



Chefs of d' Future

CALLING ALL CHEFS....

Cooking is a life skill and in participating in this class it will reinforce other elements of learning such as math, science, nutrition and cultural awareness. Children will prepare sweet and savory dishes learning basic cooking skills, kitchen safety and sanitation. They will even make an illustrated recipe booklet of the food they cooked.

If you are interested in cooking please join the OLV cooking club.

Grades: 2 & 3 (Limit 18)

Meeting Times: 2:45-4:00PM

Meeting Dates: 2/27, 3/6, 3/13, 3/20, 3/27, 4/3, 4/10 & 5/1 (8 sessions)

Cost: \$145

Instructor: Julie Reilly-Chefs of d' Future LLC

Moderator: Mrs. Burgess

Location: Cafeteria

Student's Name _____

Class _____

Parent's Name _____

Contact # _____

Please list student's allergies, health problems or conditions and complete the *Food Allergy and Disclosure Waiver* on next page.

Please contact the office with any questions or concerns.

Chefs of d' Future, LLC

Chefs of d' Future, LLC is a "Cooking School that Comes to You". Founded, owned and operated by Julie Reilly since 2007. Julie has been teaching cooking to children for 22 years.

Our mission: To empower children through cooking, reinforcing math, science, art and cultural awareness through food preparation. Bringing families to the kitchen table, showing them the ease of preparing a wholesome meal and that fast food need not be processed. Finally to help families realize that the power of sitting down to a home cooked meal reaches far beyond the food.

We will be preparing sweet and savory dishes some will be brought home and others eaten in class.

Parents or Guardians please fill out the following information.

If your child has any allergies or food they can or should not eat please list them below as we will be tasting foods throughout the program and using a variety of food products.

Child's Name:

Parents Name:

Parents email
address:

Parents Phone
Number:

Food Item	Allergy		Other
	Mild	Severe	

I understand that my child will be exposed to a variety of foods. I understand my child will be working with cooking tools and appliances with supervision. I understand the nature of the proposed activities and hereby assume any and all risks associated with those activities. My child has my permission to participate in Chefs of d' Future, LLC. By signing below I release any claims, damages and liabilities arising from or related to my child's participation in this camp. Please feel free to contact me to discuss your child's individual needs. (516) 424-2146

Parent Signature: _____ DATE: _____

In case of emergency please contact : _____

Phone number of emergency contact: _____

I'm looking forward to our cooking adventures and please get your children involved in the kitchen at home for ideas and recipes visit <http://www.chefsofdfuture.com>.

Chefs of d' Future, LLC.