Recommended Catholic Books for the Divorced and Separated*
Archdiocese of Dubuque Marriage and Family Life Office

*Due to limitations in reviewing all the content found in these resources, the Archdiocese of Dubuque cannot fully endorse everything found in these materials. These are simply recommended as helpful resources.

Rebuilding After Divorce: Making Your House a Home Again – Rose Sweet

How to Understand and Petition for Your Decree of Nullity – Rose Sweet

A Woman's Guide to Healing the Heartbreak of Divorce – Rose Sweet

Healing the Divorced Heart: Devotions for Hope & Encouragement – Rose Sweet

The Divorced Catholic’s Guide to Parenting – Lynn Cassella-Kapusinski

A Road to Healing: Daily Reflections For Divorced Catholics – Lisa Duffy

Mending the Heart: A Catholic Annulment Companion – Lisa Duffy

The Catholic Guide to Dating After Divorce – Lisa Duffy

The Three Things Divorced Catholics Need to Know – Mary Lou Rosien

Catholic Prayer Book for the Separated and Divorced – Woodeene Bricker and David Dziena

For questions, contact Matt Selby, Director of Marriage and Family Life, at m.selby@dbqarch.org or 563-556-2580, ext. 233.