

**Our Lady of Good Counsel GIFT Ministry – Confirmation Preparation  
Self-Directed Retreat Resources – Choose one of the following options**

- **Puzzle Retreat:** <https://goodgroundpress.com/faith/retreats/life-is-a-puzzle/>  
Submit responses to the questions asked in the retreat.
- **Psalms 139 Retreat:** <https://goodgroundpress.com/faith/retreats/psalm-139/you-have-searched-me-and-you-know-me/> Submit responses to the questions asked in the retreat.
- **Pandemic Retreat:** <https://spark.adobe.com/page/HYFrtgRBpJtcv/> Submit responses to the questions asked in the retreat.
- **Art Retreat:** Watch this short video and use any kind of art materials to create a response to the following: <https://www.youtube.com/watch?v=ub3WZBKebVQ>
  1. Imagine the unimaginable. Create a painting, drawing, collage or other illustration of what you think of when you hear the phrase “imagine the unimaginable”.
  2. Prayer without words. Illustrate a prayer *without* using any words.
  3. Created by God: Create a self-portrait in any format. You can use words for this project. Think of your portrait as an icon or abstract work if you like.
  4. Spend at least 20 minutes on each project. Submit a photo of each project, and include a thoughtful paragraph for each one describing your work and how you arrived at your design.
- **Sacred Space Retreat:** <https://www.sacredspace.ie/covid-19-isolation-retreat>  
Choose at least 3 of the “days” of this 14-day retreat. Submit your answers to the Reflection Questions for each of the days you chose.
- **YouCat App:** download the YouCat app, which has a daily Bible reading, connection to the Youth Catechism, and Inspiration point. Use the app for at least 5 days, and submit a reflection on one of the three parts (Bible, YouCat, Inspiration) for each day.

**All self-directed retreat experiences are due the weekend after the in-person retreat is held.**

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