



**Mass Schedule & Intentions
Fifth Sunday of Lent
March 20th ~ 26th , 2021**

3/20 SATURDAY VIGIL:

Fifth Sunday of Lent
4:30pm Lynn Karuss

3/21 SUNDAY

Fifth Sunday of Lent
8:00am The People of the Parish
10:30am Geri DeMichele

3/22 MONDAY

7:30am Adoration
8:30am Anne Arnold

3/23 TUESDAY

11:00am Adoration
12noon Karen Bishop Balog

3/24 WEDNESDAY

7:30am Adoration
8:30am Linda Thuss

3/25 THURSDAY

4:30pm Adoration
5:30pm The Sands Family

3/26 FRIDAY

7:30am Adoration
8:30am Andrew McHugh

**MOST HOLY NAME OF JESUS
MASS SCHEDULE**

Tuesday – 8:00am Adoration - 9:00am Mass

Wednesday – 11:00am Adoration – Noon Mass

Thursday & Friday – 8:00am Adoration
– 9:00am Mass

Dear parishioners,

To paraphrase St. Maximus the Confessor, a 7th century monk and scholar – it's not the things that God created that are evil, but our misuse of the things themselves that are evil.

Fr. Joseph and I continue reflecting on the 7 deadly sins during the weekend homily, and this week we'll focus on gluttony. Gluttony is an excessive self-love that causes us to satisfy our desire for food and drink beyond what is healthy in the long run, what is respectful of God, or what is generous to others. For this week's column, let's unpack the corresponding heavenly virtue – temperance.

Temperance, also known as moderation, is the virtue that uses the goods of this world, particularly food and drink, in accord with our dignity as God's beloved sons and daughters. Temperance governs our passions and desires with the right use of reason so that our enjoyment of earthly things is enlivening physically, spiritually, and morally. This virtue corrects the tendency of our fallen human nature to make an idol out of created earthly goods, where we wrongly seek an endless satisfaction in finite things like food and drink. These primal passions are not evil, but are often experienced in unbridled ways that don't lift us up to heaven nor manifest the self-mastery we are called to and created for, that we may live in the freedom of God.

Living in a land intoxicated with creature comforts, excess and luxury, temperance cultivates the strength of our reason to govern our desires for food and drink through disciplines like fasting – saying, “No” to ourselves. Throughout Lent we experience this collective “no” to ourselves in different ways, but are strongly encouraged by Jesus and His Church to practice self-discipline throughout the year. Many remember how fasting from meat on Friday was practiced all year long by Catholics, rather than just during the Lenten season. Temperance, especially through the discipline of fasting, helps to order our primal passions rightly – that we aren't made for food and drink, but rather food and drink is made for us to use well.

As you meditate on the deadly sin of gluttony and the heavenly virtue of temperance this week, remember the words that Jesus spoke when, having fasted 40 days in the desert, Satan tempted Him to turn a stone into a loaf of bread, “Man does not live on bread alone, but by every word that comes forth from the mouth of God.” God bless you!

*With Mary,
In Christ,
Fr Jon*

**DEVOTIONAL LENTEN
OPPORTUNITIES**

Monday 6pm Parish wide Zoom Rosary (email blessedsacrament@vermontcatholic.org or the link)
Friday 6pm Stations of the Cross (in person)
Friday 7pm Stations of the Cross via Zoom (email mhnj@vermontcatholic.org for the link)

RELIGIOUS EDUCATION NEWS

Please join us this **Sunday, March 21st from 5-6 PM** for Family Faith Formation. Fr. Joseph is going to teach us about the Holy Eucharist. We are also inviting our friends from BJAMS who will be receiving their First Communion with us on May 2nd. All are welcome!
<https://zoom.us/j/91968471502>

If you wish to continue to keep up with your weekly offertory, you can mail it to Blessed Sacrament Church, P.O. Box 27, Stowe, VT 05672

Also, you can make a one time donation or monthly offertory on E-Giving, just contact Phyllis via email (blessedsacrament@vermontcatholic.org) to sign up or call the parish office (messages are checked frequently). On our website (bscv.com) you can also donate through paypal. Thank you so much for your generosity!

Please be sure to pick up your White Book for the Easter Season, also the Word Among Us . They will be available in the mail box outside the Parish Center.

HOLY WEEK SCHEDULE

Holy Thursday – April 1st, 7:30pm
Good Friday – Solemn Celebration of the Lord's Passion – April 2nd, 3:00pm
Easter Vigil – April 3rd, 7:30pm
Easter Sunday Masses – 8:00am, 10:30am

EASTER FLOWER COLLECTION

This week's second collection is for our Easter Flowers. Thank you for your generosity!

GUIDELINES FOR LENT

.. The time of Lent is to be observed by Catholics as a special season of prayer, penance, and works of charity.

.. **Good Friday**, in particular, are the most important penitential days of the liturgical year. They are days of both fast and abstinence. All Fridays in Lent are days of abstinence,

.. The role of **fasting** states that only one full meal a day can be taken. Two small meals, “sufficient to maintain strength”, are allowed, but together they should not equal another full meal. Eating between meals breaks the fast, but drinking liquids does not. The role of fasting obliges all Catholics from 18 to 59.

.. **Abstinence** refers to the eating of meat. The common estimation of the community is used to determine what falls under the category of meat. The rule of abstinence binds all Catholics 14 or older.

.. The substantial observances of the laws of fast and abstinence is a serious obligation.

.. Self-imposed fasting on the other weekdays of Lent is recommended. Abstinence on all Fridays of the year is also highly recommended.

NEWS FROM The Inland See

FOR THE DIOCESE OF BURLINGTON

March 20-26, 2021

Chrism Mass

2021

Tuesday, March 30, 2021
11 A.M.

Cathedral of St. Joseph, Burlington



On March 30 at 11 a.m., priests from throughout the Diocese of Burlington will join Bishop Christopher Coyne at the Cathedral of St. Joseph in Burlington for the celebration of the Chrism Mass. This annual Mass traditionally is celebrated on the morning of Holy Thursday but, as is done in most Dioceses in the United States, can be moved to another time around Easter. The Chrism Mass brings the diocesan community together as the bishop blesses the priests of the Diocese and blesses the holy oils that will be used in the sacramental life of the Church in the coming year.

During the liturgy, the priests of the Diocese will stand before the bishop and renew the promises they made at their own ordination. They resolve to be “faithful stewards of the mysteries of God in the Holy Eucharist” and “discharge the sacred office of teaching [...] not seeking any gain, but moved only by zeal for souls.” The bishop also exhorts everyone to pray for the priests and finally to pray for him so that he “may be made day by day a living and more perfect image of Christ, the Priest, the Good Shepherd, the Teacher, and the Servant of all.”

During the Liturgy of the Eucharist, the sacred oils are blessed. Containers holding the three oils – Oil of the Sick, Oil of the Catechumens and the Sacred Chrism – as well as the perfume that is mixed into the Sacred Chrism to give it its rich aroma – are presented by deacons serving in the Diocese. The Oil of the Sick is blessed for the healing of body, mind

and spirit. The Oil of Catechumens is blessed for the anointing of those preparing for baptism. Through this anointing, they are strengthened by Christ to resist the power of evil in all its forms. The Holy Chrism is consecrated by the bishop and priests of the Diocese to anoint infants after baptism, those who are to be confirmed and bishops and priests at their ordination. It is also used to anoint altars and churches at the time of their dedication. After the Mass, the oils are distributed and brought back to all the churches in the Diocese.

All are invited to join us for this special liturgy to pray especially for our priests and for all who will be anointed by these oils in the coming year. As the bishop will pray at the Chrism Mass: “May the Lord keep us all in his charity and lead all of us, shepherds and flock, to eternal life.”

Because of the limited capacity in the cathedral, seating for the general public will be limited. Those wishing to attend in person must RSVP online (vermontcatholic.org/events), and reservations will be on a first-come, first-served basis. The Mass also will be live-streamed on the diocesan website and Facebook page. Priests or parish representatives designated by their pastors may come to the lower chapel following the Chrism Mass to pick up the holy oils for their respective church(es).

— *Josh Perry is director of the Office of Worship of the Diocese of Burlington.*

Upcoming Events



03|22, 29 MONDAYS
Lent with St. Joseph
Cathedral of St. Joseph, Burlington • 7 - 8 pm
Holy Hour with the Litany of St. Joseph and spiritual reflections on St. Joseph by Brandon Schneider, seminarian. Confessions will be available during Adoration.



03|23 TUESDAY
Encounter Jesus Bible Study
via Zoom • 7 - 8 pm
Each week will focus on a different encounter with Jesus as described in the Gospels which in the words of Pope Francis, “changes our lives... and fills us with joy.” Hosted by Deacon Phil Lawson. www.vermontcatholic.org/event/encounter-jesus-bible-study/all/



03|23 - 04|20 TUESDAYS
The Sacraments
via Zoom • 7:45 - 8:45 pm
Join Seminarian Greg Caldwell to think about and reflect upon the Seven Sacraments. For Zoom information email Greg Caldwell at gcaldwell@saintmeinrad.edu.



03|24 WEDNESDAY
7 Keys to Sharing Your Faith
via Zoom • 7:30 pm
Thomas Smith will be joining us virtually to discuss his own conversion story (from Mormon missionary to Baptist Minister to Catholic evangelist) as a template for exploring with you seven keys for joyfully and fruitfully sharing your faith with others. Learn more at: vermontcatholic.org/event/7-keys-to-sharing-your-faith



03|24, 04|07 WEDNESDAYS
Saints and Sinners
via Zoom • 7:30 - 8:30 pm
Sinners as saints? Join us as we look at the lives of four saints and how his or her life can inspire us to live the plan God has for each one of us. There will be time for prayer and discussion with your hosts Michael Hagan and Terri McCormack. All are welcome! Register at: www.vermontcatholic.org/event/saints-and-sinners



03|25 THURSDAY
Lenten Reflection with Bishop Christopher Coyne
via Zoom • 7:30 - 8:30 pm
Join Bishop Coyne as he shares his Lenten reflection. All are welcome! Register at: www.vermontcatholic.org/event/lenen-reflection-with-bishop-christopher-coyne/



03|26, 04|02 FRIDAYS
Live Stations of the Cross
via Zoom • 11:30 am
Join Josh Perry and Valerie Parzyck as they pray Stations of the Cross online. This event will be streamed live at 11:30 am every Friday during Lent and at 7 pm on Good Friday. Register at: www.vermontcatholic.org/event/live-stations-of-the-cross



03|27 SATURDAY
St. Ann Roast Pork & Beans Dinner
St. Ann, Milton • 5:30 - 6:30 pm
Sponsored by the Milton Knights of Columbus. Take-out only. Call St. Ann Rectory at (802) 893-2487 to order.

CHRIST OUR Hope

2020 BISHOP'S ANNUAL APPEAL

Goal: \$2,651,157

86% As of March 8, 2021:
\$2,278,829

CHRIST OUR Hope

BUILDING A VIBRANT CHURCH

To learn more or make a gift visit:
christourhopevt.org.

Goal: \$9,582,456

46% As of March 8, 2021:
\$4,378,367

A bus ride from hell to heaven... intrigued?

Join us on this adventure as we read C.S. Lewis' classic novel “The Great Divorce.” As we approach and celebrate Jesus' Resurrection on Easter Sunday, we can hardly help but reflect on the “Four Last Things”: death, judgement, heaven, and hell.

Online, Tuesday evenings
from 7:30-8:30 pm.

- March 30, 2021
- April 6, 2021
- April 13, 2021

Register at:
vermontcatholic.org/event/book-study-great-divorce

Live captioning available.

VERMONT CATHOLIC BOOK CLUB



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