

Transfiguration Parish



MISSION STATEMENT

We are a Catholic community united by love, illuminated by the Transfiguration of our Lord Jesus Christ. We gather as a People of God seeking unity through the Holy Spirit to Worship through the Sacred Liturgy, Prayer and Sacraments, and to proclaim the Christian message which promotes Justice, Reconciliation and Service through Evangelization, Faith Formation and Discipleship.

VISION STATEMENT

Transfiguration Parish is committed to continual growth in the Catholic Faith through a lifelong union with Jesus Christ, and in service to others through the ministry of the Church. We spread the Good News of His love and promote His Word through evangelization, education, reflection, and daily witness. As faithful stewards we pledge to direct and develop the spiritual, human, financial, and material resources of the Church. We respond to His love with gratitude and prayer, with compassionate service, generous sharing, reconciliation and equality for all.

**50 Hillview Drive
Speigletown, Troy, NY 12182**

Administrative Offices

Office Hours: Monday thru Friday - 9:00 a.m. - 2:00 p.m.
Phone: 518-235-0337 Fax: 518-235-8726
general_office@transfigurationparish.net

Deacon Chris Keough - Parish Life Director
Deacon_Chris@transfigurationparish.net

Fr. Dominic Ingemie - Sacramental Minister
dingemie1@nycap.rr.com

Deacon Charles Valenti - Parish Deacon
Deacon_Charlie@transfigurationparish.net

**17 South Main Street
Schaghticoke, NY 12154**

Office Hours: Monday and Thursday, 9:30 a.m. - 2:00 p.m.
Phone: 518-753-4554 Fax: 518-753-0456
general_office@transfigurationparish.net

PARISH STAFF

Bookkeeper: Mary Clemente
M.Clemente@transfigurationparish.net

Administrative Assistant: Bonnie Coraldi
B.Coraldi@transfigurationparish.net

Director of Religious Education: Beth Thayer
E.Thayer@transfigurationparish.net

Nursing: Pat Hebert
P.Hebert@transfigurationparish.net

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E.DeBonis@transfigurationparish.net

Bulletin: Bonnie Coraldi
B.Coraldi@transfigurationparish.net

Maintenance: Drew Wiley

Knights of Columbus, Grand Knight: Bryan Purtell
bryanp78@hotmail.com

LITURGICAL SCHEDULE

	Schaghticoke	Speigletown
Saturday:	4:00 p.m.	
Sunday:	8:30 a.m.	10:15 a.m.
Communion Service:	Tuesday 9:00 a.m.	Thursday 9:00 a.m.

SACRAMENTAL CELEBRATIONS

Sacrament of Reconciliation: By Appointment

Sacrament of Baptism: Please call the church office to make arrangements.

Sacrament of Marriage: Couples should call the church office at least 6 months in advance of the wedding date. A marriage preparation program is required for all couples. Please call the church office to make arrangements.

*From the Desk of Deacon Chris...***GAUDETE SUNDAY – REJOICE IN THE LORD**

This third Sunday of Advent is known as Gaudete Sunday. It reminds us that we are past the half-way point of Advent, and the Christmas season is fast approaching. On this Sunday, the clergy will wear rose-colored vestments, colors that are only worn twice a liturgical year. We wear rose vestments on this Gaudete Sunday, and again during Lent on what is known as Laudete Sunday.

We all know that Advent is a season of preparing for the arrival of the Lord Jesus yesterday, today, and tomorrow. On this Sunday we are called to rejoice as we hear in the entrance antiphon for the Mass, which is, “Rejoice in the Lord always; again I say, rejoice. Indeed, the Lord is near.” The entrance antiphon is taken from St. Paul’s letter to the Philippians, and in Latin, the first word of the antiphon is Gaudete, which means “Rejoice.”

Some of you might be saying this to yourselves, “Thanks a lot Chris for reminding me that Advent is almost over, and Christmas is less than two weeks away!” “How can I possibly rejoice when I still have so much to do?” I certainly understand how people might think that way, but I want to remind all of us not to miss out on the joy of Christmas because we have let the secular nature of the season overwhelm us to the extent that we are far from rejoicing, but more in despair.

I know there is a lot to do. In addition to our regular everyday lives, we now have the addition of preparing for Christmas, and not necessarily in a spiritual way. Perhaps this might be some of what you face. There is still more shopping to do, and the stores are far too crowded. Even though your car radio is playing Christmas Carols, the traffic is leading you to road rage, not joy. You are searching for the perfect present for someone who already has everything they need, and besides that, everything costs so much! You have to plan for family get-togethers and meals, and that becomes a great source of stress when you are trying to satisfy both your own family, and your spouse’s family. How are you possibly going to get to see everyone in one day? And don’t even get me started on all the wrapping and delivery of presents!

I do wish I had all of the answers that could eliminate the sources of anxiety and stress for you. None of the stressful tasks I have written about is new this year. We face the same things every year, so maybe this year we can make a conscious choice to, “Rejoice in the Lord always.” Do not prevent yourself from embracing the joy and love of Jesus, for “Indeed the Lord is near.” May we all rejoice this Gaudete Sunday. God bless.

Deacon Chris

Mass Schedule & Intentions**Saturday December 15**

4:00 p.m.	Sch	Mercita Januska	The Family
		Mary Dorothy Lanoue	The Family
		Philippa T. Koval	Dot & Jack Jackuback
		Mary Phillips	Jack & Kathleen Sanvidge
		Robert Murphy	Wife, Joan & Family
		Brian Wallingford	Tom & Cheryl Wallingford

Sunday December 16

8:30 a.m.	Sch	Gerrie Barton	Alice Tate Estate
		Joseph E. Smith	The Estate of Joseph E. Smith
10:15 a.m.	Spe	Margie Weiss	George Weiss & Family
		Rachel Cavosie	Ruth & John Bauchiero
		Colleen Jackson	Dawn & Mike Pakatar

Tues. December 18

9:00 a.m. Sch **Communion Service**

Thurs. December 20

9:00 a.m. Spe **Communion Service**

Saturday December 22

4:00 p.m.	Sch	Carol P. Maloney	Bonnie & Bruce Coraldi
		May & Harold Cone	Elinor & Bob Gardner

Sunday December 23

8:30 a.m.	Sch	Dorothy Evelyn Madigan	Mary Ellen Schroder & Family
10:15 a.m.	Spe	Joseph E. Smith	Estate of Joseph E. Smith
		Jack Harte	Paula & Walt Moran
		Ann Usher	Paula & Walt Moran
		Michael McGraw	Jane & Dick Bartis

REMINDER!!!

The site of the Saturday, 4:00 pm Mass will alternate each month. In December it will be in Schaghticoke for the entire month and in January 2019, the Mass will be in Speigletown, etc.

ADVENT PRAYER

Heavenly father, your Son, Jesus, is your greatest gift to us, a great sign of your love. Guide us as we strive to walk in that love together as a parish family this Advent. As we prepare our hearts for Christmas, bring us closer to each other and to your Son. Give us the grace and strength we need every day. Help us to always trust in you.

Lord Jesus, may the light of your love always shine in our hearts. As Christmas draws closer, we marvel at your great love for us. Let your love transform every aspect of our lives and touch everyone we encounter. May our hearts be open to you, Jesus. **Amen.**

This Week's Parish Announcements

Thank you for your service. Next weekend — December 22 and 23

Schaghticoke Site:

ALTAR SERVERS

4:00 pm No servers 8:30 a.m. Laura, Megan &
Thomas Rice

LECTORS

4:00 pm Tim Carey 8:30 a.m. Cheri Foster

EUCCHARISTIC MINISTERS

4:00pm Mary Agnes Arnold 8:30 a.m. Bob & Kathy Keyes
Dot Jackuback

MONEY COUNTERS: (12/23) Yellow Team

B. Hebert, J. Kelly, G. Squires

Speigletown Site:

ALTAR SERVERS

4:00 pm No Servers 10:15 a.m. N/A

LECTORS

10:15 a.m. Sandy Barrett

EUCCHARISTIC MINISTERS

10:15 a.m. Marge Brendese
Ellie DeBonis
Dick Hart

MONEY COUNTERS: (12/16) Rose Cosgrove

Maureen Filarecki

ALTAR LINENS: (12/16) Diane Heer

TRANSFIGURATION PARISH NURSE PROGRAM

Pat Hebert, RN, MA, Faith Community Nurse

(518) 753-4554, ext. 13 p.hebert@transfigurationparish.net

Our mission is to model the healing ministry of Jesus Christ.

*Our Goal is to promote health & wellness within the values, beliefs, practices of
our faith community.*

Nurses' Notes:

- **Blood Pressure Screening THIS weekend.** Stop in and have your blood pressure checked and your blood sugar read by a Registered Nurse

Health Tips: That morning joe may help your brain! If you're a coffee drinker, you cherish that first cup in the morning and the short-term benefits that come with it, as the caffeine helps wake you up and get you focused as you start your day. But the potential long-term benefits of coffee keep piling up, too, with research showing that drinking it regularly may help prevent liver disease, type 2 diabetes, at least nine types of cancer, and even neurodegenerative diseases like Parkinson's and Alzheimer's. In new research exploring how it may counteract those brain diseases, researchers tested several components of coffee, including a group of compounds known as phenylindanes, which are created when coffee beans are roasted. In a lab, phenylindanes prevented two types of protein fragments that are common to both Parkinson's and Alzheimer's from clumping together. When these proteins clump together in people's brains, they create the plaques and tangles that are hallmarks of Alzheimer's and Parkinson's. **More research is needed, but it may be that the phenylindanes in coffee are good for your brain.** Dark-roast coffee was higher in phenylindanes than light roast, and for those who avoid caffeine, there's good news: decaf has the same levels of phenylindanes as regular! That said, the data on protection from Alzheimer's and Parkinson's is at least twice as great from caffeinated as decaffeinated. So while we don't know the mechanism, we know that if you enjoy coffee and it enjoys you (no headaches, anxiety, stomach upset, or abnormal heart beats), keep drinking. Bottom's up! <http://www.clevelandclinicwellness.co>

NOTICE!!!

We pray for deceased relatives and friends at every Mass. If you have requested a Mass for a friend or loved one, we invite you to participate in the Offertory by bringing the gifts to the altar. Please notify one of the Ushers prior to Mass if you want to bring up the gifts to honor your deceased friend or loved one.

Offertory Report:

December 8 and 9

4:00	\$2,621.00
8:30	2,132.00
10:15	1,049.00
On-line	1,518.65

Week 24 of the 2018-2019 Budget

Budget = \$123,140.63

Collection = \$122,689.33

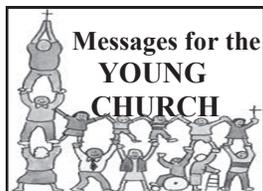
Shortfall = \$451.35

Thank you for your on-going generosity and continued commitment to your parish. Please consider increasing your weekly donation. parish.

Christmas Centerpieces:

Thanks to all our parishioners who helped make the Christmas centerpieces for our parishioners homebound or in nursing homes. They all came out so beautiful. A special thanks to Mary Agnes Arnold, Karen Della Rocco, Cheri Foster, Susan Martin-Cippola, Laurie Polley and Pam Schmidt who helped make this happen and Mark Murray who provided the greenery. Couldn't have done it without you all.

Pat Hebert



Faith Formation Sessions

There will be no sessions on December 23 and 30. Classes resume on January 6, 2019.

The Christmas Pageant will be presented on December 24th at the 4:00 p.m. Mass in Speigletown. Children in grades K—3 are invited to participate in the pageant. Youth in grades 4 and up participate in the choir.

Practice will be at 7:00 p.m. at Speigletown on Thursdays—**Dec. 6, 13 and 20.** All participants will need to be at the Speigletown site on Dec. 24 by 3:15 p.m.

Can and Bottle Drive Continues—Thank you for your continued support of our Bottle and Can Drive. The proceeds help fund activities for our youth. Please consider asking friends and family members to donate their cans and bottles.

Beth Thayer, Director of Faith Formation & Youth Ministry: 518-235-0337

BOOK NOOK NEWS



The Book Nook would like to take this opportunity to thank all of you for your support of this great parish fund-raising effort, as well as becoming a wonderful community project. It could not happen without you.

The Book Nook will be open on Saturday morning, January 5 from 9:00AM until noon, with our January sale. **All books whose authors first or last names begin with “J” will be half-price.** For example, **James Patterson Iris Johanson, J.A. Jance, etc.** It’s a great opportunity to keep stocking up on your winter reading! Please stop by and see all of the new donations that have come in. Donations can be dropped off at the entrances during office hours.

Thanks again and have a Blessed Christmas and a Happy, Healthy New Year.

UPCOMING EVENTS

Please mark your calendars

- 12/16 *Hour of Adoration of the Blessed Sacrament*
6:30PM Schaghticoke
- 1/11/19 *Roast Beef Dinner* 4-7 pm Speigletown

SAVE THE DATE!—ROAST BEEF DINNER

Friday, January 11, 2019 4:00-7:00PM

Transfiguration Parish Hall, Speigletown

We will be serving another delicious dinner at a reasonable price. We offer a salad, roast beef, potato, a vegetable and roll w/ butter. **Adults \$11, Seniors (65+) \$10 and children under 12 \$5.** We also have available beer, wine, soda and dessert for purchase. Tickets will be on sale December 29 & 30 after the Masses. You can contact the parish offices to make reservations and purchase tickets. A limited number of tickets will be available at the door.

As always, we will be looking for parishioners to make desserts for us to sell with the meal. We always need help in the kitchen and wait staff to continue to make our dinners a success. Please take time to sign-up before or after Masses, or contact Mary Hurley at (518) 235-6479.

FREE ZUMBA CLASS

JANUARY 7—SPEIGLETOWN—6-7pm

Please join us for a FREE Zumba Class with a New and Dependable instructor. Christine Williams will facilitate with new music and routines. Great for beginners! Fun, Fun, Fun! Everyone is welcome!

JOIN THE NEW PARISH ACTIVITY COMMITTEE!

We are searching for volunteers for a new parish activity committee in our parish. That will help plan and implement all non-fundraising activities in our parish community. We are searching for people with new ideas for building relationships through fun, interesting activities for young and old. **Evangelization begins through relationships with one another and God.** Anyone who is interested in joining this exciting, new activity committee can contact the parish offices at 518-235-0337 or 518-753-4554. You can also contact Jim Johnson, who has volunteered to chair the Activity Committee, at 518-788-8092.

WORDS TO LIVE BY

“Christ is everything for us. If you wish to cure a wound, he is a doctor; if you desire heaven, he is the way; if you flee from darkness, he is light; if you seek food, he is nourishment.”

~St. Ambrose

**END OF BULLETIN
ANY TEXT OR GRAPHICS ENTERED ON THIS PAGE
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