

Morning Prayer Card
“Love God , Serve God, Everything is in that.”
St. Clare of Assisi



Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior, Jesus Christ, suffered and died for our sins. In his name, my God, have mercy. Amen

Hail Holy Queen

Hail holy queen, Mother of Mercy. Our life, our sweetness, and our hope. To you do we cry, poor banished children of Eve. To you do we send up our sighs mourning and weeping in this valley of tears. Turn then O most gracious advocate your eyes of mercy upon us, and after this our exile, show unto us the blessed fruit of your womb Jesus. O clement, O loving, O sweet Virgin Mary. Amen

Prayer of St. Francis of Assisi

Lord, make me an instrument of Your peace. Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy.

O, Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. Amen

The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession was left unaided by you. Inspired by this confidence, I fly unto you. O Virgin of virgins, my mother; to you do I come, before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy hear and answer me. Amen

The Angelus

The angel of the Lord declared unto Mary.

(Response) And she conceived by the Holy Spirit. (Together) Hail Mary....

Behold the handmaid of the Lord.

(Response) Be it done unto me according to thy will. (Together) Hail Mary....

And the Word was made flesh.

(Response) And dwelt among us. (Together) Hail Mary....

Pray for us O Holy Mother of God; (Response) that we may be worthy of the promises of Christ.

Let us pray

(Together) Pour forth, we beseech thee, O Lord, thy grace into our hearts; that we, to whom the incarnation of Christ, thy Son was made known by the message of an angel, may by His passion and cross be brought to the glory of His resurrection, through the same Christ our Lord. Amen

***“We become what we love.
Who we love shapes what we become.”***

St. Clare of Assisi

Act of Faith

O my God, I firmly believe that you are One God in Three Divine Persons, Father, Son and Holy Spirit; I believe that your Divine Son became man, and died for our sins, and that he will come again to judge the living and the dead. I believe these and all the truths which the Holy Catholic church teaches, because you have revealed them, Who can neither deceive or be deceived. Amen

Act of Hope

O my God, relying on your almighty power and infinite mercy and promises, I hope to obtain pardon of my sins, the help of your grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer. Amen

Act of Love

O my God, I love you above all things with my whole heart and soul because you are all good and worthy of all love. I love my neighbor as myself for the love of you. I forgive all who have injured me, and ask pardon of all whom I have injured. Amen

Vocation Prayer

God, thank you for loving me. In Baptism you called me by name to live as your child. Help all your people to know their call in life. For your greater glory, raise up generous leaders to serve as priests, deacons, sisters, and brothers. Amen

Come, Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love. Sent forth your Spirit and they shall be created and you shall renew the face of the earth. O God, who has instructed the hearts of your faithful by the light of your Holy Spirit, grant that by the same Holy Spirit, we may have a right judgment in all things and ever more rejoice in His consolations. Through Christ, Our Lord. Amen

Alive in Christ

I believe what Jesus promised; “I have come that you may have life and have it abundantly.” Thank you, Father, for sending Jesus to be my friend and my brother. Fill me with His Spirit that I may be strong and loyal in following Him. May I bring His joy and love to all I meet. May Jesus remain with me always so that I may be “alive in Christ.” I ask this through Christ, our Lord. Amen

***Sacred Heart of Jesus, truly present in the Holy Eucharist,
I place all my trust in you!***

St. Clare of Assisi - Pray for us!

