# "h" is for honey horse

DATE: September 30 – October 4

THEME OF WEEK: "HAPPY AND HARMONIOUS CHILDREN" SPECIAL LITERATURE: THE VERY HUNGRY CATERPILLAR

LITERACY -	"H" I	IS	FOR	HON	IEY	HOF	RSE

**Day 1:** Practice alphabet from "a-h" using zoophonics cards

Day 2: Complete honey horses "dot-to-dot"

Day 3: Discover and discuss opposites (high/low, hot/cold, hard/soft, his/hers, hello/aoodbye)

Day 4: Complete honey horse's alliteration page

Day 5: Practice alphabet from "a-h" using zoophonics cards

**Small Group:**Zoophonics bingo

## **MATH - #8**

**Day 1:** Practice honey horses math rhyme "honey runs to the gate, count her steps, they are 8!"

**Day 2:** On a piece of paper, glue 8 small honey horse Animal Picture Letters with the rhyme and number 8

Day 3: Play hopscotch. Teach children the rules. (draw hopscotch outside with chalk) **Day 4**: <u>H</u>eart activity number recognition

**Day 5**: <u>H</u>eart matching number puzzle

### PSYCHO-MOTOR (PRACTICE ACTIVITIES STARTING WITH LETTER H)

**Day 1**: Walk, trot, and gallop like <u>h</u>orses out in the playground today.

**Day 2:** Do the <u>H</u>okey Pokey. Do the Bunny Hop. Put on some fun, rhythmic music and do the <u>Hip Hop</u> Day 3: Play hot potato using an object beginning with the letter h.

**Day 4:** Exercise with <u>hula-hoops</u>. Either swing them on <u>hips</u>, <u>hands</u>, feet, or neck, or lay them down, side by side, and let children <u>hop</u> from one to the other.

Day 5: "Zoorobics"

#### MUSIC AND RHYTHM

All week: During this 8th week we will practice the Zoophonics signals by singing "Come meet us at the Zoo" (zoophonics CD)

- Look at pictures of and listen to the sounds of a harmonics and a harp.
- Learn a half note (remind the class about a whole note)

#### SOCIAL STUDIES AND SOCIAL COMMUNICATION

Day 1: Learn how to give a strong handshake. A strong handshake tells people you are confident, friendly and honest\*. **Day 2:** What does it mean to be a <u>h</u>ero or <u>h</u>eroine? Discuss. You can do small things <u>h</u>eroically also.

**Day 3:** Learn about these magic words: <u>help - helpful</u> - <u>helpers - helping</u>. Form a group called "Little <u>Helping</u> Hands." What can your children do to help others?

**Day 4:** Locate these cities, states and countries on the atlas, map or globe: <u>H</u>awaii, <u>H</u>avana, <u>H</u>onduras, <u>H</u>olland, <u>H</u>ong Kong, etc

Day 5: Using a calendar, learn about the various American holidays: (focus on the major ones we celebrate)

#### SCIENCE - FOCUS ON THINGS THAT START WITH "H"

**Day 1:** Show honey horses Nature Wall Card. Describe where she lives. **Day 2:** honey horse is <u>herbivorous.</u> What other Zoo-phonics animals are <u>herbivores?</u> Make a graph!

**Day 3**: Experience a "live" horse in person!

Day 4: Have everyone place their right hands on their hearts. Can children feel their heartbeat? Feel the rhythm. Discuss what a heartbeat is.

**Day 5**: Look at the <u>h</u>orizon. It is where the sky and land meet, or the sky and the sea meet.

# ARTS AND CRAFTS - ACTIVITIES BEGINNING WITH "H"

**Day 1:** Have children trace their hands. They can create all sorts of fun and silly things from them (animals, trees, monsters, aliens from outer space, flowers, etc.)

Day 2: Happy face activity! Add the facial features and then color them. Sing "If you're happy and you know it" Day 3: Hand painting!

**Day 4:** Learn how to make "handprints" in play-doh

Day 5: Practice cutting out hands. (Have each child trace their hands and cut them out.)

#### **SENSORY AND DRAMA**

#### Throughout week:

- We will have a LIVE Horse coming to visit on Wednesday morning, October 2!
- FRIDAY is HAT Day! Wear your favorite hat to celebrate learning the letter H for honey horse!