

# Transfiguration Parish



## MISSION STATEMENT

We are a Catholic community united by love, illuminated by the Transfiguration of our Lord Jesus Christ. We gather as a People of God seeking unity through the Holy Spirit to Worship through the Sacred Liturgy, Prayer and Sacraments, and to proclaim the Christian message which promotes Justice, Reconciliation and Service through Evangelization, Faith Formation and Discipleship.

## VISION STATEMENT

Transfiguration Parish is committed to continual growth in the Catholic Faith through a lifelong union with Jesus Christ, and in service to others through the ministry of the Church. We spread the Good News of His love and promote His Word through evangelization, education, reflection, and daily witness. As faithful stewards we pledge to direct and develop the spiritual, human, financial, and material resources of the Church. We respond to His love with gratitude and prayer, with compassionate service, generous sharing, reconciliation and equality for all.

**50 Hillview Drive  
Speigletown, Troy, NY 12182**

### Administrative Offices

Office Hours: Monday thru Friday - 9:00 a.m. - 2:00 p.m.  
Phone: 518-235-0337 Fax: 518-235-8726  
general\_office@transfigurationparish.net

**Deacon Chris Keough** - Parish Life Director  
Deacon\_Chris@transfigurationparish.net

**Fr. Dominic Ingemie** - Sacramental Minister  
dingemiel@nycap.rr.com

**Deacon Charles Valenti** - Parish Deacon  
Deacon\_Charlie@transfigurationparish.net

**17 South Main Street  
Schaghticoke, NY 12154**

Office Hours: Monday and Thursday, 9:30 a.m. - 2:00 p.m.  
Phone: 518-753-4554 Fax: 518-753-0456  
general\_office@transfigurationparish.net

## PARISH STAFF

**Bookkeeper:** Mary Clemente  
M.Clemente@transfigurationparish.net

**Secretary:** Bonnie Coraldi  
B.Coraldi@transfigurationparish.net

**Director of Religious Education:** Beth Thayer  
E.Thayer@transfigurationparish.net

**Nursing:** Pat Hebert  
P.Hebert@transfigurationparish.net

**Fundraising:** Ellie DeBonis  
E.DeBonis@transfigurationparish.net

**Bulletin:** Bonnie Coraldi  
B.Coraldi@transfigurationparish.net

**Maintenance:** Drew Wiley

**Knights of Columbus, Grand Knight:** Bryan Purtell  
bryanp78@hotmail.com

## LITURGICAL SCHEDULE

	Schaghticoke	Speigletown
Saturday:	4:00 p.m.	
Sunday:	8:30 a.m.	10:15 a.m.
Communion Service:	Tuesday 9:00 a.m.	Thursday 9:00 a.m.

## SACRAMENTAL CELEBRATIONS

**Sacrament of Reconciliation:** By Appointment

**Sacrament of Baptism:** Please call the church office to make arrangements.

**Sacrament of Marriage:** Couples should call the church office at least 6 months in advance of the wedding date. A marriage preparation program is required for all couples. Please call the church office to make arrangements.

*From the Desk of Deacon Chris...***JOIN OUR HEARTS WITH  
THE SACRED HEART OF JESUS**

In the depiction of the Last Supper, we see one of the apostles reclining with his head resting on Jesus' chest. We believe the disciple is St. John who is often described as the "One who Jesus loved." We believe that John, who was the brother of James, was the youngest of the twelve apostles. We also know that Jesus would take Peter, James, and John with him as witnesses of some of the miracles he performed, such as the Transfiguration. Jesus took Peter, James, and John with him to the Garden of Gethsemane in St. Mark's version of the agony in the garden.

What does John resting his head over the heart of Jesus mean to us? There could be several answers, but two come to my mind. First, the scene gives us a sense of the intimacy between Jesus and John, the love they shared. We are aware of John's great love of Jesus by the way he did not abandon Jesus during his passion. Scriptures tell us John was the only apostle who remained with the women at the foot of Jesus' cross.

The second thought I have about John resting his head on Jesus' chest was his desire to join his own heart with the Sacred Heart of Jesus. We have probably all heard another's heartbeat. The more we listen to a heartbeat, the more we seem attached to that person. The rhythm of their heartbeat seems to combine with our own heartbeat, and it is both a powerful and peaceful feeling.

Here is another thought about St. John who is the "Disciple who Jesus loved." Many biblical scholars will tell us that John represents all of us. Each of us is the disciple who Jesus loved because Jesus' love is pure and unconditional. Jesus loves us no matter what which means that even when we do not return his love, Jesus continues to love us.

**Mass Schedule & Intentions****Saturday June 1**

4:00 p.m. Sch	Dorothy Evelyn Madigan Joseph E. Smith Will Rowe, 2nd anniv.	Mary Ellen Schroder & Family Estate of Joseph E. Smith Rowe & Collins Families
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**Sunday June 2**

8:30 a.m. Sch	Ludmilla & Juraj Javorcak George Bonnier Esther Madigan Patrick Madigan	The Family Mary Ellen Kinney Judy & Bill Rowe Cheri & Don Foster
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10:15 a.m. Spe	Connie Palmo Fred Ryan Richard Dworakowski	Bonnie & Bruce Coraldi Linda & Dan Casey Paula & Walt Moran
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**Tues. June 4**

9:00 a.m. Sch	Communion Service
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**Thurs. June 6**

9:00 am Spe	Communion Service
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**Saturday June 8**

4:00 p.m. Sch	Jonathan Bayly Dorothy Evelyn Madigan William Rock  Joan O'Hearn	The Family Mary Ellen Schroder & Family Deacon Charles & Mary Anne Valenti  The Family
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**Sunday June 9**

8:30 a.m. Sch	Marie & Stephen Javorcak Esther Madigan Patrick Madigan Paul Loatman	The Family The Family Jim & Paula Weglarz Barb & Randall Perry
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10:15 a.m. Spe	Nicholas Moreno Connie Palmo Bill Edmiston Bernard Bruce	Loretto & Joe Marchese Dick & Betsy Harte John & Ruth Bauchiero Paula & Walt Moran
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Can we imitate St. John, and join our own hearts with the Sacred Heart of Jesus? Of course we can because we already have received the Holy Spirit by virtue of our Baptism, and we have been sealed by the gift of the Holy Spirit at our Confirmation. Jesus Body and Blood reside in us every time we receive Him in Holy Communion, so I think it is safe to say our hearts are already joined with the Sacred Heart of Jesus.

What does that mean for us? Maybe the Sacred Heart of Jesus can lead us to compassion when we want revenge. Maybe through of the Sacred Heart of Jesus we can become more forgiving, more charitable, more patient, more friendly, and more loving. My friends, Jesus already lives within us. Let's take advantage of His Sacred Heart. God bless.

Deacon Chris

## This Week's Parish Announcements

*Thank you for your service next weekend June 8 and 9*

### Schaghticoke Site:

#### ALTAR SERVERS

4:00 pm N/A 8:30 a.m. N/A

#### LECTORS

4:00 pm Dot Jackuback 8:30 a.m. Steven Keyes

#### EUCCHARISTIC MINISTERS

4:00 pm Mary Agnes Arnold 8:30 a.m. Erin Carknard  
Donna Colligan Laura Keyes

**MONEY COUNTERS:** (6/9) Yellow Team  
B. Hebert, J. Kelly, G. Squires

### Speigletown Site:

#### ALTAR SERVERS

4:00 pm N/A 10:15 a.m. N/A

#### LECTORS

4:00 pm None 10:15 a.m. Barbara Graber  
Hugh Graber

#### EUCCHARISTIC MINISTERS

4:00 pm None 10:15 a.m. Ellie DeBonis  
Dick Harte  
Robin J. Lambertson

**MONEY COUNTERS:** (6/9) Mary Hurley

**ALTAR LINENS:** (6/9) Martha Cioffi

### PARISH EVANGELIZATION ACTION MEETING

Mr. Thomas Cronin, the Diocesan Advisor to the Bishop for Family and Parish Evangelization, attended the Pastoral Council meeting in February to present to us ideas and ways we can spread the Gospel of the Lord, and help people deepen their relationship with God. Tom left us with several options on new ways we can evangelize. Now it is time to put some of these ideas into action.

There will be a Parish Evangelization Meeting on **Wednesday, June 5, 2019 at 6:30 PM in Speigletown. All parishioners are invited to attend**, and bring your ideas on ways we can grow and develop our parish. What can we do to attract new parishioners, or bring lapsed Catholics back to our parish? We need your ideas! We need your involvement! Please plan to attend this meeting. Together, we can continue the mission of Jesus to build His Church on earth!

### Offertory Report:

**Due to the bulletin publication schedule there will not be an Offertory Report for this week.**

*Thank you for your on-going generosity and continued commitment to your parish. Please consider increasing your weekly donation.*

### TRANSFIGURATION PARISH NURSE PROGRAM

*Pat Hebert, RN, MA, Faith Community Nurse*

*(518) 753-4554, ext. 13 [p.hebert@transfigurationparish.net](mailto:p.hebert@transfigurationparish.net)*

*Our mission is to model the healing ministry of Jesus Christ.*

*Our Goal is to promote health & wellness within the values, beliefs, practices of our faith community.*

### Nurses' Note:

**More Volunteers are still needed for "Two by Two", the Transfiguration Parish Faith in Action Team.** Join your fellow parishioners on this team that provides non-medical support and friendship to someone caring for a family member with dementia/Alzheimer. All volunteers are offered training and continued support. By belonging to this team you only give the time you can when you can because there are several of you to share the role of helping. **To receive more information, contact Pat Hebert @ 692-2135.**

**Reminder: Blood Pressure screening next week.** Stop by before or after Mass throughout the weekend to have your blood pressure checked

**Health Tips: Don't be a weekend sleep warrior!** During a busy work week, do you start longing for the weekend? Who doesn't! But if your hopes for the weekend regularly include "catching up" on sleep, take heed. A new clinical study examined the popular notion that you can balance out the health effects of poor sleep during the week by sleeping late on the weekend. In the nine-day study, one group of healthy young adults was allowed to get plenty of sleep, another was restricted to five hours, and a third was restricted to five hours during the week but allowed to sleep later on weekends. Compared with the group that got enough sleep, the two groups that did not get enough snacked more after dinner, gained weight, and had worse insulin resistance levels—common consequences of sleep deprivation that, over time, can increase the risk for obesity and diabetes. Unfortunately, participants who were deprived of sleep but allowed to catch up on the weekends had even worse insulin sensitivity than those who were deprived of sleep for the entire study. Everyone sleeps poorly every now and then. Make those nights the exception, not the rule, by following good-sleep strategies. In case you need a reminder: Stick with a bedtime and wake time that allows for at least eight hours of sleep and includes a tech-free wind-down routine; limit caffeine after 6 pm and alcohol use; get regular exercise; and keep stress in check with a practice like mindfulness meditation or yoga. And whatever your study habits were back in high school, remember, you can't cram on sleep!

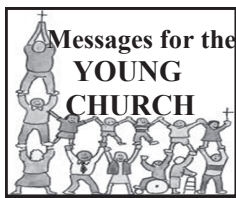
<http://www.clevelandclinicwellness.co>

**Mark your calendars!** The Alzheimer's Association will be presenting 2 programs here at Transfiguration Parish. **No cost. No registration needed.** Fine out about the many other programs that the Alzheimer's Association offers that could also be brought here if there is enough interest. **June 11th—1:30-2:30pm in Speigletown**

### "10 WARNING SIGNS OF ALZHEIMER'S"

This 1-hour program covers typical age-related changes, common warning signs & early detection of Alzheimer's, how to approach someone about memory concerns, benefits of a diagnosis and the diagnostic process, and other available Alzheimer's Association resources.





FAITH FORMATION

~THANK YOU!~

Thank you to everyone who supported out NCYC Dinner. It was a great success and has us started on our fund-raising goal.

Watch for future opportunities to support our youth.

CONFIRMATION 2020

Yes it says 2020!!! Youth who are in the 10th grade or are 15 years old are eligible to make their confirmation. If your youth is eligible and has not been registered in our FAITH FORMATION PROGRAM please e mail Beth Thayer at e.thayer@transfigurationparish.net, so that you will receive all information pertaining to sacramental preparation.

CAN AND BOTTLE DRIVE CONTINUES

Thank you for your continued support of our Bottle and Can Drive. Please consider asking neighbors and family members to collect for our youth ministry. Thank you for your support

Beth Thayer, Director of Faith Formation & Youth Ministry: 518/235-0337

WOULD YOU LIKE TO JOIN A BOOK CLUB?

If you answer yes to that question, we have good news for you. We are having our first informational Book Club night in Speigletown on Tuesday, June 11, 2019 at 6:30 pm. We will discuss forming a book club, and will choose our first book and set up subsequent meetings that night. What a great opportunity to Read, Relax, Review, and Discuss! Light refreshments will be served at the meeting. All are invited! Please spread the word!



BOOK NOOK NEWS

The Book Nook will be open again on June 15 from 9am—noon. We have something for everyone!

Novels by your favorite authors, cookbooks, autobiographies, historical novels, romance, self-help, religious, and of course, children and young adult books.

There is also a great selection of DVD's and CD's. Thanks for your continued support and see you at the Book Nook!!

Donations may be dropped off at the church entrance. We do not accept VHS tapes, text books or encyclopedias.

UPCOMING EVENTS

Please mark your calendars

- 6/5/19 Parish Evangelization Action Meeting 6:30pm Speigletown
6/11/19 Alzheimer's Program 1:30pm Speigletown
6/11/19 Book Club Meeting 6:30pm Speigletown

PLEASE TAKE NOTE! The Parish Offices at BOTH sites will not be open on FRIDAYS through the months of JUNE, JULY and AUGUST.

Summer vacation is almost here and the children will be out of school—the ongoing Backpack Program supplies at risk children with food for the weekend. We aid Turnpike, Renssler and Hoosic Valley Schools. Suggested items: mac & cheese (boxed, singles, microwaveable ones), pasta, soup, spaghetti, single serve meals for microwave, fruit snacks, fruit cups, single serve cereal. Boxes are at the church entrances.

\*\*\*SUPER RAFFLE TICKETS AVAILABLE\*\*\*

ZUMBA CLASS

MONDAY EVENINGS—SPEIGLETOWN—6-7PM

Great for beginners! Only \$5 per class! All are welcome!

SAVE THE DATES of these upcoming shows at Proctor's Theater!

Frozen—November 17, 2019—\$109.00

THERE ARE ONLY A FEW TICKETS REMAINING FOR THE FROZEN SHOW.

Dear Evan Hansen—June 14, 2020—\$100.00

Please call Ellie DeBonis at 518-235-0337 for more information or to make reservations.

St. Augustine's Church is sponsoring a bus trip to New York City to see Beautiful, The Carole King Musical. They have a few seats remaining. The trip is Saturday, August 24, 2019. Departure from St. Augustine's 7AM. Lunch at 11:45am at Tony's Di Napoli Restaurant. Stephen Sondheim Theatre for 2PM matinee of Beautiful, the Carole King Musical. Departure from NYC is 5:45 PM. Approximate arrival home-10PM. Cost is \$190 with a \$100 deposit due 5/28 at reservation with balance due by July 15. There are approximately 10 seats remaining. Please call Peggy Ryan, Administrative Assistant, St. Augustine's Church at 518-235-3861

WORDS TO LIVE BY

"I am not my own; I have given myself to Jesus. He must be my only love."

~St. Kateri Tekawitha

**END OF BULLETIN  
ANY TEXT OR GRAPHICS ENTERED ON THIS PAGE  
WILL NOT APPEAR IN THE PRINTED BULLETIN**

CHURCH NAME: **Transfiguration Parish**

CHURCH CITY: **Troy, NY**

ROUTING CODE:

RUN NUMBER:

FILENAME: **04-0527**

PHONE NUMBER: **518-235-0337**

FAX NUMBER:

EDITOR/ CONTACT: **Bonnie Coraldi—518/235-0337 or  
518/753-4554**