



A message to the faithful of the archdiocese from Archbishop Michael Jackels

23 March 23, 2020, 1:10 PM

Obligation to abstain from meat dispensed for March 27, April 3

Archbishop Jackels has dispensed the Catholic faithful in the Archdiocese of Dubuque from the obligation to abstain from meat on Friday, 27 March 2020 and on Friday, 3 April 2020.

This dispensation does not apply to Good Friday, 10 April 2020.

This dispensation is granted in view of the difficulty people might have in finding meal alternatives to meat, or to go out for grocery shopping.

The Fridays of Lent remain days of prayer and penance. Those who are able to abstain from meat, should do so. Those who aren't able to abstain, should perform some other act of penance.

An example of an alternative penance might be to bear up silently and with calm under the extra-ordinary strains and burdens of being cooped up at home.

Michael Jackels

Archbishop of Dubuque