



St. Cyril of Alexandria
28 Walton St.
Alexandria Bay, NY

Saturday 5:00 p.m.
Sunday 10:00 a.m.

The Catholic Community of Alexandria
17 Rock St.
Alexandria Bay, NY 13607
315-482-2670

pastor@stcyrils.org www.stcyrils.org

Rev. Douglas G. Comstock, Pastor
Bernard Slate, Deacon
Joel Walentuk, Deacon



St. Francis Xavier
43596 State Route 37
Redwood, NY

Sunday 8:30 a.m.

Week of March 29, 2020

Notes from Father Comstock

- During this period when public Masses are suspended in our Diocese, I will be celebrating Mass privately in Our Lady's Chapel of St. Cyril of Alexandria Church, praying for you and your families, your intentions, the needs of our Community of Alexandria and the eradication of the Corona virus.
- The Chapel door will be open each day from 7:30 a.m. until 5:00 p.m. for personal visits and prayer.
- Booklets for the Stations of the Cross are available on the gift table in the main church, if you wish to use them.
- You may find internet-streaming Masses as follows:
- ***Daily Mass at the bottom of our parish web-site: www.stcyrils.org***
 - St. Mary's Cathedral, Ogdensburg live at 8am Sunday:
<https://www.rcdony.org/livemass>

Also, check cable television for the EWTN channel.

- **If you are in need of any assistance, please call the rectory.**
- We sincerely thank our parishioners who are mailing or delivering your weekly envelopes to the parish office while we are in this isolation period with the COVID-19 Pandemic. As many of you understand our parish expenses and obligations do not take an isolation, so it is very helpful to be able to rely on your continued support even while you cannot personally attend Mass. We continue to look to our faith as we carefully navigate in the coming months. Here at the Diocese of Ogdensburg we continue with our Mission of administering to the sick and helping those in need. We pray together for all the victims of this disease, those assisting with the care and for a cure.

Sacrament of Reconciliation

Call Fr. Comstock for an appointment at 315-482-2670

Contributions Received

Week of March 15th, 2020

Envelopes	\$160.00	North Country Catholic	\$100.00
Plate			
Youth			
Electronic Giving	\$167.72	Fuel Collection	
Total	\$327.72	Total Fuel Contrib.to Date	\$18,908.00
Last Year	\$1,836.22	Total Fuel Goal in '19-'20	\$20,298.00

10 Things To Remember for Lent (Part 2)

We are now entering the 5th and final full week of Lent. Holy Week begins next week with Palm Sunday and Thursday evening April 9 will begin the Triduum. May we remember these “goals” throughout this last week and well after Easter.

6. Don't do too much.

It's tempting to make Lent some ambitious period of personal reinvention, but it's best to keep it simple and focused. There's a reason the Church works on these mysteries year after year. We spend our entire lives growing closer to God. Don't try to cram it all into one Lent. That's a recipe for failure.

7. Lent reminds us of our weakness.

Of course, even when we set simple goals for ourselves during Lent, we still have trouble keeping them. When we fast, we realize we're all just one meal away from hunger. In both cases, Lent shows us our weakness. This can be painful, but recognizing how helpless we are makes us seek God's help with renewed urgency and sincerity.

8. Be patient with yourself.

When we're confronted with our own weakness during Lent, the temptation is to get angry and frustrated. "What a bad person I am!" But that's the wrong lesson. God is calling us to be patient and to see ourselves as he does, with unconditional love.

9. Reach out in charity.

As we experience weakness and suffering during Lent, we should be renewed in our compassion for those who are hungry, suffering or otherwise in need. The third part of the Lenten formula is almsgiving. It's about more than throwing a few extra dollars in the collection plate; it's about reaching out to others and helping them without question as a way of sharing the experience of God's unconditional love.

10. Learn to love like Christ.

Giving of ourselves in the midst of our suffering and self-denial brings us closer to loving like Christ, who suffered and poured himself out unconditionally on the cross for all of us. Lent is a journey through the desert to the foot of the cross on Good Friday, as we seek him out, ask his help, join in his suffering, and learn to love like him.

Judy Pearson