

**'SILENT MOMENTS WITH GOD'**

"Jesus went up the mountain to pray, and he spent the night in prayer to God."

Luke 6:12

Dear Parents and Families,

Partnering with parents and families is a key component of Catholic Education, and one that I hold in very high regard. To that end, we must remain transparent even when it is uncomfortable. In this light, there is some important information I need to share with you.

This letter is to inform you that an individual in the St. Mary Kindergarten has been diagnosed with COVID-19. Per our protocol, I have been in contact with the Diocese of Spokane and the Spokane Regional Health Department. This individual will be out of the classroom until it is deemed appropriate and safe for his/her return. We are confident the positive exposure occurred outside of the school. Anyone identified as a close contact of the positive individual(s) has been quarantined and already received a separate phone call and letter from me detailing their next steps. The Kindergarten will remain open based upon the quarantine of all known close contacts and appropriate building cleaning/disinfection being completed. Having a case of COVID-19 identified in your child's school does not require any restrictions with other household members unless your child is experiencing COVID-19 symptoms or has a positive COVID-19 test.

As you know, we work extremely hard to ensure that staff and students maintain social distance and wear masks in order to prevent spread here at school; however, even the most stringent protocols can't fully ensure protection from the COVID virus at school or at home.

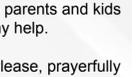
While there is a need for honesty and transparency, there is also an equally important need for privacy and respect for this individual and our community. Please honor this need for privacy. Of course, we will keep you updated (if it is necessary and appropriate) as more information becomes available.

If you have any questions regarding this situation or our COVID-19 response in general, please do not hesitate to contact the school. Thank you for trusting St. Mary School with your student/s and for being our partner in their education.

Blessings of good health,  
Ben Walker, Principal  
St. Mary Catholic School

## ALL THINGS FUN RUN & MORE!

We are approaching \$40,000 in donations! We are truly Blessed.



Third grade passed sixth grade with an average of \$237 per student raised. Sixth grade is just behind at \$230. Great effort to all the Families at St. Mary.

The pledges due date has been extended to November 16. Keep reaching for your goal.

Please email, or call for your totals. I can be reached at [turner@stmarysspokane.org](mailto:turner@stmarysspokane.org) or by phone at 924-4300, Ex. 206.

Thank you notes will be available at the end of November. I will provide the names of the donors who made pledges via mail or online. Please keep track of the people who gave in person, as I will not be able to provide that information.

153 students have met the goal of reaching \$100 in pledges. Great job to the parents and kids raising money during this difficult time. Please reach out to me if you need any help.

**Auction Planning:** I will soon be asking for auction committee volunteers. Please, prayerfully consider joining the fun and be open to changes coming due to Covid-19.

**Scrap:** We will be taking Scrip pre-orders beginning in mid-November for physical gift cards for the holiday season. Please be looking for information coming soon.

## Attention Parents:

Everyone seems to be settling in and getting used to our new drop-off/pick-up procedures this year, and it seems to be running very efficiently. **Parents/Guardians please remember to NOT get out of your car if at all possible.**

### REMEMBER YOUR MASK!



If there are small children that need assistance getting in or out of or any reason you feel it necessary to get out of your car, **make sure you are wearing a mask at that time.** Thank you all for your cooperation and understanding.

## EduCare:

Please let the office know if the need for your child to go to EduCare arises during the day so we can staff appropriately. We have to keep classroom cohorts separated in EduCare, and even the addition of just 1 or 2 extra students at the last minute that weren't expected creates very difficult situations for EduCare. Also, please let the office know if your child's regular EduCare schedule changes so we can staff accordingly.

## Snow!

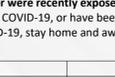
We go outside for recess every day unless it is raining/snowing heavily or below 20 degrees (factoring in windchill). Make sure to send your student to school with a bag containing the proper outerwear and boots for outdoor recess in the snow. Regular shoes must be worn indoor.

PK-4th: waterproof snow pants and boots are required to leave the blacktop at recess.  
5th-8th: waterproof snow boots are required to leave the blacktop, snow pants highly recommended.

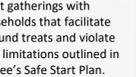
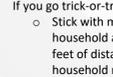
School track jackets and sweatshirts are no longer warm enough to wear outdoors alone. Make sure to send your child with their (dry) winter jacket, hat and gloves/mittens every day.



*We are pleased to announce that in the event of school being cancelled due to weather, we will be able to conduct classes remotely (K-8) to help avoid having to extend our school year into the summer.*



**Come join us tonight, Friday, Oct. 30th, 4:30-5:30pm for a Trick-or-Treat drive through parade! Decorate cars, wear costumes and drive through along the front of the school while staff passes out Candy!**



## Tips for a Safer Halloween

Many of the traditional ways in which we celebrate Halloween involve contact with non-household members in large group settings. This year, it is important to plan early and identify safer alternatives to reduce the risk of spreading COVID-19. The Department of Health is offering the following considerations to help protect individuals and communities.

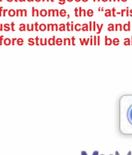
### General Considerations

Regardless of how you choose to celebrate Halloween, it is important to keep the following in mind:

- Wear a cloth face covering.** Make sure the face covering fits snugly over your nose and mouth.
- Avoid confined spaces.** Outdoor activities are safer than indoor activities. If participating in an outdoor event is not possible, and you choose to attend an indoor event, avoid crowded, poorly ventilated, and fully enclosed indoor spaces. Increase ventilation by opening windows and doors to the extent that is safe and feasible based on the weather.
- Avoid close contact with people outside of your household.** Stay at least 6 feet away from all other people who are not part of your own household.
- Wash or sanitize your hands often.** Use soap and water for at least 20 seconds, especially after you have been in a public place, or after blowing your nose, coughing, or sneezing. If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol.
- Stay home if you are sick or were recently exposed to someone with COVID-19.** If you are sick, have symptoms of COVID-19, or have been in contact with someone who has been diagnosed with COVID-19, stay home and away from others.

Recommended	Discouraged
<ul style="list-style-type: none"> <li>Have a scavenger hunt at home. Dress up and hide candy or other treats throughout the house or around the yard.</li> <li>Host an online costume or pumpkin carving contest.</li> <li>Have a Halloween movie marathon with household members.</li> </ul>	<ul style="list-style-type: none"> <li>Halloween gatherings, events, or parties with non-household members that violate the gathering limitations outlined in Governor Insee's Safe Start Plan. Learn more about the <a href="#">gathering limits</a> for each phase.</li> <li>Traditional trick or treating (handing candy to kids who knock on your door) and large groups of trick-or-treaters.</li> </ul>

<ul style="list-style-type: none"> <li>If you go trick-or-treating:                             <ul style="list-style-type: none"> <li>Stick with members of your household and keep at least 6 feet of distance from any non-household members.</li> <li>Wear a cloth face covering or mask if older than age 2. Make sure the mask is snug around your nose and mouth and does not have holes. A plastic costume mask is not a substitute for a cloth face covering.</li> <li>Wash your hands before and after trick-or-treating.</li> <li>Bring plenty of hand sanitizer.</li> </ul> </li> <li>If you give out treats:                             <ul style="list-style-type: none"> <li>Limit candy to individually wrapped treat bags. This reduces the number of people who would typically touch items in a communal bowl.</li> <li>If possible, place treats on a table in your driveway or yard to avoid crowds at your front door. To see trick-or-treaters, sit in a chair in your driveway, garage, yard, or porch and maintain at least 6 feet of distance from the treat table.</li> <li>Place a few mini pumpkins or other decorations 6 feet apart to signal a line and keep trick-or-treaters distanced while waiting for treats.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Trunk-or-treat gatherings with multiple households that facilitate crowding around treats and violate the gathering limitations outlined in Governor Insee's Safe Start Plan.</li> <li>Indoor haunted houses are not permitted. Haunted houses must be designed as a no-touch outdoor activity with a one-way path. See Governor Insee's Phase 2 and 3 <a href="#">agritourism requirements</a>.</li> <li>Indoor trick-or-treating activities, such as those organized in malls or similar venues.</li> </ul>
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## More COVID-19 Information and Resources

Stay up-to-date on the [current COVID-19 situation in Washington](#), [Governor Insee's proclamations, symptoms, how it spreads, and how and when people should get tested](#). See our [Frequently Asked Questions](#) for more information.

A person's race/ethnicity or nationality does not, itself, put them at greater risk of COVID-19. However, data are revealing that communities of color are being disproportionately impacted by COVID-19- this is due to the effects of racism, and in particular, structural racism, that leaves some groups with fewer opportunities to protect themselves and their communities. [Stigma will not help to fight the illness](#). Share accurate information with others to keep rumors and misinformation from spreading.

- [WA State Department of Health 2019 Coronavirus Outbreak \(COVID-19\)](#)
- [WA State Coronavirus Response \(COVID-19\)](#)
- [Find Your Local Health Department or District](#)
- [CDC Coronavirus \(COVID-19\)](#)
- [Stigma Reduction Resources](#)

**Have more questions about COVID-19?** Call our hotline: **1-800-525-0127**, Monday – Friday, 6 a.m. to 10 p.m., Weekends: 8 a.m. to 6 p.m. For interpretative services, **press #** when they answer and **say your language**. For questions about your own health, COVID-19 testing, or testing results, please contact a health care provider.

## INDIVIDUAL PICTURE DAY



Individual picture day will be delayed until Spring 2021, exact date TBD. Without all of our students on campus it made sense to delay until later in the school year.

## SYCAMORE

Mid-quarter grades are now posted on Grades.com for 4-8th grades. Make sure to look at Sycamore assignment status on the [sycamoreeducation.com](https://www.sycamoreeducation.com) website and not the app. Grades are not pushing over to the app this year as nicely as in past years due to syncing with Google Classroom.

Hover over student's picture and choose "Grades" from drop-down menu. Click on the box that the letter grade is in to see assignments. Click on the assignment name to see details about each one.

Please contact the office with any questions.

## MY MED BOT

**It's very important to the community as a whole to report health screenings each school day for in-person students.**

If you have not signed up for the MyMedBot app yet please contact the office to have an invite emailed to you.

**If a student goes home from school ill or is called in ill from home, the "at-risk" red screen procedures must automatically and immediately be followed before student will be allowed back in school.**



MyMedBot

## RETURN TO SCHOOL/CHILDCARE/WORK GUIDANCE FOLLOWING A POSITIVE SYMPTOM SCREEN FOR COVID-19 AND NO EXPOSURE

This guidance can be used by schools, childcare and parents when the COVID-19 rate in the community is MODERATE — HIGH (>25 cases/100,000 population over 14 days) and applies to persons with:

- One or more new, unexplained symptom with COVID-19, AND
- No known COVID-19 exposure in prior 14 days

Does the person have:

- Any class A symptom of any duration, or
- Two or more class B symptoms of any duration, or
- One or more class B symptom(s) lasting > 24 hours,

Person must isolate for 10 days after symptom onset unless:

- Person receives a negative PCR COVID test.
- Healthcare provider provides documentation of alternative diagnosis that explains all symptoms without performing a COVID test.

Does the person have:

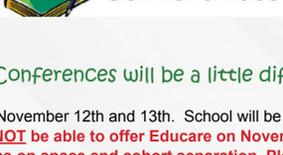
- One class B symptom lasting less than < 24 hours in duration

Person must remain isolated for at least 24 hours. Evaluation and COVID test could be considered but is not necessary if symptoms resolve. If class B symptom resolves within 24 hours, person can return without healthcare provider evaluation or testing. If class B symptom lasts > 24 hours and/or more symptoms develop, follow algorithm to the left.

Symptoms consistent with COVID-19	
Class A Symptoms	Class B Symptoms
<ul style="list-style-type: none"> <li><b>Fever (defined as subjective or 100.4°F or higher)</b></li> <li><b>Cough</b></li> <li><b>Loss of sense of taste and/or smell</b></li> <li><b>Shortness of breath</b></li> </ul>	<ul style="list-style-type: none"> <li><b>Fatigue</b></li> <li><b>Headache</b></li> <li><b>Muscle or body aches</b></li> <li><b>Sore throat</b></li> <li><b>Congestion or runny nose</b></li> <li><b>Nausea or vomiting</b></li> <li><b>Diarrhea (defined as two or more loose stools in 24 hours)</b></li> </ul>

<sup>1</sup> Examples of alternative diagnosis made by healthcare provider include childhood rash illness, acute otitis media, or a lab confirmed diagnosis such as strep throat or non-COVID-19 viral pathogen. If testing for other viral pathogens, strongly recommend testing for COVID-19 as well.

10.20.20



Parent/Teacher Conferences will be a little different this year...

Conferences will be held on November 12th and 13th. School will be dismissed at 11:00 AM on both of those days. **We will NOT be able to offer Educare on November 11th, 12th or 13th at all due to COVID-19 restrictions on space and cohort separation. Please make accommodations to pick up your students at 11:00 on 11/12 & 11/13. There is NO school and NO Educare on Veterans Day, 11/11.**

Conferences will be **optional** or by teacher request this fall. If signing up for a conference you will need to let us know if you prefer in-person or remote conference using this Google link survey: <https://forms.gle/CCsF9Panh5cmG2rE9>

Teachers will contact you to confirm your appointment and will send out a Google meet link if remote is requested by parent or preferred by teacher.

Conference times will be available on both of those afternoons/evening. You will be able to sign up for your conference time on the Sycamore system under My School - P/T Conference. If you haven't used Sycamore yet, or have forgotten how to log on, please contact the office for help.

• We **do not** schedule separate conferences for students who are separated or divorced. It is our philosophy that it is much more beneficial to the student to communicate with both sets of parents about their child at the same time.

• Teachers in grades two through eight will be sharing results from the MAP assessments that were just completed.

• PreK families participate in conferences too.

• If you have a child in junior high, your conference will be scheduled with the homeroom teacher.

• It is important to be **on-time** to your conference and respect the time limit of your conference so teachers can stay on schedule. If you need more time, you are welcome to schedule a meeting with the teacher for another day/time.



[www.sycamoreeducation.com](https://www.sycamoreeducation.com)  
St. Mary's School Code: **2403**

### FAQs:

#### Where is the parent directory?

**Front Desk - Family Directory** - Choose Letter of the Last Name you are looking for (If a family chose to not be included in directory during registration time they will not be visible to other parents)

#### Where is the a class directory?

**Front Desk - Family Directory** - Choose the first initial of the last name of the family you are looking for. --OR--

**My Family - Volunteer** - Click Student Code - Grades - Click Class (ie: 1st Grade) *\*Must allow pop-ups from Sycamore for this option to work, see note about System Help - Welcome Aboard below for details\** --OR--

**Hover cursor over student picture - Choose Grades - Click Class (ie: 1st Grade)** *\*Must allow pop-ups from Sycamore for this option to work, see note about System Help - Welcome Aboard below for details\**

#### How do I check my child's lunch account?

**My Accounting - Cafeteria - Account**

#### How do I make an online payment to my child's lunch or childcare (Educare) account?

On the Sycamore homepage - scroll down to almost bottom of page - right-hand side find: **Payments** - click on **Cafeteria** link or **Childcare** link and make a payment

#### How do I make an online payment for my child's tuition?

**My Accounting - Summary - Invoices** - (All the way over to the right of the screen) Click on the "P" (Paypal icon) and make a payment. **To just view/print an invoice pdf, click on the invoice # (all the way to the left on the screen)**

#### How do I log my volunteer hours?

**My School - Service Logs - New Log** (blue button top right-hand side of screen) Choose Your Opportunity and enter date, time, hours served, and please add detailed notes of the volunteering you did and click **Submit**

#### How do I find Volunteering Opportunities?

Keep an eye out in The Bell or contact Terri Matsch in the Advancement Office: [tmatsch@stmarysspokane.org](mailto:tmatsch@stmarysspokane.org)

#### How do I find my child's Profile, Grades, Documents, Schedule, Attendance?

Hover your cursor arrow over your child's picture located on the top right side of the homepage and choose from the menu that appears.

#### Why am I seeing a blank page when trying to set up conferences or register?

Your computer's settings are not configured to accept pop-ups from Sycamore. Please click on **System Help - Welcome Aboard** and follow the instructions for the internet browser you use to configure your settings.

#### HELP! I need to make a payment online quickly and can't find the right spot on Sycamore!

Click on the Cafeteria or Childcare payment link (bottom right side of Sycamore homepage-after logging in) to make a payment for anything using a debit/credit card just make sure to put in **detailed** notes about what the payment is for (if it's not for Cafeteria or Childcare) and mention the **child's full name**.

#### Having trouble logging in or forgot your username or password?

Contact Chelsea Weiler: [cweiler@stmarysspokane.org](mailto:cweiler@stmarysspokane.org) or (509) 924-4300 x200

### Teacher Contact Info:

Pre-K-3, Mrs. Shaurette Ext 207  
[ishaurette@stmarysspokane.org](mailto:ishaurette@stmarysspokane.org)

Pre-K-4, Ms. Lunsford Ext 210  
[elunsford@stmarysspokane.org](mailto:elunsford@stmarysspokane.org)

TK, Mrs. Taglock Ext 212  
[ctaglock@stmarysspokane.org](mailto:ctaglock@stmarysspokane.org)

K, Mrs. Urbaniak Ext 217  
[murbaniak@stmarysspokane.org](mailto:murbaniak@stmarysspokane.org)

1st, Mrs. Cliff Ext 218  
[bcliff@stmarysspokane.org](mailto:bcliff@stmarysspokane.org)

2nd, Mrs. Pearson Ext 219  
[spearson@stmarysspokane.org](mailto:spearson@stmarysspokane.org)

3rd, Mrs. Gant Ext 220  
[cgant@stmarysspokane.org](mailto:cgant@stmarysspokane.org) (until Dec. 2020 when Mrs. Rapp returns from leave)

4th, Mrs. McNitt Ext 216  
[amcnitt@stmarysspokane.org](mailto:amcnitt@stmarysspokane.org)

5th, Mrs. Lonergan Ext 221  
[slonergan@stmarysspokane.org](mailto:slonergan@stmarysspokane.org)

6th, Mr. Kennar Ext 222  
[pkennar@stmarysspokane.org](mailto:pkennar@stmarysspokane.org)

7th, Mrs. Schmidkofer Ext 223  
[bschmidkofer@stmarysspokane.org](mailto:bschmidkofer@stmarysspokane.org)

8th, Mr. Schultz Ext 224  
[kschultz@stmarysspokane.org](mailto:kschultz@stmarysspokane.org)

Science, Mr. Hull Ext 208  
[bhull@stmarysspokane.org](mailto:bhull@stmarysspokane.org)

PE/Sports, Ms. Lafferty Ext 301  
[llafferty@stmarysspokane.org](mailto:llafferty@stmarysspokane.org)

Music/Library/Tech Support  
Mrs. Kristen Nauditt Ext. 212  
[knauditt@stmarysspokane.org](mailto:knauditt@stmarysspokane.org)

### Staff Members:

Principal, Mr. Walker Ext 202  
[bwalker@stmarysspokane.org](mailto:bwalker@stmarysspokane.org)

Vice Pr. & Mr. Schultz Ext 203  
[kschultz@stmarysspokane.org](mailto:kschultz@stmarysspokane.org)

Admin. Asst., Mrs. Weiler Ext 200  
[cweiler@stmarysspokane.org](mailto:cweiler@stmarysspokane.org)

Adv. Director Mr. Turner Ext 206  
[turner@stmarysspokane.org](mailto:turner@stmarysspokane.org)

Office Mgr/Book Keeping,  
Mrs. Greany Ext 204  
[sgreany@stmarysspokane.org](mailto:sgreany@stmarysspokane.org)

ELC/Educare Director  
Mrs. Olsen Ext 209  
[kolsen@stmarysspokane.org](mailto:kolsen@stmarysspokane.org)

*Mission Statement:* St. Mary's Catholic School is a parish ministry that actively assists families by fostering education while providing Catholic formation within a strong academic program.