



What are Vegetables?

Vegetables are the parts of a plant you can eat. They can grow above ground, underground, or be the fruits and seeds of a plant.

Above Ground

Parts of a plant that grow above ground include the stems, leaves, and flowers. Celery and asparagus are examples of the stems on a plant you can eat. Spinach and lettuce are examples of the leaves on a plant you can eat, and they are often called leafy green vegetables or leafy greens. Cauliflower and broccoli are examples of the flowers on a plant you can eat.

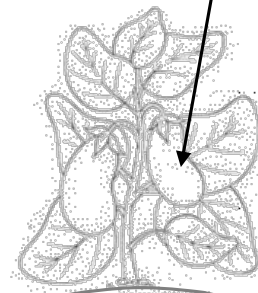
Underground

When you eat potatoes, carrots, sweet potatoes, or radishes, you are eating the root of a plant. These vegetables are often called root vegetables.

Fruits and Seeds

When you eat tomatoes, cucumbers or eggplant, you are eating the fruit of a plant. Fruits contain seeds, and you can actually see these seeds in a slice of tomato, cucumber, or eggplant. Corn and peas are examples of vegetables that are the seeds of a plant.

Eggplant is the fruit of this plant.



Draw the missing roots.

Questions to Answer:

1. What is another name for spinach and lettuce?

2. Write the name of a vegetable that matches the plant part you can eat.

Plant Part	Vegetable	Plant Part	Vegetable
Stem		Fruit	
Seed		Root	
Flower		Leaves	