

# Project Happiness™



## *Happiness In 7 sessions*

Sometimes, people seem to have it all – success, material prosperity, friends and loved ones – yet they feel that something is missing. They have everything, but feel they have come up empty and are not happy.

We all want to avoid struggles, difficulties, and loss – we want to avoid unhappiness. Is this even possible in our fallen world?

We desire happiness so deeply, yet we know so little about it. This series is not a sugar-coated cure-all, but a deep dive into the very essence of happiness and how best to achieve it.

If you feel that there's more to life that you're just not getting, this series is for you. The desire for happiness is inscribed into our very nature. Find the ways that will open your heart to receive the happiness you crave and deserve.

*Rejoice and be glad!*