

HEALTH OFFICE  
ST MARY SCHOOL  
MARCH NEWSLETTER

Parents/Guardians,

I hope everyone had a relaxing and sickness free winter break. Unfortunately, the flu decided to come back around for round two in February causing many students and staff to succumb to the sickness. There were several students that got sick with strep, stomach virus, upper respiratory symptoms, etc. I hope that with the arrival of spring everyone will be feeling healthy and fit.

Physicals are mandated for all new students, pre-k, kindergarten, first, third, fifth, and seventh grade. I have sent home reminder letters for those students that are in need of a physical for this school year. The physical needs to be done by April 30, 2020. This is a state mandated requirement and any student can be excluded from school if the physical is not done.

Health records for all graduating eighth grade students have been sent to the receiving high school. The only records that have not been sent are for those students who were still undecided. If you have any questions, please call the health office.

Tdap and meningitis vaccinations are mandatory for ALL sixth and seventh grade students respectively. A reminder letter will be going home regarding these issues. Please be aware that there

is legislation circulating in New York state to make the HPV vaccination mandatory for all students beginning at age 11. HPV is a virus that is transmitted sexually and can cause cancer in later years.

Thank you parents, for all your help and support that you extend my way to help insure the safety and well being of your children while at school. I cannot do this job without your assistance. May God richly bless you all.

Respectfully,  
Stephanie K. Psomas RN