



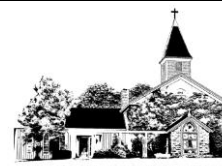
St. Cyril of Alexandria  
28 Walton St.  
Alexandria Bay, NY

Saturday 5:00 p.m.  
Sunday 7:00 a.m.  
10:00 a.m.

The Catholic Community of Alexandria  
17 Rock St.  
Alexandria Bay, NY 13607  
315-482-2670

pastor@stcyriils.org [www.stcyriils.org](http://www.stcyriils.org)

Rev. Douglas G. Comstock, Pastor  
Bernard Slate, Deacon  
Joel Walentuk, Deacon



St. Francis Xavier  
43596 State Route 37  
Redwood, NY

Sunday 8:30 a.m.

### **Liturgy Schedule for Week of August 23, 2020**

**Saturday, Aug 22, 2010      Twenty-first Sunday in Ordinary Time**

5:00 p.m.      Mimi Kendall by her T.I. Park Family

**Sunday, Aug. 23, 2020**

7:00 a.m.      Lewis and Catherine Slate by their son, Deacon Bernie Slate

8:30 a.m. (SFX)      Steven Sudkamp by his Family

10:00 a.m.      Norman Ball by Becky Rose & Family

**Monday, Aug.24, 2020**

8:00 a.m.      Our Parishioners

**Tuesday, Aug. 25, 2020**

8:00 a.m.      The Intentions of Emily Conway and Family by Michael Williams

**Wednesday, Aug. 26, 2020**

8:00 a.m.      The Living and Deceased Members of the Mike & Jan Joyce Families  
By the Joyces

**Thursday, Aug. 27, 2010**

8:00 a.m.      The Intention of Eva Bettie by Grandma & Grandpa Ringer

**Friday, Aug. 28, 2020**

8:00 a.m.      The Faithful Departed

**Saturday, Aug. 29 2020      Twenty-Second Sunday in Ordinary Time**

5:00 p.m.      Mark Boyle by Norm & Joan Townsend

**Sunday, Aug. 30, 2020**

7:00 a.m.      Philip Veschio by Bud & Marguerite Sanzone

8:30 a.m. (SFX)      Robert and Aline Decker by Fred & Sally Ben Paddock

10:00 a.m.      Ben Cole by the Wallo & Rose Families

**Sacrament of Reconciliation**

**Saturday**

**3:45 – 4:30 p.m. at St. Cyril of Alexandria Church**

**Our Stewardship**

August 15 - 16, 2020

Envelopes	2,681.00	Tower and Stone Restoration Project	
Plate	\$889.00		
Youth	0		
Electronic Giving	\$348.56	Fuel Collection	\$260.00
<b>Total</b>	<b>\$3,918.56</b>	Total Fuel Contrib.to Date	<b>\$4,209.60</b>
Last Year	\$5,377.41	Total Fuel Goal in '16-'17	\$21,339.00

### **During the Pandemic Recovery Period**

At this time, the number of people able to physically attend Mass will be limited to 99 in St. Cyril of Alexandria Church and 50 in St. Francis Xavier Church. To attend with smaller numbers, try the 8:00 a.m. Mass on Monday through Friday.

While sitting in your pew and maintaining social distance, it is okay to lower your mask

**The Sunday Mass from St. Cyril's Church is available online at [www.stcyriils.org](http://www.stcyriils.org).**

## Musings on the Sunflower

“Like the sunflower that follows every movement of the sun, so I turn toward you to follow you, my God.” Carey Landry, an American composer of Catholic liturgical music, wrote these lyrics, comparing the sunflower to our faith.

St. Julie Billiart, founder and first Superior General of the Congregation of the Sisters of Notre Dame de Namur, encouraged her Sisters to be like the sunflower, which follows the sun even when clouds hide it from view, conveying the message that even when life is murky and it seems as if God isn't there, have faith!

The shape of the sunflower—the large disk in the center and the ray-like petals emanating from it—resembles the sun that it follows. And from the start, we, also resembled God who created us in His image and likeness.

The florets in the center of the sunflower that become seeds are arranged in a complex pattern of left & right spirals. They are placed according to the Fibonacci Sequence (a sequence of numbers in which each member is the sum of the previous two: 0, 1, 1, 2, 3, 5, 8, 13, 21,34,55,89). It is the most compact way the florets can be fitted, and the pattern it forms is beautiful.

Sunflowers have many uses: They attract pest-patrolling birds and bees for pollination; they help detox contaminated soil; their seeds are tasty and a good source of vitamin E, magnesium and selenium and other nutrients; they attract beautiful song birds and, of course, they are lovely as cut flowers. It has been said that at one time, because they grow so tall, sunflowers were once used to camouflage outhouses.

The sunflower is a symbol of happiness, faith, fidelity and strength.

Some Inspirational Sunflower Quotes:

- “Turn your face to the sun, and shadows follow behind you.” – **Maori Proverb**
- “True friends are like bright sunflowers that never fade away, even over distance and time.” – **Marie Williams Johnstone**
- “Keep your face to the sunshine and you cannot see the shadow. It's what sunflowers do.” – **Helen Keller**
- “Every friend is to the other a sun, and a sunflower also. He attracts and follows.” – **Jean Paul**
- Those who bring sunshine into the lives of others cannot keep it from themselves. – **JM Barrie**

Thank you, God, for sunflowers. They remind us of our daily need for your love and grace.  
[Information adapted from Catholic Faith Corner, August 2012]

*Judy Pearson*

