



Dear Families,

Registration for the fall athletics program is now open. Students in the 6th, 7th and 8th Grades are eligible to participate in our middle school interscholastic athletics program. Please register if you are interested in having your child participate in one of our winter teams.

OLH participates with other D.R.V.C. schools in the Catholic Middle School Athletic Association (CMSAA). The league is competitive and grounded in Roman Catholic values. This is an excellent opportunity for our students to participate in organized athletics. The CMSAA allows schools to enroll multiple teams in all of the sports it offers. This allows OLH to form multiple teams without the added pressure of having team try-outs and cuts.

Participation on a team at OLH requires a commitment from our students and their families. Teams will generally practice two or more times per week after school. Games are also scheduled after school during the school week. All students will need to receive medical clearance prior to beginning practice. Each student will need to have a current health physical and health history form on file with our Health Office. Students and families are responsible to make their own travel arrangements to all games that are not at our school. Students are expected to be in good academic standing and follow a behavior code. Students are expected to be at all scheduled games and practices. It is not recommended to sign up for multiple sports during the same season.

All of the coaches at OLH are volunteers. OLH needs coaches for all of the teams. The best time to begin learning how to coach is by beginning with a team that has an experienced coach. While coaching is a commitment, it is also a great opportunity to share your talents with children in our community. Please consider helping the team!

The fees associated with this program cover many costs. The costs include league dues, official fees, equipment costs, health and safety equipment and team awards. All of the fees from this program are directly used to manage and improve the OLH Sports Program.

Thank you for your interest and support of our athletic program. I am looking forward to a successful season. Go OLH!

Sincerely,

Ben Turnbull

Athletic Director

Our Lady of the Hamptons Athletic Program
Registration Form
Fall Sports

Please return to the Athletic Office

- Cross Country

Student's Name: _____ Grade: _____

Address: _____

Parent/Guardian: _____ Parent/Guardian: _____

Home Phone: _____ Home Phone: _____

Work Phone: _____ Work Phone: _____

Cell: _____ Cell: _____

Email: _____ Email: _____

Emergency Contact Name and Phone: _____

Our Lady of the Hamptons participates in the Catholic Middle School Athletic Association (CMSAA). This is a competitive athletic league affiliated with Catholic Schools throughout the Diocese of Rockville Center. As with any athletic program, there is an inherent risk of injury. A current sports physical must be on file with the school nurse prior to participation in any athletic program including evaluations and practices. Participation also permits the school to use names and photos of students in any new report, publication, etc. at the school's discretion. Athletes, parents, spectators, and coaches are expected to know and follow the Code of Conduct set forth by the school.

Registration Fee: \$125 Please make check out to OLH.

I give my permission for my child _____ to participate in _____
during the fall season. (Print Sport)

Parent/ Guardian Signature: _____

