

# When to Say **No** to an Adult

IF YOU ARE BEING **HURT**

if they make **threats** to  
-hurt you -embarrass you -abandon you

If you are forced to keep **Secrets**

IF **BOUNDARIES** AREN'T RESPECTED

If they use **Put Downs** to make You feel bad.

IF YOU ARE FEELING **UNSAFE**

IF THEY **SINGLE YOU OUT** WITH  
-GIFTS -SPECIAL PRIVILEGES -ATTENTION

if they insist on being **alone** with you

If they want to see or **Touch** private parts of your body or ask you to touch or look at them.

IF SOMEONE ASKS YOU TO **BREAK THE RULES**

 Diocese of Grand Island



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Child Protection Office  
(308)382-6565