



*Remember your loved ones in the Holy Mass; they will be ever grateful to you!*

**THIS WEEKEND:**

**Saturday, February 6**

St. E ~ 3:00 PM – Adoration/Confessions  
 St. E ~ 4:00 PM Mass – Intentions of Our Parishioners

**Sunday, February 7**

OLA ~ 9:00 AM Mass – Red Hartigan+ (by Irma Hartigan)  
 St. A ~ 11:00 AM Mass – Living and Deceased Members of the Catholic Daughters of America, Court of St. Anthony

**NEXT WEEKEND:**

**Saturday, February 13**

St. E ~ 3:00 PM – Adoration/Confessions  
 St. E ~ 4:00 PM Mass – Sandy Barry+ (from a friend)

**Sunday, February 14**

OLA ~ 9:00 AM Mass – James Arthur Farrington+ (by Patrice Conard)  
 St. A ~ 11:00 AM Mass – Intentions of Our Parishioners

**Exposition of the Blessed Sacrament:**

In Fr. Gratton's absence, the celebration of Daily Mass is suspended – daily Adoration with the Exposition of the Blessed Sacrament will be held as follows:

**Monday, February 8**

St A ~ 7:00 am Adoration

**Tuesday, February 9**

St A ~ 5:00 pm Adoration

**Wednesday, February 10**

OLA ~ 5:00 pm Adoration

**Thursday, February 11**

OLA ~ 8:30 am Adoration

St. E ~ 4:00 pm Adoration

**Friday, February 12**

OLA ~ 8:30 am Adoration

St A ~ 2:00 pm Adoration

*It is our hope to continue and to possibly expand the current hours of Adoration available within our Parish. If you feel called to assist in this area, and want to receive the training, please contact Elizabeth at the Parish Office about reviewing the protocols.*



**PRAY FOR THE SICK AND HURTING**

especially for Marion Casarico, Stanislaw Kosiorek, Judy McCullough, Phyllis McCullough, Janice Brown, Pam Corcoran, Sophia Scicutella, Helen Rulon, Rita Morin, Frank Mojzesz, Bobby Perez, Richard Perez, Cathy Bigelow, Paul & Sue Field, Samantha Field, Sophie Weden, Nancy McNally, Blanche Rea, Joe Fiarkoski, Peg Mollitor, Frank Russell, Shirley Dumont, Alfred Jarvis, & Kitty Scott



to all our visitors! If you would like more information about our Parishes or would like to learn more about the Catholic Faith, please ask your neighbor or call the parish office at 802-728-5251

**ASH WEDNESDAY: February 17<sup>th</sup>, 2021**

Ashes will be distributed

9:00 am St. Anthony's Church

6:00 pm Our Lady of the Angels

**The Year of St. Joseph:**

Pope Francis has declared a Year of St. Joseph. In recognition of this, St. Anthony's Church has provided a space to display St. Joseph statuary and iconography. Writings on St. Joseph are also available.

If anyone from St. Elizabeth's or Our Lady of the Angels would be interested in creating a similar display, please contact Elizabeth at the Parish Office

**STATIONS OF THE CROSS (starting after Ash Wednesday):**

OLA – Thursdays starting at 5:15 pm, followed by the KOC supper in the Parish Hall

St E. – Fridays starting at 6:00 pm

St A. – Fridays starting at 6:00 pm

**VOLUNTEERS NEEDED:**

I need someone or several someones to help with a fellow parishioner that is caring for their parent who suffers from dementia. Help is already being provided during the week, but weekends are particularly difficult. There is an immediate and on-going need for assistance in moving the parent and in giving the care giver some much needed time to be able to relax. Please contact Elizabeth at the Parish Office if this is a ministry you feel called to – 802-728-5251.

**From the Office of the Secretary:**

Fasting – we fast from coffee or chocolate, beer or snacks. What's the hardest fasting you've ever given up for Lent? I gave up all sweets one year - no soda, cake, cookies, ice cream, chocolate, the works. At the end of Lent, my husband looked at me very seriously, and said, "Don't ever do that again" so evidently not the wisest of choices. But what if I did something that's a little more challenging, and challenging in a different way? What if I chose a line from this poem? What if I gave up complaining and focused on appreciation? If, every time I realized I was complaining, I purposefully chose to appreciate something in that situation instead.

**God bless, Elizabeth**

A Different Kind of Fasting & Feasting

Fast from judging others; *feast on the Christ dwelling in them.*

Fast from emphasis on differences; *feast on the unity of all life.*

Fast from apparent darkness; *feast on the reality of light.*

Fast from words that pollute; *feast on phrases that purify.*

Fast from discontent; *feast on gratitude.*

Fast from anger; *feast on patience.*

Fast from pessimism; *feast on optimism.*

Fast from worry; *feast on trust.*

Fast from complaining; *feast on appreciation.*

Fast from negatives; *feast on affirmatives.*

Fast from unrelenting pressures; *feast on unceasing prayer.*

Fast from hostility; *feast on nonviolence.*

Fast from bitterness; *feast on forgiveness.*

Fast from self-concern; *feast on compassion for others.*

Fast from personal anxiety; *feast on eternal Truth.*

Fast from discouragement; *feast on hope.*

Fast from facts that depress; *feast on truths that uplift.*

Fast from lethargy; *feast on enthusiasm.*

Fast from suspicion; *feast on truth.*

Fast from thoughts that weaken; *feast on promises that inspire.*

Fast from shadows of sorrow; *feast on the sunlight of serenity.*

Fast from idle gossip; *feast on purposeful silence.*

Fast from problems that overwhelm; *feast on prayer that undergirds.*

Gentle God, during this season of fasting and feasting, gift us with your presence, so we can be a gift to others in carrying out your work. Amen.

- Attributed to William Arthur Ward

**The Word Among Us:**

Copies for Lent are now available at the entrance to the Church. Take a copy for your personal use. Read over the daily meditations, prepare to celebrate Mass by thinking on the Readings ahead of time.

**On-line resources (see our web page for more):**

- **THE BIBLE IN A YEAR:** From Ascension Press - Fr. Mike Schmitz's reflections on the Bible, starting in Genesis and continuing thru the narrative books of the Bible at <https://media.ascensionpress.com/category/ascension-podcasts/bibleinayear/>
- **BEST LENT EVER** from Dynamic Catholic – this year's focus is on developing a daily habit of prayer
- **EWTN** (Eternal Word Television Network) has a wide selection of free programming available online at <https://www.ewtn.com/>
- **FORMED.ORG** has movies, formation videos, daily inspiration: <https://formed.org/> (check the Parish website under RESOURCES for sign up information)

**ARE YOU AN EXTRAORDINARY MINISTER OF HOLY COMMUNION?**

We are working to organize bringing Holy Communion to our home bound members. If you have been commissioned as an Extraordinary Minister and would be interested in bringing Communion to our Parishioners that are not currently coming to Mass, please contact Elizabeth at the Parish Office. If you or someone you know would benefit from having Communion brought to the home, please contact Elizabeth at the Parish Office

**Christ Our Hope Campaign:**

The **Diocesan Capital Campaign** is raising funds to help our parishes realize their vision and provide endowment funding for faith formation efforts and Catholic Charities emergency services throughout the state. Please consider giving a gift by donating here: <https://www.christourhopevt.org/>

**Progress as of January 22, 2021:**

OLA: goal \$79,020, gifts & pledges \$20,977: 27%  
 OLV: goal \$122,361, gifts & pledges \$52,972: 43%

**Sunday Collections (January 31, 2021):**

**OLA:** total collections and gifts: \$961.00

Electronic giving: \$215, Sunday collection: \$746 including \$5 Church in Latin America, \$10 Catholic Education

**OLV:** total collections and gifts: \$1,289.00

Electronic giving: \$85, Sunday collections: \$1,204 including \$25 Fuel, \$20 Church in Latin America

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*"In our own day, fasting seems to have lost something of its spiritual meaning, and has taken on, in a culture characterized by the search for material well-being, a therapeutic value for the care of one's body. Fasting certainly brings benefits to physical well-being, but for believers, it is, in the first place, a "therapy" to heal all that prevents them from conformity to the will of God." Pope Benedict XVI*