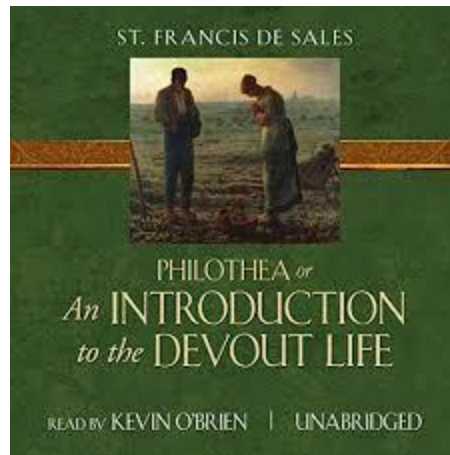


STUDY GUIDE



WEEK NINE



READ: PART IV, PAGES 187-201

RESPOND:

1. COURAGE IS NEEDED TO PERSEVERE IN YOUR DELIBERATE CHOICE OF A DEVOUT LIFE. WHY?
2. STAGES OF TEMPTATION:
 - A. SINS ARE SUGGESTED TO THE SOUL (TEMPTATION)
 - B. YOU ACCEPT OR DWELL UPON THE ENTICEMENT (DELECTATION)
 - C. YOU ACT UPON THE EVIL (CONSENT)
 - D. AT ANY POINT, YOU CAN REJECT THE TEMPTATION.
 - E. YOU CAN SUFFER TEMPTATION BUT CAN RESIST IT. THE TEMPTATION ITSELF IS NOT A SIN, BUT DELECTATION AND CONSENT ARE SINS.
3. REMEDIES FOR RESISTING TEMPTATION: KEEP YOUR EYES AND HEART FIXED ON GOD; PRAY FOR HIS HELP; CULTIVATE PEACE IN YOUR HEART.

REMEMBER:

Place yourself in the Presence of God.

Ask Him to inspire your heart.

Consider the meditation for the day.

Make your affections and resolutions ("the choice") for the day.

Conclude by:

Thanking God

Make an offering to God

Prayer for the day

Linger awhile to gather your spiritual bouquet

Revisit your spiritual bouquet throughout the day