Knitting Instructions for Shawl

- Knitting Needle size 11 or 13
- 555 yards in the yarn of your choice.
- 740 yards for longer shawls and 60+ stitches

Hints before starting: Before starting the third skein of yarn, add fringe on completed end and save an equal amount of yarn for when the shawl is completed. Wrapping the yarn around a CD case and cutting at one end is a nice length for fringe. Attach fringe in groups of 4-5 strands spaced equally. Because these yarns fray easily, tie a knot at the end of each strand.

Knitting Pattern No. 1 (original)

Cast on stitches in multiples of three - 54, 57, or 60. For example, if you use size 11 needles and cast on 54 stitches, 3 skeins of yarn is enough. Some yarns vary in elasticity which will affect your outcome, as will your knitting tension. If the yarn you have chosen has a multicolored stripe, be careful when tying on a new skein. Make sure the color sequence is correct. Also, tie on the new skein in the body of the shawl, instead of an edge, as the ends tend to show.

- First Row: k3, p3, to end
- Second Row:
  - Always start the next row with the opposite stitch of what you see.
  - For instance, if the first stitch on the needle is a knit, then start with a purl.
  - KNIT THE PURLS AND PURL THE KNITS!!!
  - It should NOT look like ribbing.
  - Note: If you cast on 57 stitches you will always start with K3

Knitting Pattern No. 2 (easiest and fastest)

Cast on 57 stitches. Knit across to the last 3 stitches bring yarn forward, slip the last 3 stitches one at a time to the right needle. This will leave a nice edge.

Knitting Pattern No. 3 Trinity Stitch (Also known as "Popcorn Stitch" in America, "Blackberry Stitch" in England and "Spider Stitch" in Italy)

- Multiple of 4 stitches
- Row 1: (Right side): Purl
- Row 2: *(K1,P1,K1 all into next stitch; P3 together) repeat from * to end of row
- Row 3: Purl
- Row 4: *(P3 together; K1, P1, K1 all into next stitch) repeat from * to end of row.

Complete the shawl:

Knit until the piece measures from wrist to wrist, or approximately 57-58" long. (Knitting: bind off with a knit row). Use what you have left to cut *fringe. You may want to add beads and/or charms to the fringe. They can be new or parts of old pieces of jewelry.
Crochet Directions for Shawl

Materials: Crochet: Size 'M', 'N' or 'P' crochet hook

Amount of yarn needed: 740 yards or 3-4 skeins of Lion Brand Homespun or 4-5 skeins of Red Heart Light and lofty or any readily available washable/dryable soft bulky weight yarn.

Crochet Pattern No. 1:
Chain 54 stitches or desired width of shawl.
Chain 1, turn, single crochet in each of the stitches to end. Chain 3 and turn.
Double crochet in top of each single crochet. Repeat this row 2 more times.
Chain 1 and do 1 row of single crochet to end. Chain 3 and turn.
Do 3 rows of double crochet. Repeat pattern to end (1 row single, 3 rows double)
End with 1 row of single. Finish with fringe.

Crochet Pattern No. 2 (St Bartholomew’s)
Same pattern for used for both chains:
Row 1: (dc, ch 2,sc) in fourth ch from hook, * skip next 2 chs, (2dc, ch2 sc) in the next ch. Repeat from * across.
Row 2: ch 2, turn. (dc, ch 2, sc) in first ch 2 sp.
(2 dc, ch 2, sc) in each ch 2 space across.
Repeat row 2 until you have used 2 2/3 skeins of yarn.
Do not finish off.
Last row: ch 2, turn, *sc in first ch 2 sp, ch 2.
Repeat from * across and end with a sc. Finish off. Add tassels.

Crochet pattern No. 3 SINGLE, DOUBLE, TRIPLE Shawl
Using the hook and yarn of your choice, create a chain the width of your intended shawl.
Make sure the total number of stitches on your chain is divisible by 3. Then, chain one more.
ROW 1: in the second stitch from the chain, DC, TC, * SC, DC, TC* repeat from * to end of chain. chain 1 and turn
ROW 2: chain 1 counts as first sc. DC, TC, *SC, DC, TC* repeat from * to end of row.
Repeat 2nd row until piece measures desired length.

Complete the shawl:
Crochet until the piece measures from wrist to wrist, or approximately 57-58” long. Fasten off and fringe. You may want to add beads and charms to the fringe They can be new or parts of old pieces of jewelry.

*Note: that crocheting typically uses more yarn than knitting, so you might have to adjust the width and size of hook or use another 1/2 skein. It has been suggested that 7 skeins of the same dye lot be purchased and crochet two shawls each using 3 1/2 skeins. Another suggestion, if you are trying to obtain 3 skeins, is to integrate other yarn colors into the shawl.

When you give it away, say a blessing or prayer keeping the receiver in mind. Another nice touch is enclosing a potpourri sachet scented with lavender oil, a calming aroma, or any essential oil that you like. It is also good to enclose an explanation and/or a blessing, prayer or wish for the receiver.
Shawl Tips

Shawl Tip: I have found that I want to continue praying for the recipients of my shawls after they are finished and sent on their way, so I save a small scrap of yarn and tie it onto an old knitting needle. Since I make each shawl (so far!) out of a different kind of yarn, this helps me remember each person. I keep the needle by my bed so I can use it to guide my meditations for them. I, like many of the other knitters here, really enjoy the Lion Brand Homespun yarn but am disappointed by the raveling that precludes a really attractive fringe. To avoid that, I have instead purchased 1/8” satin ribbon in the colors of the yarn (often a spool runs about $.50--it takes just over one spool to do one shawl) and used that to make fringe. I measure fingertip-to-elbow and then cut that in half. I pull it halfway through the shawl edge with a crochet hook and then tie the two sides together in a simple knot. If the yarn is variegated, I try to use several different colors of ribbon--otherwise I use about 4 lengths of just one color that coordinates. Susan B-G

Knitting Tip: When casting on: go up a size on the needle. This will give you a looser binding edge. For example: If you are using size: 11 needles for the body of your work - then cast on using size: 13 needles (for the first row only).

Knitting Tip: To give the outside edge of your shawl a more even and finished look: slip the first stitch of every row onto your needle (this means without adding a knit or purl). Continue knitting and purling to the end of the row. (Note: it is not necessary to add extra stitches to the pattern. Simply put - the first stitched that you slip off will become your "last" stitch on the next row. It is this "last" stitch that you need to be concerned with. Make sure that it receives either a 'knit' or 'purl' stitch - depending on the pattern.) Tip contributed by: Judith C.

Tassel Tip: "Instead of using a crochet hook, I use a latch hook for attaching tassels. I've long since used it for making rugs and it keeps the yarn secure as I pull it through the edge. Hope this is helpful to you." - Dot D.

Crochet Tip: "After reading over the directions (from the instruction page), I tried using a half double crochet stitch and I am very pleased with the results. The half double incorporated the trinity idea, using three loops per stitch. I share this with you because it makes a lovely shawl and is quite warm." - Jan T. Georgetown, SC

Shawl Care Instructions: "I made a card on the computer which includes the Symbolism, Prayer of Blessing for completed shawl, Prayer for Healing and "About the Shawls.." I clipped (the washing/care instructions from the yarn label) and attached the care instructions to the back of the card by covering them with Wide, Clear, Carton Sealing Tape. This way they are less likely to be misplaced or torn." - Gail in Boise, ID/Apache Junction, AZ

Knitting Tip: When teaching younger students to knit - Susan of Berlin, CT suggests using 'chopsticks' - "they are affordable and easy for them to use!"

Fringe Tip: "I love the Homespun but my fringe (even when knotted) seems to "melt" and lose form. I'm using 57 stitches with a garter stitch, and for the first AND last 3 or 4 inches I'm knitting the Homespun together with a coordinating or contrasting "Fun Fur" by Lion Brand. Then I don't use the fringe. This gives a very attractive edge on both ends, and makes a very tailored wrap. I'll probably knit the shawl for a little longer length to make up for the absence of fringe."

Row 1 (RS): K1, *K1 but do not drop st off left needle, bring yarn forward between needles to make the fringe (you may wind over a piece of cardboard for fringe of a uniform length), take yarn between needles to the back and K in the same st again, pass the first stitch over the second and drop it off the left needle*. Repeat *.* on remaining 60 sts, K1.

Shawl Tip: "If the person receiving the shawl has (or has had) breast cancer, we do the card in pink with a pink ribbon. You would be surprised at how people recognize the pink symbolism." Janice B. Wellsboro, PA

Pattern for Knitted in fringe: The fur stitch:

Row 1 (RS): K1, *K1 but do not drop st off left needle, bring yarn forward between needles to make the fringe (you may wind over a piece of cardboard for fringe of a uniform length), take yarn between needles to the back and K in the same st again, pass the first stitch over the second and drop it off the left needle*. Repeat *.* on remaining 60 sts, K1.

Tassel Tip: Elke from Red Lion, PA writes: "I, too, have found that the certain yarns fray terribly, as it has been reported by other knitters. Even knotting the ends didn't help too much. So I put on the tassels and then washed the whole shawl in the gentle cycle. I then put the shawl on towels and let it air-dry. By the time the shawl was almost dry, the tassels looked awful, as you can imagine, all frayed and tangled. I then took a wide-tooth comb and began to gently comb each tassel. After that, I took a little bit finer comb and repeated combing each tassel. Then I trimmed all the tassels to even out the ends. The result is an "evenly frayed" tassel that looks similar to a horse's tail. It looks pretty and eliminates the worry about how long before the tassel will fray."

What the pattern looks like: Occasionally, there seems to be some confusion over what the prayer 'shawl pattern' should look like. Here is a chart comparing the 'shawl' pattern to 'ribbing'. When making the Shawl Pattern remember to: Knit the Purls and Purl the Knits. Vicky

Key: Knits = v v v and Purls = - - -

Shawl Pattern:
Row 1: v v v - - - v v v
Row 2: - - - v v v - - -
Row 3: v v v - - - v v v

Ribbing Pattern:
Row 1: - - - v v v - - -
Row 2: - - - v v v - - -
Row 3: - - - v v v - - -

Fringe Tip: One of the ladies in my group at church came up with a great idea for fringe for the homespun yarn. To avoid all the fraying she took her knitted shawl and crocheted chained loops across the bottom of each end. She would single crochet in the shawl and then she would chain about 25 and then single crochet in the shawl again all the way across. She then blocked them to make them lie flat. It made a nice fringe without all the fraying. Karin