

HOLY CROSS YOUNG SPORTS READINESS CLINIC

~~June 21st – June 24th – Session 1 (CLOSED)~~
July 19th – July 22nd – Session 2

**Ages 4 through 6 Monday to Thursday
9:00 – 11:00 a.m.**



Our popular Holy Cross Sports Readiness Clinic is for children ages 4-6 has been a great success each year! The Holy Cross Young Sports Readiness Clinic is directed by Michael Feerst, the Holy Cross Athletic Director.

This clinic is similar to our summer basketball and soccer programs and will give the players a great head start in their age groups. The clinic is designed to improve the players motor skills, coordination, agility and have fun at the same time. The players will work on different sports and activities each day.

The cost of the clinic is \$125.00 for each session (no refunds) Every player will receive a T-shirt, certificate of participation, and other surprises. Please submit or mail this form along with the applicable fee payable to Holy Cross, 40 Rumson Road, Rumson, NJ 07760. If you have any questions, please contact Michael Feerst at 732-708-3113 Ext. 223 or email: mfeerst@hcarumson.org.

Please sign up ASAP. Thank you and looking forward to working with your children.

Name: _____ Age: _____ Grade: _____
Address: _____ Phone No. _____
School: _____ Cell Phone No. _____
Email: _____

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T-Shirt Size _____

I certify that the applicant is in good health and will abide by clinic rules. I also understand that Holy Cross is not responsible or liable for any activities in respect to the clinic such as injuries or loss of personal articles.

Signature of Parent/Guardian

**IN CONJUNCTION WITH COVID-19 PROTOCOLS, WE MUST LIMIT THE
NUMBER OF CLINIC PARTICIPANTS. PLEASE SUBMIT THE
REGISTRATION AS SOON AS POSSIBLE**