing the good of another  
and acting to bring good.

~~Love is blind.~~

**Love sees the whole person.**

~~Love means never having  
to say you are sorry.~~

**Love is forgiving and  
seeking forgiveness.**

~~Love is give and take.~~

**Love is give and GIVE.**

...a total giving of self that is  
free, faithful and fruitful.

