

CONGRATULATIONS!!!!

Your child is getting ready to receive their
FIRST HOLY COMMUNION!!!!!!

To help your child get ready for the big day when they will receive Jesus at the altar, here are some activities for your family to enjoy together:

ONLINE VIDEOS:

[How are the Hosts Made?](#)

This is an older video of how the hosts are made that we use for Communion by a wonderful group of religious sisters in Kentucky. It also talks about the importance of First Communion, and the Real Presence of Jesus in the Eucharist. 9 mins.

[Basic Catholic Prayers](#)

Good video review of basic Catholic prayers with the words on the screen. 4.5 mins.

[Understanding the Mass](#)

These videos, from "Breaking in the Habit" are for parents to get a better understanding of the Mass. Choose one, or all of them, watch them and then have a discussion with your child. 5-11 mins each.

WEBSITES AND PRINTABLES:

[Prayer resource for the night before](#)

A wonderful prayer to use as a family the night before or day of First Communion.

[Getting ready for the Big Day](#)

Ideas to help your child get ready for the Big Day!