## **Sponsor Information**

## **Description:**

The most important role of the Confirmation Sponsor is to walk with you and guide you as you prepare to receive the fullness of the Holy Spirit, in this Sacrament of Initiation. Your Confirmation Sponsor is like a spiritual coach or mentor, affirming your strengths and suggesting ways you can grow and become better in the practice of Faith.

When choosing a Confirmation Sponsor, take your time to reflect on the important people in your life. Here are some suggestions to help you, as you make your choice:

- Think about the qualities you want your Sponsor to have
- Think about people who are good examples for you
- Ask yourself if one of your godparents would be a good Sponsor
- Talk with your parents and other family members about who would be a good choice.
- The Sponsor must be at least 16 years old, and CANNOT be your parent
- The Sponsor must be a practicing Catholic and have already received Baptism, Eucharist, and Confirmation
- Pray to the Holy Spirit
- Talk with your Sponsor and explain why you chose him or her, remember to share with them their responsibility

## Role:

The Sponsor represents the support and prayers of the entire Church. They will be the Candidate's "spiritual friend" during the Confirmation Process and afterwards. In this program, the following is asked of the sponsor:

- 1. Attend Mass, receiving the Eucharist and participating in other Sacraments on a regular basis.
- 2. Accompany the Candidate for combined Confirmation and Sponsor formation sessions.
- 3. Spend time getting to know their Candidate, possibly taking them out to dinner or lunch, or inviting them over to your home, discussing and listening to the Candidate's spirituality.
- 4. Sponsors need to attend the Confirmation Rehearsal.
- 5. Sponsors need to attend the Rite of Confirmation Liturgy
- 6. To meet with their Candidate regularly throughout this year of preparation and discuss in greater detail the topics addressed in the preparation sessions.
- 7. Share their faith story with their candidate.
- 8. Pray for and with the Candidate.
- 9. If the Sponsor cannot attend a "combined Session", then a proxy will be found, (for example, a parent).

## **Sponsor Contact Information:** Name: Candidate's Name: City \_\_\_\_\_ Zip \_\_\_\_ Address: Birth date\_\_\_\_\_ Relationship to Candidate: Sponsor's Parish: Pastor at Sponsor's Parish: Separated Divorced Widowed Marital Status: Single Married If Married: Where were you married? Name of Church married in: Year & Place of Sponsor's Confirmation: Explain your relationship with this person: **Sponsor's Agreement:** I agree to serve as a Sponsor for this Confirmation Candidate. I understand my role as described on the Sponsor Information sheet, which I have received from the Candidate and read. I agree to attend the required Sessions with my Candidate, unless not possible due to distance or conflict- in which case a family member proxy will stand in my place. I agree to cultivate a relationship with my Candidate during this year of preparation for the Confirmation and to serve as a spiritual support during this important time in their life, as well in the years to come.



Date:

Signature: