
October Virtue - Patience #2 and Athletics Updates - October 11, 2021

SFC School <mail@flocknote.com>

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Reply-To: SFC School <13768541.m4c19g2i9ch1y0ejuzv0k3k26plsug0zg3ui4tf2dg4c12d7hf@reply.flocknote.com>

To: Kristin Bayer <kbayer@wbparishes.org>

**Saint Frances Cabrini School**

*"At Saint Frances Cabrini School, our Mission is to **Serve** as Christ served, and be **formed** by the exceptional academic curriculum and the **Catholic Faith**."*



October 11, 2021

Athletics Updates

Attention parents! We host 3 volleyball games this Saturday, Oct. 16th. They are afternoon games starting at 1:30, 2:30, and 3:30pm. If you are able to volunteer your time to help this host day run smoothly, please Sign-Up. We are in great need of scoreboard and scorekeeper volunteers!!!!

Next Saturday, Oct. 23rd, we also host 4 games in the morning. Games start at 8:30, 9:30, 10:30, and 11:30. Looks like we could use all the help possible for this day. Please get the word out and Sign- Up here. Any high school students who would like to earn service hours, I will gladly accept the help.

So far, our host days have been awesome. Teams have been playing great and you parents have helped where needed. Thank you! Keep up the Cabrini Pride! Go Knights!

October Virtue - Patience

This month, the children are learning about the virtue of **Patience**.

Here are some reminders, and some new thoughts, about this important virtue.

Remember from Last Week:

DEFINITION OF PATIENCE:

Bearing present difficulties calmly

PATIENCE LOOKS LIKE:

- Bearing your own difficulties
- Waiting in line for lunch
- Raising your hand and waiting calmly for the teacher to answer your question
- Raising your hand and waiting calmly for the teacher to call on you
- Waiting without complaining

PATIENCE SOUNDS LIKE:

- Jesus, I trust in You! I will not complain.
- I will wait my turn. I will not push or cut ahead in line.
- I will raise my hand and wait for my teacher to call on me.
- I will wait for my turn.
- I will wait for you.

Some New Thoughts about Patience:

SCRIPTURE PERTAINING TO IT: Acts 15:12-14

And all the assembly kept silence; and they listened to Barnabas and Paul as they described all the signs and wonders that God had worked through them among the Gentiles. After they finished speaking, James replied, "Brethren, listen to me. Simeon has related how God first visited the Gentiles, to take out of them a people for his name."

Previous: James 5:7-8

SAINT WHO LIVED IT: **St. Alphonsus Liguori**

Alphonsus was a young lawyer in Italy when he realized that there were not enough priests to preach to the poor. He became a priest and started an order to preach in poor cities and villages. He was very good at helping people with difficult decisions. He was a patient listener and wrote a book to help priests be good confessors and spiritual guides. Alphonsus suffered through many struggles. Heretics tried to mislead the people he was teaching, and even the priests in his order turned against him and forced him to resign. He never complained and was admired for his gentleness and patience.

Previous: **St. Gianna Molla**

PRAYER:

Dear Jesus,
You dealt with many difficult situations.
Please help me learn to not become impatient and interrupt, to wait my turn without complaining, and to not become upset when things don't go my way.
Send me Grace so that I may not lose my patience today. Amen

Saint Frances Cabrini School (K3 - 8th Grade)

Principal - Will Waech - wwaech@wbparishes.org

School Office - Cathy Fichtner - cfichtner@wbparishes.org

Communications - Kristin Bayer - kbayer@wbparishes.org

[529 Hawthorn Dr.](#)

[West Bend, WI 53095](#)

262-334-7142

www.saintfrancescabrini.com

Little Saints Early Learning Center (0-3 years)

Director - Andrea Morris amorris@wbparishes.org

[615 Hawthorn Drive](#)

West Bend, WI 53095

262-384-3210



Sent by Kristin Bayer

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