

Unity Day – October 23, 2019



OCTOBER IS

BULLY
PREVENTION
AWARENESS
MONTH

What is Unity Day? It's a day when students, teachers, and families can show they support bullying prevention in schools and in communities.

Wear **ORANGE (on October 23rd) to show that we are together against bullying and **UNITED** for kindness, acceptance and inclusion**

Let's link together and send one **ORANGE message of support to students who have been bullied**

No one deserves to be bullied! Let's show what happens when everyone takes steps to prevent bullying.

***For those who signed up, in grades 5-8, to help create bullying prevention posters...
We will be meeting right after school,
Tuesday October 8th until 3:15***
Parents please make sure transportation has been arranged to pick up your child
(Bring markers and any crafts you may have from home!)

Group counseling is a fantastic opportunity for students to acknowledge similar issues that everyone deals with, and together accomplish goals.

Groups will be starting in October for grades K-4. They will meet once per week during the school day for approximately 30 minutes, and will run for a six-week session.

During the sessions we will use different worksheets and activities to enhance skill areas. Discussion will also reinforce the subject matter.



I will be teaching Classroom Guidance lessons this month on **Empathy** to grades 3-5!

Empathy is the ability to understand and share feelings of another

The purpose of this lesson is to teach student's the importance of taking perspective of others and showing empathy.

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