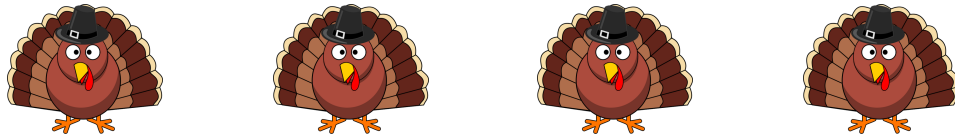


19th Annual Sacred Hearts School Turkey Walk



Thanksgiving day, November 26th is the day for our 19th annual Sacred Hearts School Turkey Walk. The purpose of the walk is to promote health and fitness along with family togetherness.

The participants in the walk must WALK for a minimum of 20 minutes on Thanksgiving Day.

Students will earn a turkey charm for walking. (Animals are welcome to walk but are not included in the count but indicate and receive a special charm.) Send a picture to tina.muller@shjms.org or post a picture on Ms. Muller's PE facebook page and receive another charm.

If you have more than one child, each child may count everyone that walks with him/her.

Teachers are also encouraged to walk to earn charms for their class. Any class has 100% participation will be awarded a bonus charm.

Please fill out the Google form to get credit for walking by Thursday, December 3, 2020.

Take time to get out after that Thanksgiving dinner and walk off some of those calories and have some family fun!!

Our good health is something to be very thankful for!!

