



St Frances Cabrini Lunch Menu

October
2020



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>ChooseMyPlate.gov</p>			<p>1 Chicken Nachos w/Cheese</p> <p>Mexican Brown Rice Spicy Pinto Beans Celery Sticks Fruit</p>	<p>2 Pizza Munchable</p> <p>Italian Tossed Salad Cucumber Slices Fruit</p>
<p>5 Yogurt Pak with Bagel</p> <p>Baby Carrots Celery Sticks Fruit</p>	<p>6 Crispy Chicken Sandwich</p> <p>Creamy Potato Salad Roasted Broccoli Fruit</p>	<p>7 Mini Corn Dogs</p> <p>Potato Wedges Baked Beans Fruit</p>	<p>8 NO SCHOOL</p>	<p>9 NO SCHOOL</p>
<p>12 French Toast Sticks Sliced Ham</p> <p>Breakfast Potatoes Fruit Goldfish Graham Crackers</p>	<p>13 Crispy Chicken Nuggets</p> <p>Rice Pilaf Green Beans Cherry Tomato Fruit</p>	<p>14 Hamburger on a Bun</p> <p>Potato Smiles Spring Mix Lettuce Fruit</p>	<p>15 Teriyaki Chicken Brown Rice</p> <p>Stir Fry Vegetable Colored Peppers Fortune Cookie Fruit</p>	<p>16 Pizza Dippers Marinara Sauce</p> <p>Garden Peas Romaine Lettuce Fruit</p>
<p>19 Beef Hotdog on a Bun</p> <p>Potato Smiles Broccoli Salad Fruit</p>	<p>20 Fiesta Taco Mac</p> <p>Corn Black Beans Tortilla Chips Fruit</p>	<p>21 Chicken Alfredo w/Pasta Garlic Toast</p> <p>California Blend Vegetable Romaine Mix Salad Fruit</p>	<p>22 Turkey Deli Sandwich</p> <p>Kettle Potato Chips Baby Carrots Coleslaw Fruit</p>	<p>23 Stuffed Crust Cheese Pizza</p> <p>Mixed Vegetables Cucumber Slices Fruit</p>
<p>26 Pancakes Sausage Patty</p> <p>Breakfast Potatoes Cherry Tomato Goldfish Graham Crackers Fruit</p>	<p>27 Crispy Chicken Nuggets</p> <p>Rice Pilaf Garden Peas Baby Carrots Fruit</p>	<p>28 Cheeseburger on Bun</p> <p>Potato Wedges Romaine Lettuce Pickle Slice Fruit</p>	<p>29 Beefy Nachos w/Cheese</p> <p>Refried Beans Corn Fruit</p>	<p>30 Mini Corn Dogs</p> <p>Baked Beans Broccoli Florets Kettle Potato Chips Fruit</p>

INFORMATION	Student	Free
	Adult/Visitor	\$4.15
	Milk	\$0.20

EXTRA INFO

Milk choice of 1%, skim and chocolate skim is included with lunch.
For questions or comments, please contact the school office.



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