

2015-16 SBS BASKETBALL

Sports Physicals: All participants must have a sports physical on file with the AD by their first practice (if you've already turned one in from a previous sport then your child is cleared).

Sports form must be received by Oct. 31st if not sooner; fees will be paid online via FACTS system (\$90). There will be NO refund after deadline.

Practices – SBS Gym: Beginning Nov 9, 2015 - March 11, 2016; each team is allowed two 1:30 practices each week; Mon-Friday. Practice start times can range from 3:30pm – 7:00pm depending on grade level.

Drop off/Pick up from practices: We ask the athletes to be on time for practices; the Coaches need to do the same. End practices on time so parents aren't waiting on you! **ALL PLAYERS must be picked up before Coaches may leave.**

Pre Season Tournaments: Area DPL schools offer preseason tournaments as a way to prepare our teams for the upcoming season (Dec1 – Dec 18th). Tournament play is at the discretion of the coaches. **(NOTE: some teams choose to play in several tournaments, but the cost of these is at the expense of the team).**

Uniforms: each player is issued a jersey provided by school. Game issued uniforms are mandatory for all DPL games. **(NOTE: uniforms are to be returned to school office with name attached once season is over.)**

Basketball Shoes (no black soles) are suggested for practices and games. Kneepads are encouraged for all players (especially girls). Both of these items are at the parents' expense.

Regular Season: Starts Jan 9, 2016. Each team typically plays one game per weekend and occasionally weeknights. Maps to area school gyms can be found at www.dallasparochialleague.com.

The 2015-16 game schedules should be available Dec 16th. **(Game times: Saturdays 9am – 6pm and Sundays Noon-6pm).**

Post Season: 5th – 8th grade (Divisions I, II, and III) have playoffs, which begin in late February or early March depending on season outcome.

ALL VOLUNTEER COACHES: The DPL requires all volunteer coaches to attend ONE DPL workshop (Play Like a Champion); typically 2 hours in length at area DPL schools. All volunteer coaches are responsible for workshop fee. Please contact the DPL office 972.404.0375

to register for the next workshop or email dplsport@sbcglobal.net (provide your name, sport, and school).