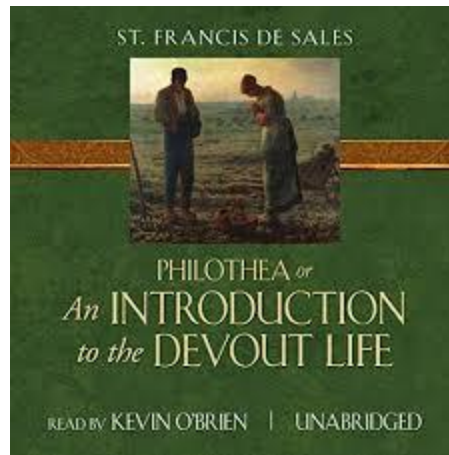


STUDY GUIDE



WEEK SEVEN



READ: PART III, PAGES 85–138

RESPOND:

1. CHARITY IS PATIENT, KIND, GENTLE, TEMPERATE, MODEST, AND HUMBLE. DO YOU AGREE WITH SOME OR ALL OF THESE?
2. ARE YOU GROWING IN VIRTUE AND DEVOTION?
3. VIRTUES TO CULTIVATE: CHEERFULNESS, SELF-MORTIFICATION, OBEDIENCE, POVERTY OF SPIRIT, CHASTITY, FORBEARANCE, AND HOLY FERVOR.
4. CHOOSE A VIRTUE OPPOSITE TO A VICE WHICH TEMPTS YOU, AND CONSCIOUSLY EXERCISE THAT VIRTUE.

REMEMBER:

Place yourself in the Presence of God.

Ask Him to inspire your heart.

Consider the meditation for the day.

Make your affections and resolutions (“the choice”) for the day.

Conclude by:

Thanking God

Make an offering to God

Prayer for the day

Linger awhile to gather your spiritual bouquet

Revisit your spiritual bouquet throughout the day