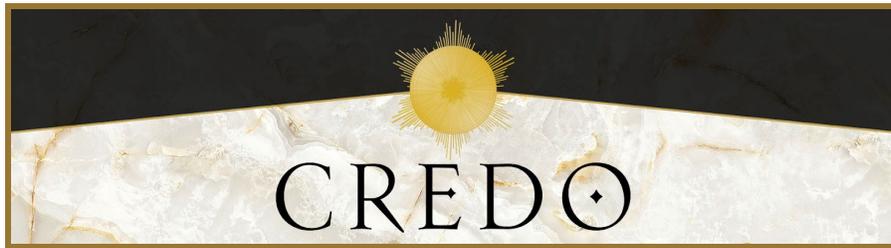


Welcome to Adult Faith Formation!



Opening prayers:

Our Father...

Hail Mary...

Glory Be...

Today's Topics:

The purpose of today's lesson is to better understand the *Creed* that we pray at Sunday mass.

- Nicene Creed
- Scrutinies
- Sunday's Scripture (Sunday March 22, 4th Sunday of Lent)



(If you have the Journey of Faith by Liguori Press, please follow along (E4 Enlightenment))

"The Creed"

What is the Creed?

- The Creed is a statement of the core beliefs of our faith community.
- The Creed expresses belief in the persons of the trinity and the church.
 - We are called to share our beliefs, and put them into action.

The Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

History of the Creed

The Council of Nicaea

- 325 AD
- This was the first council of the church.
- Many bishops and leaders came together to formulate a statement of our core beliefs.

More information about the history of the Council of Nicaea can be found [here](#).

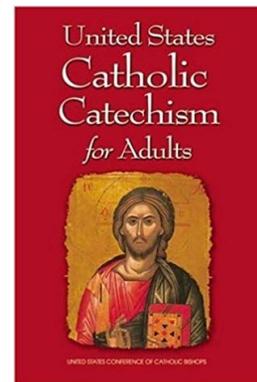
Catechesis:

- The first pillar of the United States Catechism of the Catholic Church (CCC) for Adults is titled, The Creed: The Faith Professed.

Part I. The Creed: The Faith Professed

Chapter 1. My Soul Longs For You, O God (Ps 42:2)	1
Chapter 2. God Comes to Meet Us.	11
Chapter 3. Proclaim the Gospel to Every Creature (Mk 16:15).	21
Chapter 4. Bring About the Obedience of Faith.	35
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Chapter 8. The Saving Death and Resurrection of Christ.	89
Chapter 9. Receive the Holy Spirit (Jn 20:22)	101
Chapter 10. The Church: Reflecting the Light of Christ	111
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Chapter 13. Our Eternal Destiny.	151

Click here to view the full Catechism online for free!



Reflections:

We pray this every week and it can seem rote, but it is so important to realize that all Catholic Christians throughout the entire world pray this together when they participate in Sunday mass. Because we believe this, and we have stated it, how do we actually live it out? When we bless ourselves, do we consciously think of the trinity? Do we pray to the Blessed mother for her intercession? We have stated what we believe, now what do we do?

The Scrutinies

3 Goals:

- God's mercy is continuously offered freely and to all.
- The scrutinies are rites for self-searching and repentance.
 - 3 Scrutinies:
 - 1. Christ as Living Water ([John 4: 5-42](#))
 - 2. Christ as the Light of the World ([John 9: 1-41](#))
 - 3. Christ as the Resurrection and the Life ([John 11: 1-45](#))

*This Sunday, our Elect will participate in the rite
of The Scrutinies.*

Points of Reflection:

- When we witness the Spirit is moving in our Elect, it causes us to reflect on our own journey of Faith.
- It causes us great joy to know that we are adding new members to our faith family, and to see God's undeniable work in their lives.

Sunday's Scripture

- The man born blind...
- We are all born blind in some way, but this is an opportunity for God's glory to be revealed in our own lives.
- It is no one else's fault, but a message of the power of God's love for us, individually.

Conclusion:

- Pray the Creed together
- What about today's lesson particularly struck you?
- What did you appreciate?
- How can you share this faith experience with others?

Sources:

- Liguori Press - Journey of Faith E4
- St. Benedict Press - Credo