
Updates on Close Contact Precautions & September Virtue - Circumspection - Sept 20, 2021

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To: Kristin Bayer <kbayer@wbparishes.org>



Saint Frances Cabrini School

*"At Saint Frances Cabrini School, our Mission is to **Serve** as Christ served, and be **formed** by the exceptional academic curriculum and the **Catholic Faith**."*

September 20, 2021

Close Contacts - Updated Precautions

Good Morning Families,

I have been working to clarify some different situations before I leave, and I have some updates on different close contact situations. Below are the procedures to follow for close contacts, both outside of school and in school.

I also want to take this time to remind everyone that when students are ill they should not be attending school. If you have been following the local newspaper, cases of RSV are on the rise for kiddos. This has caused the district's Head Start program to go into Phase 4 of their illness prevention plan, and caused daycares in the area to close, which includes our Early Learning Center as of this morning.

Moral of the story: continue to do symptom checks with your children before they come to school, as that will help stop/slow the spread of the various illnesses that will take place this school year.

Thank you for your vigilance.

- Mr. Waech

Close Contact in the Home

If the initial close contact is at home, families will determine if isolation is possible in their home. Here is what the CDC would recommend:

"Isolation is used to separate people infected with COVID-19 from those who are not infected. People who are in isolation should stay home until it's safe for them to be around others. At home, anyone sick or infected should separate from others, stay in a specific "sick room" or area, and use a separate bathroom (if available)."

"What to do:

- Monitor your symptoms. If you have an emergency warning sign (including trouble breathing), seek emergency medical care immediately.
- Stay in a separate room from other household members, if possible.
- Use a separate bathroom, if possible.
- Avoid contact with other members of the household and pets.
- Don't share personal household items, like cups, towels, and utensils.
- Wear a mask when around other people if able."

If possible, students can come to school while we monitor symptoms, just like we would for close contacts in school. Wearing a mask would be highly recommended at this stage.

If isolation is not attainable based on these recommendations, then the students quarantine at home and get tested on Day 6 to see if they have COVID. If negative, they can come back to school, but we will continue to monitor for symptoms. During this initial time, teachers will provide homework or missed work in paper form or sent via email, and no Virtual Option is given at this time.

If on Day 6, the student is tested and the student has tested positive for COVID, a 10-day quarantine now begins. In this case, the teacher, principal (or teacher in charge in Mr. Waech's absence) and family work together to find out what is the best approach for this student's learning during the quarantine.

Close Contact outside of School

- Notify the school.
- Observe student for symptoms.

- If no symptoms present themselves, the student is fine to be at school, but a mask would be highly recommended.
- If student presents symptoms, the student will be sent home or should be kept at home.
- You should contact your physician for next steps

Close Contact in School

- If a student tests positive for COVID, the class will remain in-person.
- Teachers and parents will monitor the rest of students for symptoms.
- A mask is highly recommended in this situation.
- If a child displays symptoms after a close contact, keep your child home and contact the school and your physician.

September Virtue - Circumspection

Here are some reminders, and some new thoughts, about this important virtue.

Remember from Last Week:

DEFINITION OF CIRCUMSPECTION:

Careful consideration of circumstances and consequences

CIRCUMSPECTION LOOKS LIKE:

- Asking for advice from an older, trusted person
- Praying before acting
- Thinking before acting
- Pausing to think

CIRCUMSPECTION SOUNDS LIKE:

- May I ask you for advice about something?
- Jesus, help me to do what you would do.
- Let me think about that.
- I should wait before I respond.
- Let me think about what I should do.

Some new thoughts about circumspection:

SCRIPTURE PERTAINING TO IT: Proverbs 20:19

A tale-bearer will reveal secrets;
so do not associate with a gossip.

Previous scriptures:

Acts 5:33-40

Luke 14:28-30

SAINT WHO LIVED IT: **Saint Edmund Campion**

Edmund was smart, successful, and popular when he gave up his career to become a priest. That was a risky thing to do. Queen Elizabeth had passed laws making it illegal to be a priest in England. He went to France to study for the priesthood. Once he was ordained, he snuck back into England disguised as a merchant. He said Masses in secret and administered the sacraments. Pamphlets were popular at the time and many of them attacked the Catholic faith, St. Edmund wrote one and called it Campion's Brag. Many people read it because it was encouraging and humorous. It helped the faithful know the truth of their faith and avoid the errors of their time.

Previous saints:

Saint Jane Frances de Chantal

Saint John Baptist de La Salle

PRAYER:

Dear Jesus,

My actions affect not just myself, but those around me. Today, please help me practice Circumspection, by: Thinking before I speak or act, and Seeking advice in order to make good decisions. Help me to act in the best way I can at every moment in the day. Amen

Saint Frances Cabrini School (K3 - 8th Grade)

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Sent by Kristin Bayer

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