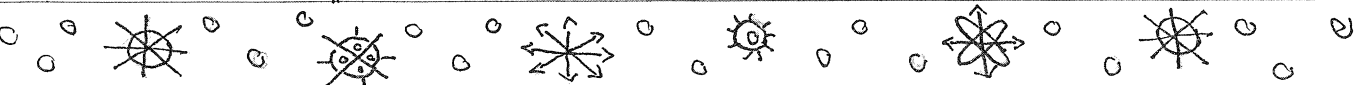


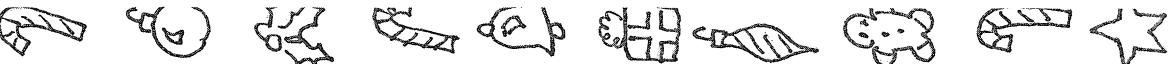
25 Ways to Spread Joy this Advent Season


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>5 - Helping Hand</p> <p>Lend a helping hand to someone without being asked</p>	<p>6 - Thank a Lunch Person</p> <p>Tell someone who works in the lunchroom "Thank you" for helping you each day</p>	<p>7 - Collect Food</p> <p>Gather five food items from your pantry to donate to the Sun Prairie Fire Department or Police Department</p>	<p>8 - Bake Goodies</p> <p>Bake cookies and deliver them to the Sun Prairie Fire Department or Police Department</p>	<p>9 - Write a Thank You</p> <p>Tell your teacher how much you appreciate them by writing them a "thank you" note</p>	<p>10 - Give Coloring Books & Crayons</p> <p>Buy coloring books and crayons and give to a local hospital or shelter for kids</p>	<p>11 - Leave Quarters</p> <p>Leave quarters near a vending machine for someone to find to buy a treat</p>
<p>12 - Kids Choice</p> <p>Leave it up to the kids to find a way to spread joy today!</p>	<p>13 - Thank a Custodian</p> <p>Tell your custodian how much you appreciate walking into a clean school each and every day</p>	<p>14 - Ring Bells</p> <p>Sign up for a shift of ringing bells for the Salvation Army</p>	<p>15 - Make Breakfast</p> <p>Spend time with someone in your family by making breakfast together</p>	<p>16 - Spread Christmas Cheer</p> <p>Give neighbors candy canes or homemade Christmas cookies</p>	<p>17 - Do Something Kind</p> <p>Pick up five items around the house that are NOT yours</p>	<p>18 - Pay it Forward</p> <p>Pay for someone's coffee or hot cocoa purchase at a local coffee shop</p>
<p>19 - Give Diapers</p> <p>Purchase a pack of diapers to donate to the local food pantry, Shelter from the Storm</p>	<p>20 - Thank a Bus Driver</p> <p>Tell your bus driver how much you appreciate how much he/she for getting you to school safely every day</p>	<p>21 - Gift Wrap Station</p> <p>Offer to help Mom or Dad wrap Christmas presents for other family members</p>	<p>22 - Snow Fun</p> <p>Offer to shovel snow for a neighbor who cannot or make them a snowman in their yard to enjoy!</p>	<p>23 - Say Something Kind</p> <p>Tell someone in your family three things you like about them</p>	<p>24 - Make a Craft</p> <p>Make someone in your family a homemade Christmas craft to be unwrapped on Christmas Day</p>	<p>25 - Thank Your Clergy</p> <p>Tell those who work in your church "thank you" for all they do for you</p>
26	27	28	29	30	31	





Sights & Sounds of the Season



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5 E is for Egnog	6 F is for Family and Friends	7 G is for Gifts 	8 H is for Holiday	9 I is for Inn	10 J is for Joy	11 K is for Kris Kringle
12 L is for Love	13 M is for Mary	14 N is for Night	15 O is for Old	16 P is for Peek	17 Q is for Quiet	18 R is for Reindeer
19 S is for Star	20 T is for Tree	21 U is for Underwear	22 V is for Voice	23 W is for Wreath	24 X is for Xmas	25 Y is for Yes and Z is for Zoom
26	27	28	29	30	31	

