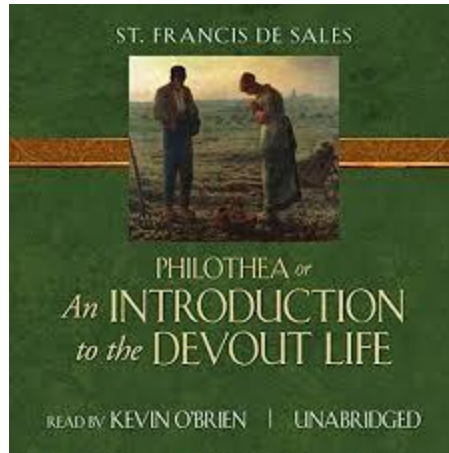


STUDY GUIDE



WEEK ONE



READ: PREFACE AND PREFACE BY THE AUTHOR

RESPOND:

1. WHAT IS TRUE DEVOTION?
2. CAN ANYONE BE DEVOUT?
3. WHAT ARE YOUR QUESTIONS ABOUT THE PURIFICATIONS?

REMEMBER:

Place yourself in the Presence of God. Ask Him to inspire your heart.

A life of devotion to God should be active in your state of life.

Devotion is a gift from God - a grace - with which we cooperate.

Purification from mortal sin or attachment to sin prepares the soul for devotion.

Two great means of closer union with God

The Sacraments

Mental Prayer

Practice the virtues

Gentleness, Temperance, Modesty, Humility, Charity, Patience

Guard against temptations

Compromising your commitment; sadness; anxiety; despair