HEAD LICE DETECTION MAP

*If your child has been in contact with a **confirmed case** of head lice, check your child’s head for lice/nits every 2 days for 10 days.

**Fast Facts about Head Lice**
- Head lice have been a common problem for thousands of years.
- Head lice do not cause illness or disease.
- Head lice have 6 strong claws that hold tightly to a hair shaft.
- Head lice can only survive on human heads, not pets or other animals. Head lice or nits are not likely to survive off of the head for more than 3 days.
- Head lice do not fly or jump. They crawl from one person to another by close head-to-head contact.
- Anyone can get head lice.

**Check your child’s head once a week for live lice or nits using one of the following detection methods:**

**VISUAL**
1. Have your child sit in a chair under a bright source of light. (Sunshine works best.)
2. Look very closely through your child’s hair, especially in the areas behind the ears, nape of the neck and top of the head (crown).

**COMB OUT**
1. Have your child sit in a chair under a bright source of light. (Sunshine works best.)
2. Part your child’s hair into sections and comb through each section.
3. Inspect each section for nits and live lice.

**CONDITIONER COMB THROUGH**
1. Apply white conditioner to dry hair, covering root to tip.
2. Comb conditioner through hair with an ordinary comb and divide into sections.
3. Use a lice comb to comb through every section of hair.
4. Wipe the lice comb onto a white towel or paper towel each time and look for lice and nits. Older children and adults can use this method on themselves.

**NO nits or live lice found.**

Continue to use the Head Lice Detection Record. **Check your child’s head once a week.**

**Nits found in your child’s hair.**

**Check your child’s head every 2 days for 10 days for live lice.**

Removing nits is at your discretion and can be done for aesthetic reasons. If after 10 days you do not find live lice in the hair, continue to check your child’s head once a week every week using the Head Lice Detection Record.

**Live lice found in your child’s hair.**

**TREAT right away.**

*Refer to “Effective Treatment of Head Lice” resource sheet.*

*Notify your school and contacts.*

**REMEMBER:**
- If live lice are found, start using the “Effective Treatment of Head Lice” resource sheet.
- Check every family member’s head if you find live head lice. Treat only if live head lice are found.
- Tell the school, day care centre, parents of friends of the child, etc about the detection of live lice.


Last updated January 9, 2009
Effective Treatment of Head Lice

Check your child's head for live head lice and nits. (Use "Head Lice Detection Map")

- **Live, moving lice found.** Treatment required.
  - Ask your local pharmacist about the best recommended treatment for head lice.
  - Apply the first treatment on your child's hair. Follow the instructions carefully.
  - Rinse the treatment from your child's hair as directed (using a sink, not the shower or bath so contact with the mouth and skin is limited). Check for dead lice.
  - If you still find live, moving lice in your child's hair, the treatment has been ineffective. Do not continue to use this treatment. Consult with the pharmacist for a different treatment. Read instructions carefully before applying treatment for the second time.

- **NO nits or live lice found.**
  - Do not treat. Check your child's head every 2 days for 10 days. If live lice are found within those 10 days, treat. If no live lice are found within those 10 days, go back to checking once a week for nits and/or lice. Removing nits is optional as nits do not spread from head-to-head.
  - Remember to check the head of everyone in the household, including your own.
  - If you find dead lice, the treatment is effective. Continue to follow treatment instructions.

- **Nits found.**
  - Do not treat. Check your child's head once a week, using the Head Lice Detection Record.
  - NOTE: If your child has been in close contact with someone with a confirmed case of head lice, check your child's head for lice and nits every 2 days for 10 days.
  - Your child may return to school with completed form - Head lice found and Day 1 Treatment Completed (see below). Minimize close head-to-head contact.
  - Record your daily head checks on the Day 7 to Day 10 Treatment Completed form (see below). Removing nits is optional as nits do not spread from head-to-head.
  - Complete and return Day 7 to Day 10 Treatment Completed form to school.
  - Apply the second treatment on your child's hair anywhere between Day 7 to Day 10. Removing nits is optional as nits do not spread from head-to-head.
  - Check your child's head every 2 days for the next 10 days, using the Head Lice Detection Map. If no live lice or nits are found during those 10 days, return to checking your child's head once a week, every week using the Head Lice Detection Map.

**Day 1 Head lice found and Treatment Completed**
Please complete and detach this form and return to the school.

**Day 7 to 10 Treatment Completed**
Please complete and detach this form and return to the school.

**Inspection Method Used (Check One):**

<table>
<thead>
<tr>
<th>Name of Treatment Used</th>
<th>Date Applied (YYYY/MM/DD)</th>
<th>Results (Check Appropriate)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Effective? Ineffective?</td>
</tr>
</tbody>
</table>

If 1st treatment used is ineffective, what was used next?

<table>
<thead>
<tr>
<th>Date of 1st treatment application: YYYY/MM/DD</th>
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</thead>
<tbody>
<tr>
<td>Date of 2nd treatment application: YYYY/MM/DD</td>
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</tbody>
</table>

It is important to check your child's head after treatment. Please record each inspection (circle 'yes' or 'no' for each day)

<table>
<thead>
<tr>
<th>Day 1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
<th>9</th>
<th>10</th>
</tr>
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