

August 9, 2020

Nineteenth Sunday in Ordinary Time



“At the mountain of God, Horeb, Elijah came to a cave where he took shelter. Then the Lord said to him, ‘Go outside and stand at the entrance before the Lord, the Lord will be passing by’... After this there was a tiny whispering sound. When he heard this Elijah hid his face in his cloak, and went and stood at the entrance of the cave.”

Our lives are filled with noise, the radio blaring in a car, ear buds attracting attention of pedestrians, police sirens all make it hard to hear a gentle breeze, singing birds, and laughter. Our attention is filled with distractions.

As the psalm advises us, ‘be still and know that I am God.’ Take a minute of stillness and silence to allow God to speak to you. Surely we do not want Him to pass us by, but to touch our hearts. Can you listen to God speak in silence for just five minutes? Such a moment can be a real blessing.



Peter Walking on Water

Mass Intentions for the Week

Daily Masses 8:30 AM Monday –Thursday are in

4:30PM on Saturday and 10:00 AM on Sunday Masses

4:30 PM SATURDAY, August 8

For all the deceased members of St. Gabriel Alumni RB St. Gabriel Parish

10:00 AM SUNDAY, August 9

Donald Ebbinger RB The Ebbinger Family

8:30AM MONDAY, August 10

Lt. Col. White RB Evelyn Martucci

8:30AM TUESDAY, August 11

Angelina Vecchiones RB Louis & Reggie Lozzi

8:30AM WEDNESDAY, August 12

Michael Mariello RB The Mariello Family

8:30AM THURSDAY, August 13

Benefactors of the Food Pantry RB Sr. Arlene McCann

8:30AM FRIDAY, August 14

No Mass

4:30 PM SATURDAY, August 15

Elizabeth White RB Evelyn Marcucci

10:00 AM SUNDAY, August 16

Frank and Kevin Henry RB Theresa Henry



Please remember in your prayers the repose of the souls of Joan Bianco



The Collection **Month of July**

Online Giving \$4,387

Envelopes \$5378

Thank you to those who give to the collection on line www.stgabes.org

We thank parishioners who attend Mass and contribute to the parish. We also thank those who have moved away and continue to

support the parish when they can.



THANK YOU FOR YOUR SUPPORT!

PLEASE CALL THE RECTORY IF YOU ARE NOT RECEIVING YOUR ENVELOPES.

Parish Religious Education Program (PREP)

Our Parish Religious Education Program will begin for Grades 1-7 on **Sunday, September 20, 2020 from 11:15 AM to 12:30 PM in the Parish Rectory**. Since we have approximately 30 children in the program, each of our classes is very small. We have moved our program from Tuesdays in the school to Sunday at the request of some parents, and this will assist the children in attending the 10:00 AM Sunday Mass. Parents of children already in the program in the past will receive a letter next week in the mail with additional information.

Those who wish to enroll for the first time are asked to call Sister Rose, the Director of the Program, at 215-463-4060 or e-mail at sr.rose@stgabes.org



Pictured: Father Carl, teacher Barbara Gillespie and some students.

Do you want to become Catholic or know someone else who does? Do you still need the Sacrament of Confirmation or know someone else who does? Do you want to grow deeper in your faith?

If you answered “yes” to any of these questions, the RCIA program could be for you! RCIA stands for the Rite of Christian Initiation of Adults. Classes begin in September. For any questions and additional information, please call Sister Rose

at 215-463-4060 or e-mail at sr.rose@stgabes.org Thank you!

Statement of Morgan Ogoe who joined the Catholic Church in June, 2020.

“I am so happy to be a member of the Catholic Church at Saint Gabriel Parish.

The classes were extremely interesting and I really enjoyed interacting with all the members of the RCIA team. The knowledge I received and the love and care of the team will remain with me forever.”

Pictured: Morgan Ogoe (first on left) with RCIA team.



Join us for Adoration

Monday, 7 PM-8:30 PM
Tuesdays, 1:00 PM – 2:00 PM;
7 PM – 8:30 PM
in the church





How Can I Deepen My Experience of On-line Mass?

Quarantine and forced isolation do not have to be an obstacle to daily participation in the Holy Mass. Many dioceses and Catholic media outlets are offering ways to follow the Mass online or on television. Of course, it's not always easy to be attentive and pious when attending Mass in this way. So here are s

#1. **UNITE WITH OTHERS.** It's better not to follow the Mass alone, so try to do so with your family, or with at least one other family member. When everyone's focus is united, it's easier to concentrate. Choose the Mass time that best suits everyone's schedule, and make it a family event of the day.

#2. **CREATE THE RIGHT SETTING.** Take care of the atmosphere in the room. For example, you could put a cross or an image of Our Lady near your TV or computer, and light a candle or two if you have some.

#3. **GET DRESSED.** Dress for the occasion: you might be at home, but leave the pajamas for bedtime and the tracksuit for sports time.

#4. **GO THROUGH THE MOTIONS.** Try to attend the Mass as if you were in your parish, standing when the Gospel is read, sitting down during the offertory, kneeling during the consecration, etc. These gestures are full of meaning.

#5. **PRAY A SPIRITUAL COMMUNION.** Although you can't receive Jesus in the Eucharist, you can pray a spiritual communion. This is the one that Saint Josemaría used to pray: "I wish my Lord, to receive you with the purity, humility and devotion, with which your Most Holy Mother received you, with the spirit and fervor of the saints." But there are many others.

#6. **WHAT'S THE RUSH?** Don't be in a hurry: the Mass has incredible value, and right now there are so many things to pray for. Stay for a few moments after Mass has ended to pray for everyone: the deceased, the sick, health professionals, government officials and, of course, the Church, the Pope, our bishops and your parish.

(Article taken from "Arise" Archdiocese of Philadelphia)

