

Depressed and Lonely

Withdrawn Disillusioned

INTRUSIVE MEMORIES

Alienated and Alone

Anxious and Afraid

Victimized Mistrusting

Separated LOST

*“If you are tired from carrying heavy burdens, come to me and I will give you rest.”*

*Matthew 11:28 CEV*

*If you or someone you care about are suffering the pain of abuse — the Church wants to help. Please contact a Victim Assistance Coordinator to report Church-related incidents of abuse or to seek support and find resources.*

Diocese of Grand Island  
Victim Assistance Coordinators  
cpo@gidiocese.org

Elizabeth A. Heidt, Ph.D.

Cheryl Albright, M.S.

**En Español**

Leticia Guerrero, B.S.

Call Toll Free:  
**1-800-652-2229**

For more information visit our  
website.  
www.gidiocese.org

Depressed and Lonely

Withdrawn Disillusioned

INTRUSIVE MEMORIES

Alienated and Alone

Anxious and Afraid

Victimized Mistrusting

Separated LOST

*“If you are tired from carrying heavy burdens, come to me and I will give you rest.”*

*Matthew 11:28 CEV*

*If you or someone you care about are suffering the pain of abuse — the Church wants to help. Please contact a Victim Assistance Coordinator to report Church-related incidents of abuse or to seek support and find resources.*

Diocese of Grand Island  
Victim Assistance Coordinators  
cpo@gidiocese.org

Elizabeth A. Heidt, Ph.D.

Cheryl Albright, M.S.

**En Español**

Leticia Guerrero, B.S.

Call Toll Free:  
**1-800-652-2229**

For more information visit our  
website.  
www.gidiocese.org

Depressed and Lonely

Withdrawn Disillusioned

INTRUSIVE MEMORIES

Alienated and Alone

Anxious and Afraid

Victimized Mistrusting

Separated LOST

*“If you are tired from carrying heavy burdens, come to me and I will give you rest.”*

*Matthew 11:28 CEV*

*If you or someone you care about are suffering the pain of abuse — the Church wants to help. Please contact a Victim Assistance Coordinator to report Church-related incidents of abuse or to seek support and find resources.*

Diocese of Grand Island  
Victim Assistance Coordinators  
cpo@gidiocese.org

Elizabeth A. Heidt, Ph.D.

Cheryl Albright, M.S.

**En Español**

Leticia Guerrero, B.S.

Call Toll Free:  
**1-800-652-2229**

For more information visit our  
website.  
www.gidiocese.org

Depressed and Lonely

Withdrawn Disillusioned

INTRUSIVE MEMORIES

Alienated and Alone

Anxious and Afraid

Victimized Mistrusting

Separated LOST

*“If you are tired from carrying heavy burdens, come to me and I will give you rest.”*

*Matthew 11:28 CEV*

*If you or someone you care about are suffering the pain of abuse — the Church wants to help. Please contact a Victim Assistance Coordinator to report Church-related incidents of abuse or to seek support and find resources.*

Diocese of Grand Island  
Victim Assistance Coordinators  
cpo@gidiocese.org

Elizabeth A. Heidt, Ph.D.

Cheryl Albright, M.S.

**En Español**

Leticia Guerrero, B.S.

Call Toll Free:  
**1-800-652-2229**

For more information visit our  
website.  
www.gidiocese.org



Diocese of Grand Island  
Child Protection Office  
308-382-6565



Diocese of Grand Island  
Child Protection Office  
308-382-6565



Diocese of Grand Island  
Child Protection Office  
308-382-6565



Diocese of Grand Island  
Child Protection Office  
308-382-6565