

# How can we stay connected socially while practicing physical distancing?



<https://gidiocese.org/materials-resources>  
<https://preventchildabuse.org/coronavirus-resources/>

## How do I talk to my kids about the virus? How can I calm their fears?

<https://gidiocese.org/safe-environment-parent-resources>

<https://youtu.be/WhVad8ToCiU>

How can we keep peace



and avoid conflict?

<https://gidiocese.org/safe-environment-parent-resources>

# safe at Home! Parenting in a Pandemic



### What will help us maintain balance?

<https://gidiocese.org/safe-environment-parent-resources>

**Where is God in this pandemic?  
How do we keep faith when we can't attend Mass and Faith Formation?**

<https://gidiocese.org/spiritual-resources>  
<https://gidiocese.org/faith-formation-evangelization>

**How can I keep my children safe online?**

<https://gidiocese.org/safe-environment-parent-resources>

## For support and help finding resources call 800-652-2229