

For those parishioners who are dispensed from the Sunday obligation and are homebound during this time of outbreak, Bishop Daly recommends that you make the following spiritual communion:

**My Jesus,
I believe that You
are present in the Most Holy Sacrament.
I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment
receive You sacramentally,
come at least spiritually into my heart.
I embrace You.
Amen.**