

Saint Mary's Confirmation Discipleship Plan

Name: _____ Sponsor _____

The goal of this Discipleship Plan is to help you recognize the areas in your faith that might need strengthening or areas you want to grow in. Over the next several months you and your sponsor will routinely work on your discipleship plan and reflect on its spiritual fruits. In working on fulfilling the goals you set in your Discipleship Plan, you will be practicing how to live as a disciple of Jesus. As all baptized Catholics are called to be disciples of Christ, by completing your Discipleship Plan, you will hopefully know what it means to be a disciple of Christ and continue living as one after you receive the Sacrament of Confirmation.

You will choose **three to five** goals that you will work on with your sponsor over the next several months. These goals should focus on growing or creating a routine prayer life, learning about the church and her teachings, and actively participating in the parish. Periodically, you will be asked to reflect on your Discipleship Plan and complete Discipleship Plan Check-ins.

While creating your Discipleship plan, ask your Sponsor how they practice their faith, whether it be prayer, planning or attending events, participating in a ministry, Etc.

Reflection Questions

A. What are ways you can continue to develop your personal prayer life over the next year?

B. Are there any obstacles to growing in your faith that you can foresee in the near future? Be honest.

C. Are there topics or areas of the church you are interested in learning more about?

D. Are there any Virtues, Commandments, or Beatitudes you struggle with and want to practice getting better at? If so, why?

Parish Involvement- Circle all areas that you participate in the parish or areas that interest you

Community Service Projects

Attending class

Eucharistic Adoration

Stations of the Cross

Praying the Rosary

Lector (read at Mass)

Handing out bulletins

Altar Serving

Decorating the church

Music Ministry (singing or playing an instrument)

Retreats with friends

Greetings people at the door

Parish meals, picnics, games

Praying with others

Going to Mass

Building Maintenance

Faith Formation Aid

High School Ministry

Others:

It is vitally important for every Christian to offer their time, talent and treasure to the service of God, the Church and the world. What are some ways you can stay involved here at our parish? Are there any new ideas you would like to offer to our parish community? Be specific and concrete.

Goals- Based on your answers above create 3-5 goals you will work on over the next year.

1.

2.

3.

4.

5.