





## Holy Days of Obligation with Special Seasons and Feasts

Feast/Season	Holy Days of Obligation/Special Seasons or Observances	2021 Date	Holy Day of Obligation	2022 Date
<b>Every Sunday</b> The Resurrection of Our Lord	<b>Catholics are obliged to attend Mass <u>every Sunday</u> of the year.</b>	All Sundays	√	All Sundays
<b>Mary, Mother of God</b> Our Lady's divine maternity		<b>Friday,</b> January 1	√	<b>Saturday,</b> January 1
<b>Epiphany</b> Our Lord's manifestation to the world through the visit of the magi.		Sunday, January 8	√	Sunday, January 6
<b>Baptism of the Lord</b> Close of the Christmas Season		Sunday, Jan. 15	√	Sunday, January 13
<b>Ash Wednesday</b>   This is the beginning of Lent, which lasts until the evening Mass of the Lord's Supper on Holy Thursday night.	<b>All Fridays of Lent are Days of Abstinence.</b> Abstinence means <b>not eating meat</b> . All persons 14 years and older are bound by the law of abstinence.  <b>Ash Wednesday and Good Friday are Days of both Fast and Abstinence.</b> Fasting allows one full meal, but a light breakfast and lunch are not forbidden. All adults, 18 up to the beginning of their sixtieth (60) year, are bound by the law of fasting. Pastors and parents are to see to it that children, while not bound to the law of fast and abstinence, are educated and introduced to an authentic sense of penance. On Fridays, acts of penance, especially works of charity and pious practices, such as the Stations of the Cross, are suggested.	Wednesday, Feb. 17 – <b>not</b> a Holy Day of Obligation		Wednesday, March 2 – <b>not</b> a Holy Day of Obligation
<b>Passion/Palm Sunday</b> The Lord's entrance into Jerusalem and His betrayal. Beginning of Holy Week.	  <b>Holy Week</b>	Sunday, March 28	√	Sunday, April 10
<b>Holy Thursday</b> Mass of the Lord's Supper		April 1 No obligation		April 14 No obligation
<b>Good Friday</b> The Lord's Passion		April 2 No obligation		April 15 No obligation
<b>Holy Saturday</b> <b><u>The Great Easter Vigil</u></b>	The Easter Vigil, during the holy night when Christ rose from the dead, ranks as the " <b>mother of all vigils</b> ." Keeping watch, the Church awaits Christ's resurrection and celebrates it in the sacraments. The entire celebration of this vigil should take place at night; it should begin after nightfall and end before the dawn of Sunday.	Saturday, April 3		Saturday, April 16
<b>Easter Sunday</b> The Lord's Resurrection and Appearance. Begins the <b>50 Days of Easter</b> .		Sunday, April 4	√	Sunday, April 17

Feast/Season	Holy Days of Obligation/Special Seasons or Observances	2019 Date	Holy Day of Obligation	2020 Date
<b>Ascension of Christ</b> The Ascension of Our Lord		<b>Thursday,</b> May 13	✓	<b>Thursday,</b> May 26
<b>Pentecost</b> The Gift of the Holy Spirit. Closes the Easter Season.		Sunday, May 23	✓	Sunday, June 5
<b>Body and Blood of Christ (Corpus Christi)</b> Our Lord's Real Presence in the Blessed Sacrament		Sunday, June 6	✓	Sunday, June 16
<b>Assumption</b> Assumption of Mary Into Heaven		Sunday, August 15	✓	<b>Monday,</b> August 15
<b>All Saints</b> Celebration of those God has brought into heaven. They model Christ to us.		<b>Monday,</b> November 1	✓	<b>Tuesday,</b> November 1
<b>Christ the King</b> Final Sunday of Church Year		Sunday, November 21	✓	Sunday, November 22
<b>1st Sunday of Advent</b> 1st Sunday of Church Year and beginning of four-week preparation for Christmas		Sunday, November 28	✓	Sunday, November 29
<b>Immaculate Conception</b> Conception of the Blessed Virgin Mary - Patronal Feast of the United States		<b>Wednesday,</b> Dec. 8	✓	<b>Thursday,</b> December 8
<b>Christmas</b> The Birth of Our Lord		<b>Saturday,</b> Dec. 25	✓	Sunday, December 25
<b>Christmas Season</b> Christmas Day through Baptism of Our Lord	Saturday, December 25, 2021-Sunday, January 9, 2022		December 25, 2022 - January 13, 2023	