

Eucharistic Adoration Session

6:30

Welcome/Introduction

Show a baggie of ice (describe inside and outside) – will come back later;

6:35

Faith Activity

White Crayon on Paper/Watercolor

Write on board: Faith: Believe/Cannot See; Trust/May Not Understand

Examples: Angels, Heaven, God

6:45

Transubstantiation/Consecration

4 groups; show baggie of ice – outside same, inside different

Tran – sub – stan – tiation (give each table a part of the word)

Bread and wine still look same on outside, but inside is changed into the Body and Blood of Jesus.

Change happens during the Consecration. The Consecration takes place during Mass when priest says the Eucharistic Prayer; we are kneeling; priest says, “Take this, all of you and eat of it; for this is my body which will be given up for you.”

(We can teach you about transubstantiation and consecration, but it comes down to faith --- believing even though you cannot see it.)

Bread Activity

Groups of 8; split in half; split 4 in half; split 2 in half

(Each piece of bread is still entirely Jesus...no matter how small. We can teach you...but it comes down to faith.)

Pass around large host; why is it so large? what are the lines on the host?

7:00

Monstrance Painting

Monstrance means 'to show' – what are we showing?

Made of gold/jewels, elaborate decoration (give each table chance to see and touch the monstrance); Luna holds the body of Jesus and stays in the tabernacle until placed in monstrance for Eucharistic Adoration

Create paper monstrance: yellow paint/handprint; host glued in center

(<http://www.catholicicing.com/?s=Monstrance>)

7:20

Worksheet

Quiz in one side; prayer preparation for Eucharistic Adoration other side

7:25

Video Clip

The Eucharist for Little Children (16:15-17:30) – younger

https://www.youtube.com/watch?v=MbB98V_Zqcw (3 minutes) – older

7:30

Eucharistic Adoration

Pray in silence for those intentions; end with Our Father as a group