



**Mass Schedule & Intentions
Fourth Sunday of Lent
March 13th ~ 19th , 2021**

3/13 SATURDAY VIGIL:

Fourth Sunday of Lent
4:30pm Edmund "Babe" Duperre

3/14 SUNDAY

Fourth Sunday of Lent
8:00am The People of the Parish
10:30am The Ortiz Family

3/15 MONDAY

7:30am Adoration
8:30am The Ferrari & Vesce Families

3/16 TUESDAY

11:00am Adoration
12noon Poor Souls in Purgatory

3/17 WEDNESDAY ~ NO MASS @BSC

8:15am Bishop Marshall School

3/18 THURSDAY

4:30pm Adoration
5:30pm Ignatius Fisher

3/19 FRIDAY

7:30am Adoration
8:30am Joaquin Aja

**MOST HOLY NAME OF JESUS
MASS SCHEDULE**

Tuesday – 8:00am Adoration - 9:00am Mass

Wednesday – 11:00am Adoration – Noon Mass

Thursday & Friday – 8:00am Adoration
– 9:00am Mass

Dear parishioners,

As Fr. Joseph and I have been preaching on the seven deadly sins throughout Lent, this weekend we'll be reflecting on sloth, whose corresponding heavenly virtue is diligence, or sometimes called zeal. Remember in the moral life there are sins of commission and sins of omission. Sloth is a deadly sin of omission, which holds sorrow or indifference towards spiritual things. Sloth is NOT laziness, as it can be manifested in 'busyness' with worldly things that to avoid attending to the things of one's soul.

The contrary heavenly virtue is diligence, and in an overworked and overscheduled busy culture, we need to make sure to avoid extremes. Diligence is a strong, action-oriented desire to grow in the spiritual life and advance in the righteousness of God. In other words, diligence is the desire to become a saint, to be fully alive as God intends us to be. The daily priority of the diligent or zealous person are integrating God into the details of their lives and relationships. They may seek out a spiritual director to help set spiritual goals for their growth in the life of grace and virtue, and strive to grow in holiness through the spiritual and corporal works of mercy.

Diligence is when love for God pours it out in the service of God, which is love of neighbor. Think of St. Peter Claver's love for the slaves being brought to the new world, and his incessant love and care for them, assuring them of their dignity and God's love for them. Or consider St. Damien De Veuster volunteering to minister to the lepers on Molokai, dressing their sores and tending to their needs until he eventually contracted the disease himself and died. Most recently we remember Saint Teresa of Calcutta, who promised never to refuse Jesus anything, and spent her entire life caring for the poorest of the poor, and whose Missionaries of Charity work to this day in the poorest areas in our world to serve those in need. Each of these saints were deeply committed to prayer and the Holy Eucharist and drew their seemingly endless energy to serve from that deep spiritual well. That is diligence – being motivated by spiritual things to accomplish good towards others.

Please notice the focus in zeal or diligence is not the self, but always the other. Virtue always moves us away from our own ego towards the other. If you've been struggling with sloth, choose to pray and then do good for another as the first step towards growing in diligence. God bless you and have a great week!

*With Mary,
In Christ,*

Fr. Jon

THANK YOU SISTERS!

Sr. Josephine, Sr. Madeleine, and Sr. Eden - thank you for allowing Christ to love and minister to us through you during our Lenten mission last week. Your beautiful faith blessed us, as did your words, your music, and your witness. We look forward to when you can come back to visit, and until then we promise to pray for you and your work in the Church. May God bless and keep you always!

RELIGIOUS EDUCATION NEWS

Confirmation Retreat (ZOOM), **Sunday March 14th from 1-4 PM.** If you did not attend the Feb 28th retreat, please join this one. There will not be a class Sunday evening.

Register for retreat here:

[https://us02web.zoom.us/meeting/register/tZMpd-igqz0sGdUD6UPnLXGtwfAITLeSwvZy](https://us02web.zoom.us/join/https://us02web.zoom.us/meeting/register/tZMpd-igqz0sGdUD6UPnLXGtwfAITLeSwvZy)

Our next Family Faith Formation event is **March 21st** & Fr. Joseph will be the guest speaker! Please join us on the mystery of the eucharist.

**DEVOTIONAL LENTEN
OPPORTUNITIES**

Monday 6pm Parish wide Zoom Rosary (email blessedsacrament@vermontcatholic.org for the link)

Friday 6pm Stations of the Cross (in person)

Friday 7pm Stations of the Cross via Zoom (email mhnj@vermontcatholic.org for the link)

**The Sanctuary Lamp at
Blessed Sacrament Church will
burn this week**

In Loving Memory of John Midura

If you wish to continue to keep up with your weekly offertory, you can mail it to Blessed Sacrament Church, P.O. Box 27, Stowe, VT 05672

Also, you can make a one time donation or monthly offertory on E-Giving, just contact Phyllis via email (blessedsacrament@vermontcatholic.org) to sign up or call the parish office (messages are checked frequently). On our website (bscvt.com) you can also donate through paypal. Thank you so much for your generosity!

GUIDELINES FOR LENT

.. The time of Lent is to be observed by Catholics as a special season of prayer, penance, and works of charity.

.. **Good Friday**, in particular, are the most important penitential days of the liturgical year. They are days of both fast and abstinence. All Fridays in Lent are days of abstinence,

.. The role of **fasting** states that only one full meal a day can be taken. Two small meals, "sufficient to maintain strength", are allowed, but together they should not equal another full meal. Eating between meals breaks the fast, but drinking liquids does not. The role of fasting obliges all Catholics from 18 to 59.

.. **Abstinence** refers to the eating of meat. The common estimation of the community is used to determine what falls under the category of meat. The rule of abstinence binds all Catholics 14 or older.

.. The substantial observances of the laws of fast and abstinence is a serious obligation.

.. Self-imposed fasting on the other weekdays of Lent is recommended. Abstinence on all Fridays of the year is also highly recommended.



St. Joseph the Provider Feed the Hungry Initiative

Food insecurity in Vermont has reached record levels during the Covid-19 pandemic with nearly 30 percent of Vermonters experiencing food insecurity since March, new University of Vermont research has found.

In this Year of St. Joseph, Burlington Bishop Christopher Coyne has announced a new coordinated effort to increase the Catholic Church's capacity to feed the hungry in Vermont in response to the increasing need. This initiative launches on St. Joseph's Feast Day on March 19.

In the Diocese of Burlington, there are 68 parishes, most of which have formed a partnership with their local food shelf or operate their own pantry. "From operating their own food shelf, to partnering with local food shelves to hosting regular food drives, our Catholic community is already actively engaged in feeding the hungry," he said. "I began this initiative to increase our efforts across our Diocese to meet the growing need for food in the community."

Eileen O'Rourke, former executive director of human resources for the Diocese, volunteered to help launch this effort in collaboration with diocesan staff and the Vermont Foodbank to increase the Church's capacity to feed the hungry by increasing volunteerism and food donations through local parish partnerships and foodbank initiatives throughout the state.

"The Vermont Foodbank is experiencing an unprecedented demand for food due to the pandemic," she said. "They expressed a dire need for volunteers for several food distribution events that they host monthly and seasonally as well as in the local food shelves."

The Vermont Foodbank is the state's largest hunger-relief

organization, providing nutritious food through a network of more than 300 community partners — food shelves, meal sites, senior centers, after-school programs, schools and hospitals. The Vermont Foodbank, a member of Feeding America, provides about 12 million pounds of food annually to people throughout Vermont.

"Throughout the year, the Foodbank hosts VeggieVanGo, gleaning and other food distribution events that are supported by our amazing network of volunteers," said Kate Steward, volunteer manager for the Vermont Foodbank. "The Covid-19 pandemic has made it harder for many of our community members to access the food they need to thrive. In fact, Foodbank volunteers helped to distribute over 19 million pounds of food last year to Vermonters facing hunger — a dramatic rise from 2019. We're grateful that members of the Diocese are willing to step forward and fight hunger by volunteering with the foodbank; it truly makes a difference in the lives of our neighbors."

The St. Joseph the Provider Feed the Hungry Initiative is largely a communication effort to connect the Catholic community with organizations that feed the hungry and increase capacity.

"All our parishes are involved in multiple social ministries to help the most vulnerable among us. This initiative will harness the goodwill of the Catholic community to increase our capacity to ensure no one goes hungry by partnering with existing organizations and meeting the need," Bishop Coyne said.

To learn more visit: vermontcatholic.org/feedthehungry.

VTC • Ellen Kane

Upcoming Events



03|15, 22, 29 MONDAYS
Lent with St. Joseph
 Cathedral of St. Joseph, Burlington • 7 - 8 pm
 Holy Hour with the Litany of St. Joseph and spiritual reflections on St. Joseph by Brandon Schneider, seminarian. Confessions will be available during Adoration.



03|16, 23 TUESDAYS
Encounter Jesus Bible Study
 via Zoom • 7 - 8 pm
 Each week will focus on a different encounter with Jesus as described in the Gospels which in the words of Pope Francis, "changes our lives... and fills us with joy." Hosted by Deacon Phil Lawson. www.vermontcatholic.org/event/encounter-jesus-bible-study/all/



03|16 - 04|20 TUESDAYS
The Sacraments
 via Zoom • 7:45 - 8:45 pm
 Join Seminarian Greg Caldwell to think about and reflect upon the Seven Sacraments. For Zoom information email Greg Caldwell at gcaldwell@saintmeinrad.edu.



03|18 THURSDAY
Dispel the Darkness — An Evening of Light and Hope
 All events are 6:30 - 8 pm

03|18 • Saint Mary Star of the Sea, Newport
 Come rest in the light and the hope of Christ. Whatever the darkness you may find yourself in, come discover the hope of God. Evening will include reflections and prayers led by Deacon Phil Lawson, with music by Bill Gavin. There will be adoration, the Luminous Mysteries of the rosary and an opportunity for confession. These events will be live streamed.



03|19, 26, 04|02 FRIDAYS
Live Stations of the Cross
 via Zoom • 11:30 am
 Join Josh Perry and Valerie Parzyck as they pray Stations of the Cross online. This event will be streamed live at 11:30 am every Friday during Lent and at 7 pm on Good Friday. Register at: www.vermontcatholic.org/event/live-stations-of-the-cross



03|20 SATURDAY
Chicken and Biscuit Take Out
 St. Rose of Lima, South Hero • 5 - 7 pm
 The menu includes chicken and biscuits, coleslaw, carrots and Dessert. Adults: \$12, children under 12 \$6. To reserve your meal call or email Val Hunter at (802) 372-7500 or mvhunter88@msn.com



03|24, 04|07 WEDNESDAYS
Saints and Sinners
 via Zoom • 7:30 - 8:30 pm
 Sinners as saints? Join us as we look at the lives of four saints and how his or her life can inspire us to live the plan God has for each one of us. There will be time for prayer and discussion with your hosts Michael Hagan and Terri McCormack. All are welcome! Register at: www.vermontcatholic.org/event/saints-and-sinners



03|25 THURSDAY
Lenten Reflection with Bishop Christopher Coyne
 via Zoom • 7:30 - 8:30 pm
 Join Bishop Coyne as he shares his Lenten reflection. All are welcome! Register at: www.vermontcatholic.org/event/lenen-reflection-with-bishop-christopher-coyne/

CHRIST OUR
Hope
 2020 BISHOP'S ANNUAL APPEAL

Goal: \$2,651,157

86% As of
 March 2, 2021:
 \$2,276,396

CHRIST OUR
Hope
 BUILDING A VIBRANT CHURCH

To learn more or
 make a gift visit:
christourhopevt.org.

Goal: \$9,582,456

46% As of
 March 2, 2021:
 \$4,375,099



A bus ride from hell to heaven... *intrigued?*

Join us on this adventure as we read C.S. Lewis' classic novel "The Great Divorce." As we approach and celebrate Jesus' Resurrection on Easter Sunday, we can hardly help but reflect on the "Four Last Things": death, judgement, heaven, and hell.

Online, Tuesday evenings
 from 7:30-8:30 pm.

- March 30, 2021
- April 6, 2021
- April 13, 2021

Register at:
vermontcatholic.org/event/book-study-great-divorce

CC Live captioning available.

VERMONT CATHOLIC BOOK CLUB