

# Transfiguration Parish



## MISSION STATEMENT

We are a Catholic community united by love, illuminated by the Transfiguration of our Lord Jesus Christ. We gather as a People of God seeking unity through the Holy Spirit to Worship through the Sacred Liturgy, Prayer and Sacraments, and to proclaim the Christian message which promotes Justice, Reconciliation and Service through Evangelization, Faith Formation and Discipleship.

## VISION STATEMENT

Transfiguration Parish is committed to continual growth in the Catholic Faith through a lifelong union with Jesus Christ, and in service to others through the ministry of the Church. We spread the Good News of His love and promote His Word through evangelization, education, reflection, and daily witness. As faithful stewards we pledge to direct and develop the spiritual, human, financial, and material resources of the Church. We respond to His love with gratitude and prayer, with compassionate service, generous sharing, reconciliation and equality for all.

**50 Hillview Drive  
Speigletown, Troy, NY 12182  
Administrative Offices**

Office Hours: Monday thru Friday - 9:00 a.m. - 2:00 p.m.  
Phone: 518-235-0337 Fax: 518-235-8726  
general\_office@transfigurationparish.net

**Deacon Chris Keough** - Parish Life Director  
Deacon\_Chris@transfigurationparish.net

**Fr. Dominic Ingemie** - Sacramental Minister  
dingemie1@nycap.rr.com

**Deacon Charles Valenti** - Parish Deacon  
Deacon\_Charlie@transfigurationparish.net

**17 South Main Street  
Schaghticoke, NY 12154**

Office Hours: Monday and Thursday, 9:30 a.m. - 2:00 p.m.  
Phone: 518-753-4554 Fax: 518-753-0456  
general\_office@transfigurationparish.net

## PARISH STAFF

**Bookkeeper:** Mary Clemente  
M.Clemente@transfigurationparish.net

**Secretary:** Bonnie Coraldi  
B.Coraldi@transfigurationparish.net

**Director of Religious Education:** Beth Thayer  
E.Thayer@transfigurationparish.net

**Nursing:** Pat Hebert  
P.Hebert@transfigurationparish.net

**Fundraising:** Ellie DeBonis  
E.DeBonis@transfigurationparish.net

**Bulletin:** Bonnie Coraldi  
B.Coraldi@transfigurationparish.net

**Maintenance:** Drew Wiley

**Knights of Columbus, Grand Knight:** Bryan Purtell  
bryanp78@hotmail.com

## LITURGICAL SCHEDULE

	Schaghticoke	Speigletown
Saturday:		4:00 p.m.
Sunday:	8:30 a.m.	10:15 a.m.
Communion Service:	Tuesday 9:00 a.m.	Thursday 9:00 a.m.

## SACRAMENTAL CELEBRATIONS

**Sacrament of Reconciliation:** By Appointment

**Sacrament of Baptism:** Please call the church office to make arrangements.

**Sacrament of Marriage:** Couples should call the church office at least 6 months in advance of the wedding date. A marriage preparation program is required for all couples. Please call the church office to make arrangements.

*From the Desk of Deacon Chris...***DO YOU RECEIVE COMMUNION OUT OF HABIT, OR WITH AWE AND JOY?**

I have spoken about this question several times, but it is at the very heart of what we believe as Catholics. The question is whether we let receiving Holy Communion become just part of a routine we perform, or do we approach Holy Communion every time with the joy and sense of awesome wonder it deserves? We really do need to consider this question every time we celebrate Holy Eucharist, and every time we prepare to receive the living Body and Blood of Jesus Christ.

On the back page of the June 27, 2019 edition of "The Evangelist" was an article titled, "Pope: Receive Communion every time like it's the first time." Pope Francis said these words at his midday Angelus address at the Vatican on the Feast of Corpus Christi. The Pope said, "We should get used to receiving the Eucharist and not go to Communion out of habit." The Pope continued with, "It is Jesus, it is Jesus who saved me; it is Jesus who comes to give me the strength to live. We must not get used to it. Every time must be as if it were our first Communion."

As I read Pope Francis' words, I wholeheartedly agree with every word. I bet all of us agree with the Holy Father. The issue though is how do we prevent ourselves from letting Holy Communion just become something we do out of habit, instead of something we do that fills our hearts and minds with the tremendous joy of the Risen Christ, who brings us the promise of eternal life in Holy Communion with Him.

Can you and I approach Holy Communion every time we receive it, like it is the very first time? Of course we can, but only if we truly focus on the Eucharist and what it means to us. We need to allow ourselves to enter fully into the Mass as we pray the prayers and sing the songs. We need to open our minds and hearts to the Word of God as we participate in the Liturgy of the Word. Let God speak to us in the scripture readings, and try to understand God's message to us.

**Mass Schedule & Intentions****Saturday July 13**

4:00 p.m. Spgl	Lillian Stern Nicholas Moreno Frank Razanousky	Tom & Cheryl Wallingford Ellie DeBonis Michael & Mary An Moroskey
----------------	------------------------------------------------------	-------------------------------------------------------------------------

**Sunday July 14**

8:30 a.m. Sch	Dorothy Evelyn Madigan Thomas Barton, III Esther Madigan	Mary Ellen Schroder & Family Beverly Barton Jim & Paula Weglarz
---------------	----------------------------------------------------------------	-----------------------------------------------------------------------

10:15 a.m. Spe	Margie Weiss Connie Palmo Richard 'Dick' Bartis Jane Bartis	George & Family The Booknookers John & Dorothy Jackuback Ellie DeBonis
----------------	----------------------------------------------------------------------	---------------------------------------------------------------------------------

**Tues. July 16**

9:00 a.m. Sch	Communion Service
---------------	-------------------

**Thurs. July 18**

9:00 am Spe	Communion Service
-------------	-------------------

**Saturday July 20**

4:00 p.m. Spgl	Rosemary Oathout Jane Bartis	The Booknookers Rose Cosgrove
----------------	---------------------------------	----------------------------------

**Sunday July 21**

8:30 a.m. Sch	Dorothy Evelyn Madigan Jonas Desrosiers Esther Madigan Patrick Madigan	Mary Ellen Schroder & Family The Family Jim & Paula Weglarz Robert & Meg Jones
---------------	---------------------------------------------------------------------------------	-----------------------------------------------------------------------------------------

10:15 a.m. Spe	Connie Palmo Richard & Jane Bartis Robert Jocham Eleanor Hoag	John & Ruth Bauchiero The Jones Family M/M Robert Bornt The Bornt Family
----------------	------------------------------------------------------------------------	-----------------------------------------------------------------------------------

**REMINDER!!!**

**The site of the Saturday, 4:00 pm Mass will alternate each month. In July it will be in Speigletown the entire month and in August the Mass will be in Schaghticoke etc.**

During the Liturgy of the Eucharist, we need to focus intently on the words of the Consecration, and hear the priest say the words Jesus spoke at the Last Supper as we realize Jesus is truly present to us, and that the ordinary bread and wine we offered has become the Living Body and Blood of Christ! Knowing that, how can we not approach Holy Communion with awesome wonder and joy?

It is true that we live much of our life out of habit, as we perform daily routines. Let us all make a choice to not fall into habit and routine as we celebrate Holy Eucharist together. Let us all approach Holy Communion like it is the first time, every time! God bless.

Deacon Chris

## This Week's Parish Announcements

*Thank you for your service. Next weekend - July 20 and 21*

### Schaghticoke Site:

#### ALTAR SERVERS

4:00 pm N/A                      8:30 a.m. N/A

#### LECTORS

4:00 pm None                      8:30 a.m. Heather Field

#### EUCCHARISTIC MINISTERS

4:00 pm None                      8:30 a.m. Bob & Kathy Keyes  
Katherine Rice

**MONEY COUNTERS:** (7/21) Yellow Team  
B. Hebert, J. Kelly, G. Squires

### Speigletown Site:

#### ALTAR SERVERS

4:00 pm N/A                      10:15 a.m. N/A

#### LECTORS

4:00 pm Andre Foucher            10:15 a.m. Barbara Colangione

#### EUCCHARISTIC MINISTERS

4:00 pm Paula Garneau            10:15 a.m. Sandy Barrett  
Maureen Filarecki                      Ellie DeBonis  
Nancy Foucher                              Dick Harte

**MONEY COUNTERS:** (7/21) Mary Hurley

**ALTAR LINENS:** (7/21) Martha Cioffi

TRANSFIGURATION PARISH NURSE PROGRAM

*Pat Hebert, RN, MA, Faith Community Nurse*

*(518) 753-4554, ext. 13*

*[p.hebert@transfigurationparish.net](mailto:p.hebert@transfigurationparish.net)*

*Our mission is to model the healing ministry of Jesus Christ.*

*Our Goal is to promote health & wellness within the values, beliefs, practices of our faith community.*

### Nurses' Note:

#### Blood Pressure Screening THIS weekend.

Stop in and have your blood pressure checked read by a Registered Nurse.

**Health Tips: Ease arthritis pain with three research-backed solutions.** An arthritis-themed nursery rhyme (why not?) might go something like this: "Pain, pain, go away...but please don't come again another day." If you're looking for a more effective strategy for osteoarthritis, consider three approaches recommended in a new analysis of research. Looking at 68 studies, researchers concluded that fish oil, at a daily dose of one gram, can ease arthritis pain. Look for DHA as all fish oil is not created equal. If you have arthritis, talk with your doctor about whether taking a fish oil supplement or incorporating more omega-3-rich fish like salmon into your diet makes sense for you. Take a look at your overall diet, too. Vitamin-K-rich foods like kale, spinach, and parsley may benefit those with arthritis, too. Include these powerhouse greens as part of an anti-inflammatory, Mediterranean-style diet, rich in colorful plant foods, legumes, whole grains, fish, and olive oil and low in saturated fat, sugar, and processed foods. Shifting to such a diet from a typical Western diet (think burgers, fries, pizza, and soda) may also help you shed pounds if you're overweight or obese, which can ease pain by reducing the strain on your joints and lowering inflammation. Your joints won't be the only beneficiaries of a Mediterranean menu: Your heart, brain, and taste buds will too!

*<http://www.clevelandclinicwellness.co>*

### NOTICE!!!

We pray for deceased relatives and friends at every Mass. If you have requested a Mass for a friend or loved one, we invite you to participate in the Offertory by bringing the gifts to the altar. Please notify one of the Ushers prior to Mass if you want to bring up the gifts to honor your deceased friend or loved one.

### ON-LINE GIVING

We have been given the opportunity to establish a profile using the On-Line Giving button on the Transfiguration Parish website. Some of our parishioners are using this computerized way to make regular contributions via the internet. We are encouraging everyone to do so. The direct link to set up your individualized profile is <https://goo.gl/3v3t3A>. You cannot access On-Line Giving through the My Parish App. Please consider this easy way to make regular contributions to Transfiguration Parish.

### Offertory Report:

**Due to the bulletin publication schedule there will not be an Offertory Report for this week.**

*Thank you for your on-going generosity and continued commitment to your parish. Please consider increasing your weekly donation.*



Upcoming Events

**CALLING ALL COOKS!**

The NCYC youth are compiling a parish cookbook. How can you help? All the great cooks of Transfiguration Parish -we need recipes.! Forms are available at the entrance of the church. Recipes can be submitted electronically or by written submission dropped in the boxes at the church entrances.

**Summer Concerts**

We will have a booth at the Schaghticoke Summer Concerts. Please support our youth preparing for the trip to Indianapolis.

Baked goods are needed each week. If you would like to donate a baked good they **may be dropped off at the Speigletown Site between 9AM—2PM on any Thursday.**

**Thank you for your continued support of our fundraising events!**  
(Can & Bottle Collection continues)

**CONFIRMATION 2020**

**Yes it says 2020!!!** Youth who are in the 10th grade or are 15 years old are eligible to make their confirmation. If your youth is eligible and has not been registered in our FAITH FORMATION PROGRAM please **e mail Beth Thayer at e.thayer@transfigurationparish.net**, so that you will receive all information pertaining to sacramental preparation.

**Beth Thayer, Director of Faith Formation & Youth Ministry: 518/235-0337**

PLEASE TAKE NOTE! The Parish Offices at BOTH sites **will not be open** on FRIDAYS through the months of JUNE, JULY and AUGUST.



**BOOK NOOK NEWS**

The Book Nook is open on **July 20** from **9:00 am until noon**. There have been a lot of new donations so please come by and see what's new! The July half-priced specials are on Fern Michaels, James Patterson and Jonathan Kellerman. **As always, the history, biographies, cookbooks, religious and self-help are all 6/\$1.** School will be out by July, so to keep your kids reading, **all children & young adult books are 10/\$1 this month!** We are closed the month of August to prepare for the \$5 Bag Sale which takes place during the parish-wide garage sale on Labor Day weekend (Aug. 30/31). Don't run out of books! Stop by and check us out. We accept all donations but, **please, NO VHS tapes, text books or encyclopedias.** See you at the Book Nook!

**UPCOMING EVENTS**

*Please mark your calendars*

- 7/16/19 Pastoral Council Meeting 6:30 pm Speigletown
- 7/17/19 Book Club 7:00 pm Speigletown

**GARAGE SALE AND FAIR**

We are starting to plan for the garage sale and Schaghticoke Fair and are looking for workers. If you would like to help in the planning for the Fair, please call the office.

We begin working on the Garage Sale in early summer. If you have some free time and could help out, please call the office. Any amount of time is much appreciated! Even just a few hours would be a big help.

We will put out sign-up sheets as the dates get closer.

**Please consider assisting with these major fundraisers.**

**There will be NO ZUMBA CLASSES until September**

**SAVE THE DATES** of upcoming shows at Proctor's Theater!

*Frozen*—November 17, 2019—\$109.00

There are still a few remaining tickets

*Dear Evan Hansen*—June 14, 2020—\$100.00

Please call Ellie DeBonis at 518-235-0337 for more information or to make reservations.

**COME JOIN OUR NEW BOOK CLUB!**

We are pleased to announce the formation of a new Book Club at Transfiguration Parish. The first book we will read and discuss is, **“The Five Love Languages: The Secret to Love that Lasts”** written by Gary Chapman. Participants are responsible for obtaining their own copies of the books we choose to read.

Our next meeting is scheduled for **Wednesday July 17, 2019 at 7:00 pm in Speigletown.** We will share in a conversation about “The Five Love Languages.” Participants can attend or not attend meetings as they choose. **We welcome new participants! Come join our Book Club for exciting evenings of sharing and friendship.**

**WORDS TO LIVE BY**

“Pain and suffering have come into your life, but remember, pain, sorrow, suffering are but the kiss of Jesus—a sign that you have come so close to Him that He can kiss you.”

~*St. Mother Teresa of Calcutta*

**END OF BULLETIN  
ANY TEXT OR GRAPHICS ENTERED ON THIS PAGE  
WILL NOT APPEAR IN THE PRINTED BULLETIN**

CHURCH NAME: **Transfiguration Parish**

CHURCH CITY: **Troy, NY**

ROUTING CODE:

RUN NUMBER:

FILENAME: **04-0527**

PHONE NUMBER:**518-235-0337**

FAX NUMBER:

EDITOR/ CONTACT: **Bonnie Coraldi—518/235-0337or  
518/753-4554**