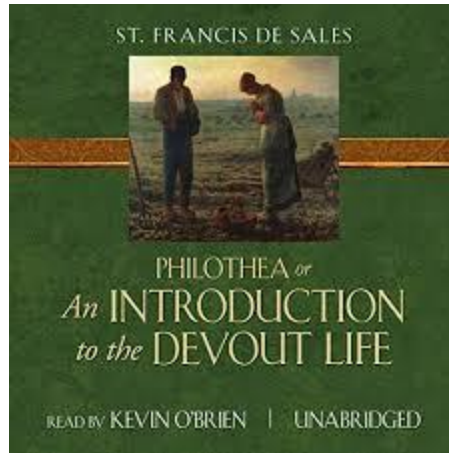


STUDY GUIDE



WEEK TWO



READ: PART I, PAGES 1-16

RESPOND:

1. DO YOU RECOGNIZE YOURSELF IN ANY OF THE “DEVOUT” PEOPLE DESCRIBED ON PAGE 3?
2. WHAT IS YOUR IDEA OF LIVING A DEVOUT LIFE?
3. WHAT ARE SOME OF YOUR FLOWERS (GOOD DESIRES)?
4. WHAT ARE YOUR SINFUL INCLINATIONS TO PRUNE AWAY?

REMEMBER:

First you must love God and obey His commandments.

This love shining on our souls is called Grace.

Grace prompting our good works is called Charity.

Good works done carefully, diligently, and promptly is called Devotion.

Prayer and the sacraments are indispensable for a devout life.

Seek a Spiritual Director to guide your devotions.

The ascent to a devout life takes time and is accomplished by degrees.

Be patient with yourself.

Kindle your heartfelt contrition for sins great and small.

Linger awhile to gather your spiritual bouquet

Revisit your spiritual bouquet throughout the day