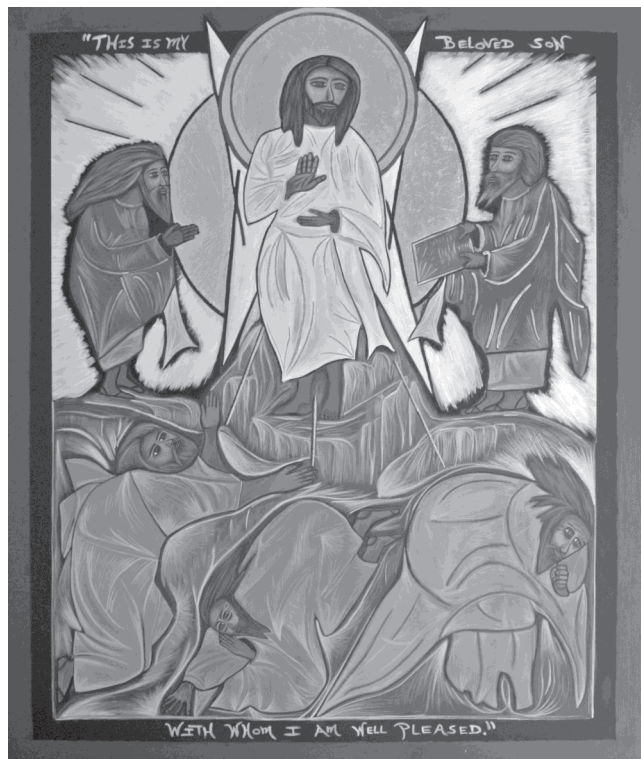


# Transfiguration Parish



## MISSION STATEMENT

We are a Catholic community united by love, illuminated by the Transfiguration of our Lord Jesus Christ. We gather as a People of God seeking unity through the Holy Spirit to Worship through the Sacred Liturgy, Prayer and Sacraments, and to proclaim the Christian message which promotes Justice, Reconciliation and Service through Evangelization, Faith Formation and Discipleship.

## LITURGICAL SCHEDULE

	Schaghticoke	Speigletown
Saturday:		4:30 p.m.
Sunday:	8:30 a.m.	10:15 a.m.
Communion Service:	Tuesday 9:00 a.m.	Thursday 9:00 a.m.

## SACRAMENTAL CELEBRATIONS

**Sacrament of Reconciliation:** By Appointment  
**Sacrament of Baptism:** Usually first Sunday of the month. Please call the church office to make arrangements.  
**Sacrament of Marriage:** Couples should call the church office at least 6 months in advance of the wedding date. A marriage preparation program is required for all couples. Please call the church office to make arrangements.

**50 Hillview Drive  
Speigletown, Troy, NY 12182**

**Administrative Offices**

Office Hours: Monday thru Thursday - 9:00 a.m. - 2:00 p.m.  
Closed Friday - During June, July and August  
Phone: 518-235-0337 Fax: 518-235-8726

**17 South Main Street  
Schaghticoke, NY 12154**

Office Hours: Monday and Thursday, 9:30 a.m. - 2:00 p.m.  
Friday - Closed  
Phone: 518-753-4554 Fax: 518-753-0456

**Deacon Chris Keough** - Parish Life Director  
Deacon\_Chris@transfigurationparish.net

**Fr. Dominic Ingemie** - Assisting Priest  
dingemie1@nycap.rr.com

## EMAIL CONTACTS

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**Parish Nursing and Pastoral Care:**  
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**Special Activities and Fundraising:**  
E.DeBonis@transfigurationparish.net

*From the Desk of Deacon Chris....*

**ARE YOU A DYNAMIC CATHOLIC?**

I am reading an excellent book that was written by Matthew Kelly. The book is titled, "THE FOUR SIGNS OF A DYNAMIC CATHOLIC." The book was introduced to me by one of our parishioners who serves on our Evangelization Team and the Pastoral Council. The Evangelization Team is actually passing the book around among our members so everyone on the team can read it.

One of the things I really like about books by Matthew Kelly is that they are easy to read, and still contain a wealth of valuable information to reflect upon. In this book Kelly writes about what he calls, "Dynamic Catholics," those Catholics who are most fully engaged and active in their faith, and in their parishes. According to Kelly's research, Dynamic Catholics make up approximately seven percent of all Catholics, and Kelly asks the question about how wonderful the Catholic Church and the world would be if the other ninety-three percent were fully engaged.

Kelly writes that highly engaged Catholics have four things in common, what he calls the four signs of a Dynamic Catholic. The four signs are:

**Prayer:** Highly engaged Catholics have a commitment to prayer every day. They set aside times during their day when they focus on praying to God so they can deepen their own personal relationship with Jesus.

**Study:** Dynamic Catholics are always looking for ways to learn more about their faith through reading the Bible and other Catholic books, and participating in workshops to continuously be learning more every day.

**Generosity:** Dynamic Catholics are generous. Not only are they generous in their financial support of their parish, but they are equally generous in giving of their time and talents.

**Evangelization:** Highly engaged Catholics invite others to grow in spirituality by sharing their faith in word and deed.

So the question we all need to ask ourselves is this, "Am I a Dynamic Catholic?" If you answer, "Not quite," you need to know we are all on a spiritual journey guided by the Holy Spirit. The good news is that those four signs are things we can do! We can all pray a little more, study a little more, be a little more generous, and share our faith a little more. Let's just see what a little more can do!

*Deacon Chris*

**WE NEED WORKERS!!!**

**Please sign-up at the entrances of our churches to work at either or both of these events.**

**SCHAGHTICOKE FAIR FOOD BOOTH**

Shifts - September 2nd through September 7th

**GARAGE SALE**

September 4th & 5th

Shifts - 8:00 am to 4:00 pm each day

These events are major fundraisers for Transfiguration Parish. Without your help we cannot continue to be successful. Call 235-0337 for more info.

**Mass Schedule & Intentions**

**Saturday July 18**

4:30 p.m. Spe	<b>Edna Sanvidge</b>	Frank and Ellen Pultorak
	<b>William Hayes</b>	Tom and Cheryl Wallingford
	<b>Stella Stack</b>	Todd and Paula Garneau

**Sunday July 19**

8:30 a.m. Sch	<b>Jonas Desrosiers</b>	The Family
10:15a.m. Spe	<b>Rev. Thomas Duncan</b>	Tim and Holly Fogarty
	<b>Mary Alice Kruse</b>	Walt and Paula Moran
	<b>Desmond Zettburg</b>	Bob and Gussie Jarmick
	<b>Living Intention</b>	

**Tues. July 21**

9:00 a.m. Sch **Communion Service**

**Thurs. July 23**

9:00 a.m. Spe **Communion Service**

**Saturday July 25**

4:30 p.m. Spe	<b>Edna Sanvidge</b>	Ed and Karen Murray
	<b>William Hayes</b>	Midge Day
	<b>Rev. Thomas Duncan</b>	Rose Cosgrove
	<b>Rose Joyes</b>	Nadia Haitko

**Sunday July 26**

8:30 a.m. Sch	<b>Pauline Carlo</b>	The Colligan Family
10:15a.m. Spe	<b>Rev. Thomas Duncan</b>	Gary and Peggy Krill
	<b>John Jarmick</b>	Bob and Gussie Jarmick
	<b>Nora McCarthy</b>	Jack and Kathleen Sanvidge

**VOCATION PRAYER**

Pope Francis asks all of us to pray for an increase in vocations to the priesthood and religious life. Here is a prayer we can all pray, even every day.

LORD OF THE HARVEST,

BLESS young people with the gift of courage to respond to your call. Open their hearts to great ideals, to great things.

INSPIRE all of your disciples to mutual love and giving – for vocations blossom in the good soil of faithful people.

INSTILL those in religious life, parish ministries, and families with the confidence and grace to invite others to embrace the bold and noble path of a life consecrated to you.

UNITE us to Jesus through prayer and sacrament, so that we may cooperate with you in building your reign of mercy and trust, of justice and peace. AMEN.

POPE FRANCIS

*Adapted from the Message on the 51<sup>st</sup> World Day of Prayer for Vocations.*

## This Week's Parish Announcements

*Thank you for your service next weekend July 25 and 26.*

### Schaghticoke Site:

#### ALTAR SERVERS

8:30 a.m. Thomas and  
Megan Rice

#### LECTORS

8:30 a.m. Aleyah Proper

#### EUCCHARISTIC MINISTERS

8:30 a.m. Bob and Kathy  
Keyes  
Pat Rigney

#### MONEY COUNTERS: (7/27) WHITE TEAM -

M. Della Rocco, B. Hebert, J. Kelly, G. Squires, B. Madiga

### Speigletown Site:

#### ALTAR SERVERS

4:30 p.m. No Servers      10:15 a.m. Eva Pickert  
Pauline Sirtori

#### LECTORS

4:30 p.m. Walt Byrne      10:15 a.m. Andre Foucher

#### EUCCHARISTIC MINISTERS

4:30 p.m. Deacon Chris      10:15 a.m. Deacon Chris  
Andre Foucher      Dick Harte  
Nancy Foucher      Stacey Sadowski  
Paula Garneau      Robert Jones  
Jane Heslin      Mary Grace Purcell

#### MONEY COUNTERS: (7/26) Paula Garneau and Mary Hurley

#### ALTAR LINENS: (7/26) Diane Heer

### TRANSFIGURATION PARISH NURSE PROGRAM

*Pat Hebert, RN, MA, Faith Community Nurse*

(518) 753-4554, ext. 13      [p.hebert@transfigurationparish.net](mailto:p.hebert@transfigurationparish.net)

*Our mission is to model the healing ministry of Jesus Christ.*

*Our Goal is to promote health & wellness within the values, beliefs, practices of  
our faith community.*

### Nurses Notes:

**Health Tips: Safer Sunscreens: New Requirements Set By FDA.** In an effort to improve the safety and efficacy of sunscreen products sold in the U.S. and limit misleading claims, the U.S. Food and Drug Administration officially released a new set of requirements that sunscreen manufacturer's must begin to follow when making and marketing their products. No more claims of "waterproof" or "sweat proof" (these claims are overstated). No agonizing over SPFs higher than 50 (there is no sufficient data to show that products with SPF values higher than 50 provide greater protection). And if a manufacturer wants to slap a "broad spectrum" claim on the label, first the product will need to pass a test that proves it does indeed protect against both UVA and UVB rays. The jury is still out on how chemical sunscreens with ingredients such as oxybenzone, Vitamin A (retinol), and PABA (para-aminobenzoic acid) affect human health. But Dr. Anthony says that if you're looking to avoid chemical sunscreens, choose a mineral-based one instead since these use physical blockers such as zinc oxide or titanium dioxide. Because mineral sunscreens in spray form create nanoparticles that can be absorbed into the lungs, play it safe and use mineral-based creams and lotions instead of sprays. Look for sunscreens that block both ultraviolet A rays (UVA rays contribute to photo-aging and may cause skin cancer) and UVB rays (the ones that cause those red sunburns that blister). Choose a middle-of-the road sun protection factor (SPF) of 30 to 50. Any lower and you really limit the amount of time you can spend in the sun before getting burned by UVB rays (roughly 30 minutes) and needing to reapply. Any higher and Dr. Anthony says you risk thinking that you've got so much protection you need not reapply every two hours or after swimming, the standard recommendation. Be smart and always reapply sunscreen after swimming or exercising. Get sun-sensible: If you can avoid being in the sun during primetime sun hours — from 10 a.m. to 2 p.m. — do. If not, wear a hat and protective clothing, and seek out the shade, says Dr. Anthony. "Sunscreen isn't a bulletproof vest against sun damage. It's just one tool that we can use to help protect us.

<http://www.clevelandclinicwellness.com>

### DONATE SCHOOL SUPPLIES TO OUR LOCAL ELEMENTARY SCHOOLS

It is time to think about donating school supplies to those students in our local schools who are in need of help. We have compiled a list of commonly needed supplies. You can pick up a copy of the list at the entrances to our churches at both the north and south sites. You will also find a box to collect those items that you purchase over the next few weeks starting July 25th. Thank you for your anticipated generosity.

### Save the dates and save your treasures! The 7<sup>th</sup> Annual Parish Garage Sale September 4th and 5th

If you're spring/summer cleaning, please set aside your unused or unwanted items for this important fund-raiser.

Call 235-0337 for more information.

**We are looking for a  
Chairperson.**

### WEEKEND MASS SCHEDULE CHANGE

**Starting in July 2015, Transfiguration Parish will have three Weekend Masses. There will be one Vigil Mass on Saturday, and two Masses on Sunday. The new Mass schedule will be:**

**Saturday Vigil Mass – 4:30 PM  
Sunday Morning Masses – 8:30 AM in Schaghticoke  
10:15 AM in Speigletown**

**The site of the Saturday Mass will alternate each month. During the month of July, the Saturday Mass will be in Speigletown for the entire month. In August, the Saturday Mass will be in Schaghticoke for the entire month. September will be in Speigletown, October will be in Schaghticoke, etc.**





**REMINDER!!!  
WEDNESDAY GATHERINGS  
CONTINUE**

Youth who were in grades 7 – 12 for this year are invited to **DROP IN** on **Wednesday evenings from 6:30 to 8:30**. There will be different activities each week, lawn games, board games, movies and snacks will be served.

Schaghticoke July 22  
Speigletown July 29  
Schaghticoke August 5  
Speigletown August 12  
Schaghticoke August 19

**Keep in touch with us over the summer. DROP IN!!!**

**CAN AND BOTTLE DRIVE CONTINUES**

Thank you for your continued support of our Bottle and Can Drive. We will have a **community collection on September 12 and 13**. Please consider asking neighbors and family members to collect for our youth ministry. Bags and notices will be available at all church entrances.

Thank you for your support.

**Offertory:**

**July 11 and 12**  
4:30 \$1,445.00  
8:30 1,553.00  
10:15 1,322.00  
*Week 2 of the 2015-2016 budget*  
*Budget = \$10,192.30*  
*Collection = \$9,673.00*  
*Shortfall = \$519.30*

*Thank you for your on-going generosity and continued commitment to your parish. Please consider increasing your weekly donation.*

**Peter's Pence Collection**

Next week our diocese will take up the Peter's Pence Collection, which provides Pope Francis with the funds he needs to carry out his charitable works around the world. The proceeds benefit the most disadvantaged: victims of war, oppression, and disasters. Join our Holy Father as a witness of charity to those who are suffering.

**Book Nook News**



The Book Nook is open on Saturday and Sunday, July 18-19 before and after the Masses. This is the last weekend it will be open until September 4-5. The Book Nook is closed during August, in preparation of the parish-wide garage sale scheduled for September 4-5. July specials include **buy one/get one free** on the following authors: **Catherine Coulter, Fern Michaels and David Baldacci**. Large print books are also buy one/get one free. Romance novels are 12/\$1.00. Please stop by and check out all our new donations. Thanks for your continued support and please continue to drop off your donations. We will need them for the Garage Sale! See you at the Book Nook.

**UPCOMING EVENTS**  
*Please mark your calendars*

7/20	<i>Pastoral Council Meeting</i>	6:30 pm S Site
7/23	<i>NY Yankees Stadium Bus Trip</i>	8:15 am S Site 8:00 pm Return
7/26	<i>Evangelization Team</i>	11:30 am S Site
9/4&5	<i>Annual Parish-Wide Garage Sale</i>	South Site
9/2-7	<i>Transfiguration Parish Food Booth at the Schaghticoke Fair</i>	Daily

**SUNDAY CELEBRATION IN THE  
ABSENCE OF A PRIEST**

As you know, the Church is experiencing a shortage of priests. As a result, there have been times when priests have not been available to celebrate Saturday Vigil Masses or Sunday Masses.

In order to address the needs of the faithful in light of the shortage of priests, the United States Conference of Catholic Bishops has approved a liturgy known as the Sunday Celebration in the Absence of a Priest. This liturgy is based on the Liturgy of the Hours which has been prayed by the faithful for centuries and it includes the regular Mass readings. It may also include the distribution of the Holy Communion, depending on availability of consecrated hosts. It is important to note that the Sunday Celebration in the Absence of a Priest fulfills the obligation of the faithful to attend the Saturday Vigil or Sunday Mass. This liturgy can be conducted not only by a deacon, but also by a trained layperson.

While the Sunday Celebration in the Absence of a Priest liturgy is not a Mass, it is a practical solution to the priest shortage. Yet it is more than that. This liturgy is another opportunity for the laity to share their gifts and talents with others. It is another opportunity for the laity to fulfill the privileges and responsibilities which they assumed at their baptism. The Church has been enriched by the many ways the laity has taken part in the life of the Church.

Attending a Sunday Celebration in the Absence of a Priest may not be as spiritually fulfilling as attending a Mass, but we must accept the fact it is a part of our prayer life in today's Church. Let us not forget that God is present in this liturgy, as well as He is in the Mass.

Let us pray for an increase in vocations, but let us also pray that God sends His grace upon both clergy and laity during this time of challenge.

**YANKEE BASEBALL GAME**

Please arrive at the Transfiguration Parish South Site parking lot **no later than 8:15 am on July 23rd** to board the bus for the New York Yankee game at Yankee Stadium. Everyone will be given their ticket(s) for the game that morning. The bus will return to the Speigletown site parking lot at about 8:00 pm that evening.

**TICKETS FOR SHOWS AT  
PROCTOR'S THEATER IN  
SCHENECTADY**

**Please join us on:**

**November 20th** at 8:00 pm for **Motown**.

Tickets are \$65.00 each.

**January 24, 2016** at 2:00 pm for **Cinderella**.

Tickets are \$60.00 each.

Contact Ellie DeBonis at the church office 235-0337 or E.Debonis@transfigurationparish.net for more information. Please be prepared to make a 50% deposit on your ticket purchase at the time of your request for tickets.

**END OF BULLETIN  
ANY TEXT OR GRAPHICS ENTERED ON THIS PAGE  
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CHURCH NAME: **Transfiguration Parish**

CHURCH CITY: **Troy, NY**

ROUTING CODE:

RUN NUMBER:

FILENAME: **04-0527**

PHONE NUMBER: **518-235-0337**

FAX NUMBER:

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